IBTM6010J Lighting Engineering http://ibse.hk/IBTM6010J/



=Emergency Light

Lighting for Emergency, Safety & Security

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• Lighting ergonomics 照明人體工程學

- Appropriate lighting, without glare or shadows, can reduce eye fatigue & headaches
- Prevent workplace incidents by increasing the visibility of moving machinery & other hazards

Good quality lighting also reduces the chance of incidents & injuries from "momentary blindness" (momentary low field vision due to eyes adjusting from brighter to darker, or vice-versa, surroundings)

- Factors affecting the ability to "see" at work:
 - Time to focus on an object, the size of an object, brightness & contrast

(See also: Lighting Ergonomics - Survey and Solutions https://www.ccohs.ca/oshanswers/ergonomics/lighting_survey.html)

Ergonomics of lighting





- Lighting & safety
 - Lighting to enhance safety both indoors & outdoors
 - 1. Emergency escape lighting
 - Enable people to move along the path to the exit
 - 2. Road lighting
 - Enhance road safety & reduce property damage
 - Unlighted objects will have a low visibility after dark
 - 3. Lighting & crime
 - Lighting has a role to play in crime prevention
 - It facilitates surveillance by people after dark
 - It enhances community confidence & informal social control



Mean speed of movement in cluttered & furnished spaces in a clear atmosphere by young & old people, plotted against mean illuminance on the floor

Street lighting & road safety



(Source: https://europeanlightingpriorities.eu/the-betterlighting-campaign.html)

LIGHTING FOR SAFETY 6 OUTDOOR SPACES



(Source: https://www.delmarfans.com/educate/outdoor-security-lighting/)

- Emergency lighting 緊急照明
 - Provided for use when the supply to the normal lighting fails
 - Plays a critical role in building safety & particularly in an evacuation scenario
- Aims (during an emergency):
 - Assist occupants to leave a building
 - Help protect occupants if they stay in a building during an emergency
 - Help occupants to continue normal operations in the event of failure of the supply to the normal lighting





Types of emergency lighting (*may be combined into a single system)



(Source: BS 5266-1:2016, Emergency lighting - Part 1: Code of practice for the emergency lighting of premises)



• Emergency escape lighting

- Provide illumination for the safety of people leaving a location or attempting to terminate a potentially dangerous process before doing so
- Emergency safety lighting
 - Provide illumination for the safety of people staying in a premises when the supply to the normal lighting fails (* new idea in risk management)
- <u>Standby lighting</u>
 - Enable normal activities to continue substantially unchanged



- Emergency lighting should be an integrated part of the building lighting
 - Ensure that people can orientate themselves & find their way confidently & safely through a building to a place of safety
 - People, even in familiar buildings, may become frightened & disorientated during an emergency
 - The occupants' reaction times, speed of adaptation, chance of panicking & ability to walk in a straight line may be different (e.g. users have disabilities or have taken alcohol or drugs)

(See also: Emergency Light – Wikipedia <u>http://en.wikipedia.org/wiki/Emergency_light</u>)

- Main purpose (when normal lighting fails)
 - Guide people quickly & safely from the building
 - Enable specific tasks to be completed
 - Avoid panic & restore confidence
- Typical examples of installations
 - Emergency exit lighting, escape route lighting, standby lighting, open area (or anti-panic) lighting, the illumination of exit signs, specific lighting for high-risk task areas
 - Exit signs & safety signs









Escape route & open area illumination for emergency lighting

Escape Route Illumination



Open Area Illumination



Example of an escape route lighting design



Luminaire spacing in open (anti-panic) core areas

C 0.5L 0.5L 0.5 metre border (core area excludes a border of 0.5m of the perimeter of the area) 0 Minimum points - at which 0.5 lux is obtained

(Source: <u>https://hosting.iar.unicamp.br/lab/luz/ld/Seguran%E7a/emergency_lighting_design_guide.pdf</u>)

Emergency lighting & signage on escape route



(Source: Thorn Lighting, UK)

Design requirements



- Legislation & standards
 - Building regulations
 - Fire safety legislation
 - Technical standards
 e.g. BS 5266-1
- Typical requirements:



- Illumination level = 1 lux; uniformity 40 : 1
- Must be in operation ≤ 5 sec, last for 1 or 2 hours
- Correct positioning & power supply
- Battery backed up & automatic switch on

Design requirements



- HK FSD requirements for emergency lighting:
 - Comply with BS 5266-1 & BS EN 1838
 - ≥ 2 lux for staircase/exit route
 - ≥ 1 lux for night club, restaurant, dance hall, etc.
 - ≥ 0.5 lux for cinemas & theatres (auditorium)
 - Activation time within 5 sec. & emergency generator set be up in 15 sec.
 - A minimum of 2 luminaires per compartment (to ensure uniformity & reliability)
 - Batteries shall be heavy duty, rechargeable type

• Routine inspections & tests (Source: https://www.hkfsd.gov.hk/eng/source/circular/2021_05_eng_20210601_104701.pdf)



Example of rooms requiring emergency lighting



Key

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Area	Dimensions	Function and relevant considerations	Emergency lighting needed	
Escape route	(2 × 17) m	Corridor leading to exits; luminaires required at change of direction, exits and outside building to place of safety	Yes	
Room A with inner room	(3 × 9) m = 27 m ²	Small office in which the office becomes the escape route of the inner room and needs emergency lighting	Yes	
Room B	$(2 \times 4) m = 8 m^2$	Inner room with no risks	No	
Room C	(3 × 4) m = 12 m ²	Kitchen needing emergency lighting in the risk assessment for the premises	Yes	
Room D	(3 × 4) m = 12 m ²	Small office, escape route passes through this open area	Yes	
Room E	(10 × 8) m = 80 m ²	Main office larger than 60 m ² floor area	Yes	
Room F	(5 × 11) m = 55 m ²	Medium office smaller than 60 m ² floor area	No	
Room G	$(5 \times 6) m = 30 m^2$	Toilet larger than 8 m ² floor area	Yes	

(Source: BS 5266-1:2016, Emergency lighting - Part 1: Code of practice for the emergency lighting of premises)

Requirements for escape route/area lighting



Practical skills (Videos):



Emergency Lighting Design Guide (10:16) <u>https://youtu.be/crUjqnvhn5Y</u> Tutorial: Emergency lighting with DIALux evo 10 (5:11) https://youtu.be/6T0HehEV828

DiaLux evo - How to create emergency lighting (15:43) https://youtu.be/fh3LsHHKWk0

(Source: SLL, 2011. Lighting for Education, Lighting Guide 5, Society of Light and Lighting (SLL), London.)

Specific forms of emergency lighting & design drawings



Worked example: escape route emergency lighting positioning



(Source: SLL, 2015. Lighting for the Built Environment, LG12: Emergency Lighting, Society of Light and Lighting (SLL), London.)

Typical floor plan for an office block showing the emergency lighting scheme



Summary of standards covering emergency lighting

Base guidance document

BS 5266-1:2016 Emergency lighting – Part 1: Code of practice for the emergency lighting of premises

Gives general recommendations and guidance on the provision and operation of emergency lighting in most premises other than dwellings

System standards BS EN 1838: 2013 Lighting applications – Emergency lighting Specifies the illumination to be provided by emergency lighting (including illuminance, duration and colour) BS EN 50172:2004 (BS 5265: 2004) Emergency escape-lighting systems

Specifies the minimum provision and testing of emergency lighting for different premises

Product standards

Courtesy of BSI

BS EN 60598-2-22: 2014 Luminaires for emergency lighting Specifies selfcontained and centrally powered luminaires for use in emergency lighting systems BS EN 62034: 2012 Automatic test systems for batterypowered emergency escape lighting Specifies a test system for batterypowered emergency lighting

BS EN 50171: 2001 Central powersupply systems Specifies central power-supply systems for luminaires for emergency lighting

(Source: https://www.cibsejournal.com/general/emergency-lighting-standards/)

Design requirements



- Changes in direction
- Stairways, steps & ramps
- Fire & first aid points
- Exit doors (external & internal)
- Escalators
- Lifts & elevators
- Toilets
- Large open areas
- Generator room & high risk areas





Locating emergency lights & typical requirements



Disability glare limits				
Mounting height <i>h</i> (m)	Escape route & open area max. luminous intensity I_{max} (cd)	High risk max. luminous intensity <i>I_{max}</i> (cd)		
h < 2.5	500	1,000		
2.5 < h < 3.0	900	1,800		
3.0 < <i>h</i> < 3.5	1,600	3,200		
3.5 < h < 4.0	2,500	5,000		
4.0 < h < 4.5	3,500	7,000		
$h \ge 4.5$	5,000	10,000		



(Source: BSI, 2013. BS EN 1838:2013, Lighting applications -- Emergency lighting, British Standards Institution (BSI), London.)

Escape-route lighting requirements for routes up to 2 m in width (Illuminance levels, illuminance diversity & zones in which luminous intensities have to be limited to restrict disability glare)



(Source: van Bommel W., 2019. Interior Lighting: Fundamentals, Technology and Application, Springer International Publishing, Cham.)

Design requirements

- Points-of-emphasis lighting
 - Can be part of the escape route or anti-panic openarea lighting
 - Critical points of emphasis are:
 - Exit doors intended for use in an emergency
 - Each flight of stairs or any other change in level
 - Each change of direction & intersection of corridors
 - First-aid posts, call points & disabled escape equipment
 - Disabled refugee points
 - Safety signs that are part of the emergency plan
 - Outside the final exit at a place of safety

Examples of points-of-emphasis lighting



At each exit door







All safety exit signs





Outside and near each final exit



Near each first aid post



Design requirements

- Escape route indication
 - Escape routes may lead either towards normal exits or to emergency exits, which are indicated by means of appropriate signs
 - <u>Normal exit signs</u>: illuminated at all times & should remain so when the normal supply fails
 - <u>Emergency exit signs</u>: illuminated in times of emergency & may be illuminated at all times in general practice
- Methods for illumination of signs:
 - 1. Lamps external to the sign
 - 2. Lamps contained within the sign



Maximum viewing distances & luminance/contrast of safety signs

Internally illuminated signs - 200 x the panel height Externally illuminated signs - 100 x the panel height

<100 x h h∏ ∎↓≽ <200 x h h∏∎↓≽ min luminance = $2cd/m^2$ ratio of luminance shall be less than 10:1 for either colour contrast of the colours must be between 5:1 and 15:1 (Source: https://hosting.iar.unicamp.br/lab/luz/ld/Seguran%E7a/emergency lighting design guide.pdf)

Summary of requirements for safety signs

Item	Requirement	
Luminance	Safety colour 2 cd/m ² minimum	
Diversity	Luminance of a colour < 10 (max./min.)	
Contrast	Luminance of white to colour > 5 but < 15 (L_{white}/L_{colour})	
Viewing distance	$100 \times \text{height of externally illuminated sign}$ $200 \times \text{height of internally illuminated sign}$	
Mounting height	Minimum 2 m above floor	
Response time	50% of design value in 5 s, 100% of design value in 60 s	
Minimum duration	As risk assessed for the premises	



(Source: SLL, 2015. Lighting for the Built Environment, LG12: Emergency Lighting, Society of Light and Lighting (SLL), London.)

Common exit & safety signs in Hong Kong



Characters exit signs





Combined graphical symbol & characters exit signs

Graphical symbol exit signs



(Source: http://www.crystalitehk.com/)
Adaptive signage changes to indicate shortest escape route avoiding fire hazard



(Source: https://www.eaton.com/content/dam/eaton/markets/buildings/fundamentals-of-emergency-lighting-guide.pdf)

System components

• System types



- Self contained systems (with their own secondary battery power supply)
- Centrally powered systems (centrally located power source connected by protected wiring)
 - AC/DC battery powered systems
 - AC/AC battery powered systems
 - Uninterruptible power supplies (UPS)
- Compound systems with a central control unit & intelligent addressing (can receive input from fire detection systems to assist users to direct occupants)

Schematic of a self-contained emergency luminaire



(Source: http://www-public.tnb.com/eel/docs/emergilite/Emergi-Lite_Emergency_Lighting_Design_Guide.pdf)

Schematic of a centrally powered system with slave emergency lighting



(Source: <u>http://www-public.tnb.com/eel/docs/emergilite/Emergi-Lite_Emergency_Lighting_Design_Guide.pdf</u>)

System components

- Power sources:
 - Batteries for self-contained systems
 - Sealed rechargeable cells: nickel-cadmium (Ni-Cd) or nickel-metal hydride (Ni-MH) or lead acid (Pb)
 - Batteries for central systems
 - Vented or sealed lead acid or nickel-cadmium alkaline rechargeable batteries (have high storage capacity, long operational life & wide operating voltage range)
 - Generators
 - A prime mover driving an alternator, fuel tanks, operating controls & starter batteries
 - Start automatically to provide power within 5 s

Emergency lighting battery technologies



System components

• Modes of operation:

Auto-Source

• Maintained luminaires 長明式



- Permanently illuminated, and remain illuminated when power fails, e.g. for emergency exit lighting
- In some cases they may be switched off deliberately, but are required to be active when the building is occupied
- Non-maintained luminaires 後備式
 - May be switched on & off normally
 - If the power fails, they turn on automatically
- Sustained or combined luminaires
 - Includes two lamps, one operating on a mains supply, and the other from a battery source



Summary of modes of operation

	Mains mode	Emergency mode
Non-maintained (NM)		
	lamp is off	lamp is on
Maintained (M)		
	lamp is on	lamp is on
Sustained/		
Combined		
(C) or (S)	mains lamp is on	emergency lamp is on

(Source: Thorn Lighting)

System components



- Should adequately resist the effects of fire & mechanical damage and retain circuit integrity
 - Cables with high resistance to the effects of fire, mechanical damage, physical damage or rodent attack
 - Routed through areas of low fire risk wherever practicable
 - Methods of cable support & fixings should be noncombustible
 - Conduit, ducting, trunking & channel should have adequate strength & be non-flame propagating
- Periodic inspection & testing

System components



- By using emergency version of the main luminaires (e.g. with a charge/healthy indicator)
- Extreme environments: special considerations
 - Hazardous areas: self contained luminaire systems need appropriately protected luminaires
 - Cold environments
 - Hot & humid environments (affect battery life)
 - Corrosive environments
 - Other conditions (e.g. vibration)

Open area using the emergency version of standard luminaire



System components

• The adoption of LED luminaires & the upgrading of battery technologies have opened the door to a new class of system that didn't exist before distributed central power supplies



- Offer extensions in rated battery life from four to
 10-plus years, with reduced spatial requirement & lower facility management & capital costs
- LED luminaires are now often the first choice for emergency lighting, but there are pitfalls, e.g. the introduction of batteries & an inverter changing the ambient temperature within the luminaire



Smart wireless systems to control emergency lighting

BD14-Pro-EM

SMART WIRELESS EMERGENCY LIGHTING



(Source: https://www.blelighting.co.uk/blog/blog/transforming-the-way-we-test-emergency-lighting)

Adaptive emergency lighting built with wireless mesh





Important design considerations

- 1. Building user profiles
 - (Commercial) buildings have a wide variety of users
 - Important risk factors that affect the ease of evacuation of these users include age, health & wellbeing, lifestyle & familiarity with the building

• 2. Building type & usage

- How safely tasks can be stopped by people within a building impacted by a reduction in illuminance
- Three categories: low risk, high risk & high risk+

Night lighting requirements in hospital ward areas



(Source: SLL, 2019. Lighting for Healthcare Premises, Lighting Guide 2, Society of Light and Lighting (SLL), London.)



- Important design considerations (cont'd)
 - 3. Building scale & complexity
 - They can make evacuation difficult
 - A building's age may also present problems
 - Facilities with large public gatherings, high-rise buildings or phased evacuation buildings
 - 4. Life-cycle considerations
 - Lifecycle total cost of ownership (TCO)
 - A trade-off between how much the system will initially cost to design & build and the operating costs involved over its lifetime



• Design procedure

- 1. Determine requirements (e.g. escape routes)
- 2. Design of illuminance (e.g. position, duration)
- 3. Design of system (e.g. operation, wiring)
- 4. Design of circuit protection & controls
- 5. Installation, operating & commissioning
- 6. Handover (e.g. system documentation, training)
- Certificates & log book
- Routine inspections & tests (monthly, annual)
- Servicing & repair (components, spares)



• Design checklist:

- 1. Choose the luminaire types (viewing distance, IP classification, mounting height etc.)
- 2. Placing of luminaires (luminaire technical design)
- 3. Choose system type (central battery or self-contained)
- 4. Size of the batteries (back up operation time)
- 5. Type of the cables for the system cabling
- 6. Cross section of the cabling, taking into account the loss of voltage & the minimum short circuit current (electrotechnical design)

Emergency lighting design process

- Examination of the risk assessment
- Duration of the emergency lighting
- Identify emergency escape routes & take account of potential hazards
- Identify the locations of fire alarm call points, fire fighting equipment & fire safety signs
- Determine type of emergency lighting system
- Means of isolation for testing and/or maintenance
- Coordination/interface with luminaire manufacturers where main luminaires are to be converted into emergency lighting luminaires
- Identify the exit sign requirements
- Identify any high risk areas
- Open areas larger than 60 m² floor areas need to be identified
- Need for external illumination outside final exit doors & on a route to a place of safety

(Source: https://www.orlight.com/resources/docs/0abd9b639180/Emergency-Lighting-GuideMar2021.pdf)



• Risk assessment

- Evaluate potential risks to occupants in a building that could occur in the event of failure of the supply to the normal lighting, and determine suitable compensating safety provisions
- Safe movement of people along escape routes
- Report on the adequacy of the emergency lighting, fire alarms, extinguishers, etc.
- Keep the occupants safe in a power supply failure
- Emergency lighting testing, maintenance, operation & update

Office building emergency evacuation plan



An example of evacuation diagram for emergency planning





• Design calculations

- Must consider the emergency lighting ballast, the starting of the lamp, the reduction in light output as the battery discharges, and the reduced performance of the battery after a number of years of use
- Practical emergency lamp flux (PELF)
 - Lowest luminous flux of the lamp observed during the rated duration of the emergency mode
 - $PELF = LDL \times EBLF$
 - LDL is the initial lighting design lumens at 100 h as declared by the manufacturer
 - EBLF = Emergency ballast lumen factor

- Emergency ballast lumen factor (EBLF)
 - Ratio of the luminous flux of the lamp supplied by the emergency ballast to the luminous flux of the same lamp operated with the appropriate reference ballast at its rated voltage & frequency
 - EBLF is the minimum of the values measured at the appropriate time after failure of the normal supply & continuously to the end of the rated time
 - $EBLF = BLF \times F_{Time}$
 - BLF: Ballast lumen factor
 - F_{Time}: minimum light output values measured during the emergency operating time period



- Maintenance, commissioning & testing
 - Ensure that the system remains fully operational
 - Testing routine, consumable items & spare parts
- Facilities for testing & operation
 - 1. Luminaire with test device
 - 2. Luminaire with remote test device (centralised)
 - 3. Luminaire with inhibiting mode (to prevent the discharge of batteries at times when unoccupied)
 - 4. High risk areas & special occupancies (e.g. plantroom, health care)



- Commissioning certificate
 - Written declarations of compliance
 - 1. Installation quality
 - Conform to electrical & fire safety regulations
 - 2. Photometric performance
 - Evidence of compliance with light levels supplied by the system designer or contractor
 - 3. Declaration of a satisfactory test of operation
 - A log of all system tests & results, with commissioning forms, testing forms & instructions
- Manual & automatic testing

Typical manual testing process for emergency lighting

ISOLATE

REPLACE

Simulate a mains failure to individual luminaires/ grouped luminaires.

Self-contained > A key switch per room/area is typically used

Central Battery Systems > A push button on each field device or CBS is typically used

INSPECT **RE-ENERGISE** Ensure luminaires Re-energise mains power illuminate from the battery to the luminaires via source for the duration of key-switches/push buttons the test VERIFY RECORD Arranging for replacement Noting faulty luminaires Check batteries are luminaires and/or batteries in logbook (e.g. 'did recharging. (depending on fault) not illuminate', 'did not Self-contained > The charge illuminate for full duration', indicator is illuminated 'charge indicator did not come on after Central Battery Systems > reenergising', 'CBS failed The system is indicating to recharge etc') that it has a healthy supply and is in a

charging state

(Source: https://www.eaton.com/content/dam/eaton/markets/buildings/fundamentals-of-emergency-lighting-guide.pdf)



• Testing requirements & record logs

- <u>Function test</u> (once per month)
 - Breaking the supply to them & checking that they operate satisfactorily
 - The supply must then be restored & the charging indicators must be seen to be operating correctly

• <u>Discharge test</u> (annually)

- The luminaires must be tested for their full rated duration period & checked for satisfactory operation
- The supply must then be restored & the charging indicators rechecked
- Done outside normal working hours, or by phase

Emergency lighting testing & automatic testing systems





Automatic testing system

- Self monitoring/diagnostic
 - Timing circuit
 - Charging
 - Lamp
 - Communications
- Testing schedule
- Test result status indication
- Minimise risk by randomising/staggering testing
- Stand-alone luminaires (each device tests itself) & network systems (linked to central monitoring)



- Examples of automatic testing
 - Self-contained with built-in auto test
 - Self-contained system with centrally monitored luminaires & automatic testing (addressable)
 - Central battery system with centrally monitored luminaires & automatic testing (addressable)
- Automated testing & electronic logbook (webbased or on integrated panels)
- Visualise the system status on layout plans
- Real-time monitoring of multiple systems

Automatic testing of emergency lighting equipment for self-contained stand-alone luminaires (Self-Test) & self-contained centrally monitored luminaires using Digital Addressable Lighting Interface (DALI)



(Source: https://www.elp.uk.com/dali-and-self-test/)

Security lighting

- Primary objectives: to deter, detect & prevent criminal activities; also give a feeling of safety & well being
- Five basic lighting techniques:
 - 1. Perimeter lighting (fence zone)
 - 2. Checkpoint lighting (gatehouse)
 - 3. Area lighting (luminaires mounted on adjacent buildings or on columns or high masts)
 - 4. Floodlighting (intruder may be readily seen)
 - 5. Toping up (avoid hiding of an intruder)




Illuminating on different planes for different purposes significantly alters the amount of light required



Horizontal Plane (General Area Lighting Usage)



Illumination measurement positions in the centre of the squares



(Source: Security lighting - Guidance for Security Managers https://www.cpni.gov.uk/security-lighting)

Security lighting

• Types of security lighting:



- Continuous lighting (at boundaries, e.g. in prisons)
- Standby lighting (supplement continuous systems)
- Movable (portable) lighting (temporary)
- Emergency lighting (for use when normal light fail)
- Lighting for closed circuit television (CCTV)
 - White light & infra-red (IR), facial recognition
 - Distance, angle, mounting position
 - Camera & lens (wide area, target/local area)
 - Photocell to trigger day/night camera switching

Recommended lighting levels for closed circuit television (CCTV)

Camera	Minimum illuminance in Lux	Overall uniformity not less than	Threshold increment not less than (%)
Monochrome	5	0.4	10
Colour	15	0.4	10

Level of dimming with typical lamps for street lighting

SON	100% - 20%	
Metal halide	100% - 50%	
Fluorescent	100% - 1%	
LEDs	100% - 0%	

IsoLux diagrams of a floodlight



(Source: https://theilp.org.uk/publication/lighting-against-crime/)

Security lighting

- Planning security lighting:
 - Criminal history
 - Nature of the site
 - Degree of obstruction



- Visibility concerns
 - Illuminance, glare, light pollution, coverage factor
- Security zones
 - Perimeter, pedestrian, vehicle, building, restricted

(Source: Guide for Security Lighting for People, Property, and Critical Infrastructure, IES G-1-16)



Further Reading



- Emergency Lighting http://ibse.hk/IBTM6010J/Emergency_Lightin g.pdf
- Fundamentals of emergency lighting https://www.eaton.com/content/dam/eaton/ma rkets/buildings/fundamentals-of-emergencylighting-guide.pdf