

# Checklist for Energy Efficiency in Buildings

(Note: **P** = planning; **D** = design; **C** = construction; **M** = maintenance and management.)

## 1. Architecture

Item	Key points	P	D	C	M
Siting and surroundings	<ul style="list-style-type: none"> <li>• Thermal environment of surroundings                             <ul style="list-style-type: none"> <li>- sunshade, sunlight, wind, reflecting surfaces</li> </ul> </li> </ul>	X	X		
Thermal design of outdoor environment	<ul style="list-style-type: none"> <li>• Effect of plants                             <ul style="list-style-type: none"> <li>- shading by trees and plants</li> <li>- wind shielding by trees and plants</li> </ul> </li> <li>• Cooling effects by ponds and fountains</li> <li>• Reflection from road or floor surfaces and plants</li> </ul>	X X X	X  X		X
Shape of the building	<ul style="list-style-type: none"> <li>• Ratio of envelope surface area to total floor area                             <ul style="list-style-type: none"> <li>- usually the smaller the better</li> </ul> </li> <li>• Aspect ratio of floor plan                             <ul style="list-style-type: none"> <li>- usually the smaller the better</li> </ul> </li> <li>• Number of floors and building height                             <ul style="list-style-type: none"> <li>- floor-to-floor height, light well's height</li> </ul> </li> </ul>	X X X	X X X		
Orientation of facades	<ul style="list-style-type: none"> <li>• Desirable orientation from thermal viewpoint</li> <li>• Optimal strategy of orientation                             <ul style="list-style-type: none"> <li>- for the same floor plan, east-west axis is better than north-south one</li> <li>- main wall openings to face south</li> </ul> </li> </ul>	X X X	X		
Design of building plan and section to enhance thermal performance	<ul style="list-style-type: none"> <li>• Zoning and location of air-conditioned and non-air-conditioned spaces                             <ul style="list-style-type: none"> <li>- non-air-conditioned spaces and spaces without occupants may have more exterior walls</li> <li>- plant rooms to be placed on the topmost floor</li> </ul> </li> <li>• Appropriate provision for different building functions                             <ul style="list-style-type: none"> <li>- hours of using the space</li> <li>- moving of heavy objects by occupants</li> <li>- provision of smoking lounge</li> <li>- provision of store room</li> <li>- spaces with high internal loads (lights, people and equipment) may compensate heat loss at the building envelope</li> </ul> </li> <li>• Use of transit areas for thermal buffer zones</li> <li>• Design of wind-shielded area under openings</li> </ul>	X  X  X X	X  X  X X		
Thermal insulation and thermal storage of the roof	<ul style="list-style-type: none"> <li>• Thermal insulation                             <ul style="list-style-type: none"> <li>- material selection</li> <li>- thickness</li> <li>- thermal properties (and moisture barrier)</li> </ul> </li> <li>• Construction of the roof                             <ul style="list-style-type: none"> <li>- double slab</li> <li>- thermal bridge prevention</li> </ul> </li> <li>• Treatment on the roof                             <ul style="list-style-type: none"> <li>- soil and planting</li> <li>- drainage of rainwater</li> </ul> </li> <li>• Sunshade provision</li> <li>• Glare control</li> <li>• Thermal storage                             <ul style="list-style-type: none"> <li>- heavy structure (thermal mass)</li> <li>- interaction with thermal insulation</li> </ul> </li> </ul>	X  X X X X X	X  X X X X	X	X

1. Architecture (continued)

Item	Key points	P	D	C	M
Thermal insulation and thermal storage of the exterior walls	<ul style="list-style-type: none"> <li>• Thermal insulation                             <ul style="list-style-type: none"> <li>- material selection</li> <li>- thickness</li> <li>- thermal properties (and moisture barrier)</li> </ul> </li> <li>• Construction of the walls                             <ul style="list-style-type: none"> <li>- use of air cavity</li> <li>- ventilation of air cavity</li> <li>- location of thermal insulation</li> <li>- thermal bridge prevention</li> </ul> </li> <li>• Sunshade provision                             <ul style="list-style-type: none"> <li>- louvres and shading devices</li> </ul> </li> <li>• Reduce radiant heat                             <ul style="list-style-type: none"> <li>- use of trees for shading and shielding</li> <li>- select materials for glare control</li> <li>- provision of ventilated cavity</li> </ul> </li> <li>• Thermal storage                             <ul style="list-style-type: none"> <li>- heavy structure (thermal mass)</li> <li>- interaction with thermal insulation</li> </ul> </li> </ul>	X	X		
		X	X	X	X
		X	X		X
		X	X		X
		X	X		
Thermal insulation, air tightness, ventilation properties and daylight properties of windows and doors	<ul style="list-style-type: none"> <li>• Thermal insulation                             <ul style="list-style-type: none"> <li>- Type and construction of window glass: plain glass, insulating glass, reflective glass, tinted glass, double glazing, low-e glass, etc.</li> <li>- window-to-wall ratio</li> <li>- shading coefficient</li> <li>- use of trees, sidewalls, louvres and balcony for shading</li> <li>- use of internal shading devices like blinds and curtains</li> <li>- orientation (south facing is preferable, and if in other directions, the facing angle of window glass may be adjusted)</li> </ul> </li> <li>• Air tightness                             <ul style="list-style-type: none"> <li>- air leakage properties</li> <li>- shape and design of door openings: double door, automatic door and rotating door</li> </ul> </li> <li>• Ventilation (natural)                             <ul style="list-style-type: none"> <li>- possibility of windows being opened</li> <li>- openings and path have less resistance to air flow</li> </ul> </li> <li>• Daylight penetration                             <ul style="list-style-type: none"> <li>- reflective louvre</li> <li>- skylight</li> <li>- design of light wells</li> <li>- light transmission properties of window glass</li> <li>- array of window openings</li> </ul> </li> </ul>	X	X		
		X	X	X	X
		X	X		X
		X	X		
Glare control of exterior and interior walls	<ul style="list-style-type: none"> <li>• Solar absorptivity, control of glare from sunlight and artificial lighting</li> </ul>	X	X		

## 2. Heating, Ventilating and Air-conditioning (HVAC)

Item	Key points	P	D	C	M
Overall planning	<ul style="list-style-type: none"> <li>• Suitable zoning strategy to prevent unnecessary losses               <ul style="list-style-type: none"> <li>- zoning of air-conditioned and non-air-conditioned spaces</li> <li>- zoning for spaces with different air change rates</li> <li>- zoning for spaces with different air-conditioning hours</li> </ul> </li> <li>• High efficient operation of system equipment</li> <li>• Zoning for spaces with different conditions: temperature and humidity, lighting density, air cleanliness, occupant density and equipment used</li> <li>• Zoning for spaces with different load characteristics               <ul style="list-style-type: none"> <li>- peak hour, load lagging</li> </ul> </li> <li>• Balance of building air pressure               <ul style="list-style-type: none"> <li>- positive and negative air pressure</li> </ul> </li> <li>• Sources of energy               <ul style="list-style-type: none"> <li>- consider local energy structure and form of energy available</li> </ul> </li> </ul>	X	X		
		X	X		X
		X	X		
		X	X		X
		X	X		X
Indoor environment	<ul style="list-style-type: none"> <li>• Design indoor temperature and humidity               <ul style="list-style-type: none"> <li>- setting of design conditions</li> <li>- use of thermal comfort index</li> <li>- reset conditions at night, before and after occupying hours</li> <li>- reset according to actual outdoor conditions</li> <li>- setting of control tolerance bands</li> </ul> </li> <li>• Outdoor fresh air rate               <ul style="list-style-type: none"> <li>- minimum outdoor air requirement</li> <li>- primary fresh air cooling</li> </ul> </li> <li>• Lighting power density               <ul style="list-style-type: none"> <li>- setting of design maintained illuminance</li> </ul> </li> <li>• Changeover of heating and cooling, and period of air-conditioning               <ul style="list-style-type: none"> <li>- optimize the design and review the necessity</li> </ul> </li> <li>• Distribution of air (and temperature)               <ul style="list-style-type: none"> <li>- air supply method and location, return air location</li> </ul> </li> </ul>	X	X		X
		X	X		X
		X	X		X
		X	X		X
System and equipment	<ul style="list-style-type: none"> <li>• Reduce energy losses from inappropriate mixing               <ul style="list-style-type: none"> <li>- setting of perimeter and interior zones</li> <li>- effective air supply method (avoid cooling and reheat)</li> </ul> </li> <li>• Matching of load characteristics               <ul style="list-style-type: none"> <li>- for design of cooling and heating plants</li> <li>- heat recovery method</li> </ul> </li> <li>• Correct use of multiplying factors               <ul style="list-style-type: none"> <li>- safety factor of climatic conditions (in load calculation), equipment and systems; diversity factor</li> </ul> </li> </ul>	X	X		
		X	X		
		X	X		
		X	X		
Heat/cold source system	<ul style="list-style-type: none"> <li>• High efficient operation of equipment (by good management)               <ul style="list-style-type: none"> <li>- efficient part load operation</li> <li>- number and division of multiple equipment</li> <li>- use of thermal storage method</li> <li>- setting of chilled and condensing water temperatures</li> </ul> </li> <li>• Heat recovery from waste heat and exhaust air               <ul style="list-style-type: none"> <li>- utilization of heat sources: exhaust air, transformers, motors, lighting, gas burning, warm discharged water</li> </ul> </li> <li>• Use of heat pumps</li> <li>• Total (and sensible) heat exchanger</li> <li>• Waste heat and condensing boilers</li> <li>• Use of natural energy sources               <ul style="list-style-type: none"> <li>- primary fresh air unit to use night ventilation</li> <li>- solar thermal utilization</li> <li>- use of river or sea water for cooling</li> </ul> </li> <li>• Thermal storage to cut down peak load and increase efficiency of heat recovery equipment               <ul style="list-style-type: none"> <li>- water or ice thermal storage</li> <li>- use of latent heat</li> <li>- thermal storage by system equipment</li> </ul> </li> <li>• Cogeneration system</li> </ul>	X	X		X
		X	X		
		X	X		
		X	X		
		X	X		X
		X	X		X
		X	X		X
		X	X		X

## 2. Heating, Ventilating and Air-conditioning (HVAC) (continued)

Item	Key points	P	D	C	M
Load distribution and transmission systems	<ul style="list-style-type: none"> <li>• Prevent losses during transmission                             <ul style="list-style-type: none"> <li>- thermal insulation of piping and ducting</li> <li>- minimize air leakage</li> <li>- decrease local flow resistance</li> </ul> </li> </ul>	X	X	X	X
	<ul style="list-style-type: none"> <li>• Reduce space loads                             <ul style="list-style-type: none"> <li>- water-cooled lighting fixture (if needed)</li> <li>- reduce energy losses from inappropriate mixing</li> <li>- better control of latent loads</li> </ul> </li> </ul>	X	X		X
	<ul style="list-style-type: none"> <li>• Decrease of running power                             <ul style="list-style-type: none"> <li>- use variable air volume (VAV) method</li> <li>- use variable water volume flow (VWV) method</li> <li>- use larger temperature difference</li> <li>- use low-temperature air supply system</li> <li>- use of booster fans and pumps</li> <li>- fans and pumps specific to part load operation</li> <li>- straightening and shortening of air ducts</li> <li>- alternate energy transmission method</li> <li>- close loop for water distribution systems</li> <li>- lowering of water or air flow velocities</li> <li>- better thermal insulation for pipes and ducts</li> </ul> </li> </ul>	X	X	X	
Ventilation systems	<ul style="list-style-type: none"> <li>• Reduce transmission energy                             <ul style="list-style-type: none"> <li>- prevent excessive ventilation</li> <li>- shut down ventilation when not needed</li> <li>- control of ventilation rate at part load conditions</li> <li>- use of localized ventilation method</li> <li>- use of air-conditioning to replace high volume ventilation (e.g. for transformer and plant rooms)</li> <li>- utilization of natural ventilation</li> <li>- use air cleaners</li> <li>- multiple fans to handle a large flow capacity</li> </ul> </li> </ul>	X	X	X	X
	<ul style="list-style-type: none"> <li>• Reduce ventilation load                             <ul style="list-style-type: none"> <li>- decrease outside air when preheat or pre-cool is needed</li> <li>- control of fresh air (from number of people or use CO<sub>2</sub> analysis)</li> <li>- use of primary fresh air unit</li> <li>- use of night ventilation</li> <li>- use of total heat exchanger</li> <li>- transfer of exhaust air from plant room to car park</li> <li>- use of exhaust air from cooling tower</li> <li>- decrease of ventilation rate during peak load</li> </ul> </li> </ul>	X	X		X
Control systems	<ul style="list-style-type: none"> <li>• Control of indoor environment (computer automatic control)                             <ul style="list-style-type: none"> <li>- setting of temperature and humidity control (response to outdoor)</li> <li>- control of outdoor fresh air</li> </ul> </li> </ul>	X	X		X
	<ul style="list-style-type: none"> <li>• Control of the operation of equipment                             <ul style="list-style-type: none"> <li>- optimal start-stop</li> <li>- capacity control on the number of equipment running</li> <li>- control of water and air flow rates</li> <li>- operation forecast control</li> <li>- demand control</li> <li>- peak-cutting control</li> </ul> </li> </ul>	X	X		X
Use of natural energy	• solar energy	X	X		
	• geothermal energy	X	X		
	• wind energy	X	X		
	• use of energy in soil (temperature and underground water)	X	X		
Use of energy from waste heat and exhaust	• heat recovery from exhaust air	X	X		
	• heat recovery from waste products	X	X		
	• heat recovery from discharged water	X	X		

### 3. Electrical Services

Item	Key points	P	D	C	M
Overall planning	• Reduce losses in electrical circuits - with a low voltage system, use a supply method with less losses - consider to use high voltage supply - shortening of electrical cable and wiring network	X	X	X	X
	• Improvement of power factor - use power factor correction equipment (demand or supply sides)	X	X		X
	• Correct capacity and power ratings - correct use of multiplying factors - control of a number of equipment	X	X		
	• Reduce power consumption of control equipment - use of instantaneous magnetic contactors	X	X		
	• Consider a total energy approach - cogeneration, photovoltaics, reduction of harmonics	X	X		
	• Location of the installations - entry/connection point and the load centres	X	X		
Power transformation and distribution	• Capacity - relationship between average load factor and transformer efficiency - number of equipment and division	X	X		
	• Transformer planning and design - economic analysis and system zoning - operation and distribution during no-load condition	X	X		
	• Electric voltage and wiring - study of economics and security	X	X		
	• Power distribution - use of tree-type distribution - raising of voltage	X	X		
	• Group management (by computer automatic control) - control of the number of equipment in operation - peak-cutting strategy - demand control	X	X		X
	• Energy efficient equipment - check the economics and security	X	X		X

### 4. Lighting Installations

Item	Key points	P	D	C	M
Lighting installations	• Design of illumination levels - suitable zoning and appropriate level for each zone	X	X		
	• Lighting system - general lighting and localized (task) lighting - direct and indirect lighting methods - on-off method and circuitry design	X	X	X	X
	• Lighting control (by computer methods) - manual control - occupant-sensing control - lighting level sensing control - time-schedule control	X	X		X
	• Energy-saving equipment (and their cleaning and maintenance) - energy efficient lighting system and luminaires	X	X		X
	• Light-sensing control - daylight-activated lighting control - control system to maintain appropriate illumination level	X	X		X

## 5. Lifts and Escalators

Item	Key points	P	D	C	M
Lifts and escalators	<ul style="list-style-type: none"> <li>• Method and capacity suitable to meet the demand                             <ul style="list-style-type: none"> <li>- traffic analysis (number of equipment, waiting time, speed)</li> <li>- reduce the number of equipment by centralized design</li> <li>- correct combination of lifts and escalators</li> <li>- automatic stopping or standby mode of lifts and escalators</li> </ul> </li> <li>• Group management of equipment                             <ul style="list-style-type: none"> <li>- "double-deck" lift system</li> <li>- operation control</li> <li>- better braking control</li> <li>- lights automatic turn off when not in use</li> <li>- escalators turn to standby when not in use</li> </ul> </li> </ul>	X	X		
		X	X		

## 6. Plumbing and Drainage

Item	Key points	P	D	C	M	
Cold water supply and drainage	• Necessity of cold water supply <ul style="list-style-type: none"> <li>- selection of rooms and locations for cold water supply</li> </ul>	X	X			
	• Load estimation and equipment capacity sizing <ul style="list-style-type: none"> <li>- correct and accurate loads</li> <li>- suitable capacity (with safety and diversity factors)</li> </ul>	X	X			
	• Reduce pumping energy <ul style="list-style-type: none"> <li>- shortening of piping network and system</li> <li>- open loop and close loop systems</li> <li>- booster method</li> </ul>	X	X	X		
	• Maintenance of appropriate water pressure	X	X			
	• Equipment <ul style="list-style-type: none"> <li>- energy-saving (water-saving) equipment and system</li> <li>- correct type and size</li> </ul>	X	X	X		
	• Water recycling systems <ul style="list-style-type: none"> <li>- feasibility of using them, their economics and reliability</li> </ul>	X	X			
	• Rainwater utilization	X	X			
Hot water supply	• Necessity of hot water supply <ul style="list-style-type: none"> <li>- selection of rooms and locations for hot water supply</li> </ul>	X	X			
	• Conditions of hot water supply <ul style="list-style-type: none"> <li>- flow rate of hot water supply</li> <li>- temperature of the hot water</li> </ul>	X	X		X	
	• Hot water supply system <ul style="list-style-type: none"> <li>- design of storage tank or pond</li> <li>- specific boiler</li> <li>- central supply method and local supply method</li> <li>- thermal insulation properties</li> <li>- use of solar thermal energy</li> <li>- shortening of water piping network</li> <li>- heating method</li> <li>- thermo-siphon for circulation</li> </ul>	X	X	X		
	• Heat recovery from waste water	X	X			

## 7. Building Management

Item	Key points	P	D	C	M
Building management system	• Management of indoor environment	X			X
	• Management of equipment operation	X			X
	• Energy demand and consumption management	X			X
	• Preventive maintenance	X			X
	• Educational and training	X			X