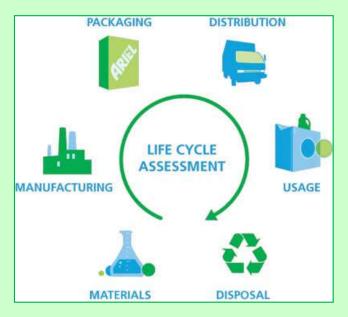
MEBS6020 Sustainable Building Design

http://ibse.hk/MEBS6020/



Energy and Environmental Design (II)

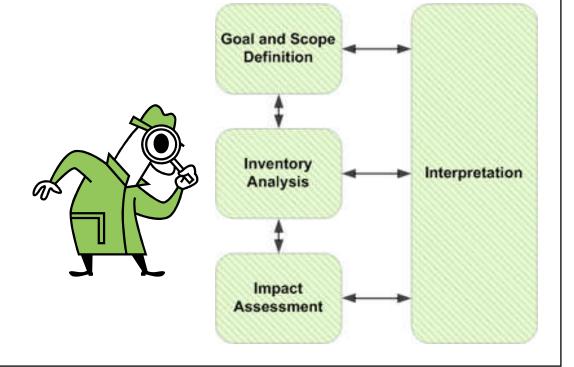


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Contents



- Life cycle assessment
- LCA process
- Examples of LCA
- Evaluation methods
- Limitations of LCA



Life cycle assessment



- Three methods to evaluate green buildings:
 - 1. Single attribute
 - Such as energy efficiency, alternative energy, recycled green materials/products
 - 2. Multiple attribute
 - Green building rating systems
 - Multi-criteria standard, points earned in various areas
 - 3. Life cycle assessment (LCA)
 - Full & quantitative accounting of environmental impacts





- Life cycle assessment (LCA) is a scientific method for evaluating environmental impacts
- LCA is being integrated into green building rating systems, building codes and standards
 - Such as LEED v4, Green Star, California Green Building Code, International Green Construction Code (IGCC), ASHRAE Standard 189.1

LCA = 生命週期評估







- A brief history of LCA
 - Originated from energy analysis and some claim first LCA carried out by Coca Cola in 1969
 - SETAC (Society of Environmental Toxicology and Chemistry) set first standards in 1990
 - ISO produced series of standards in 1997/98 which were revised in 2006



- ISO 14040:2006 outlining LCA principles and framework
- ISO 14044:2006 for requirements and guidelines

Life cycle assessment



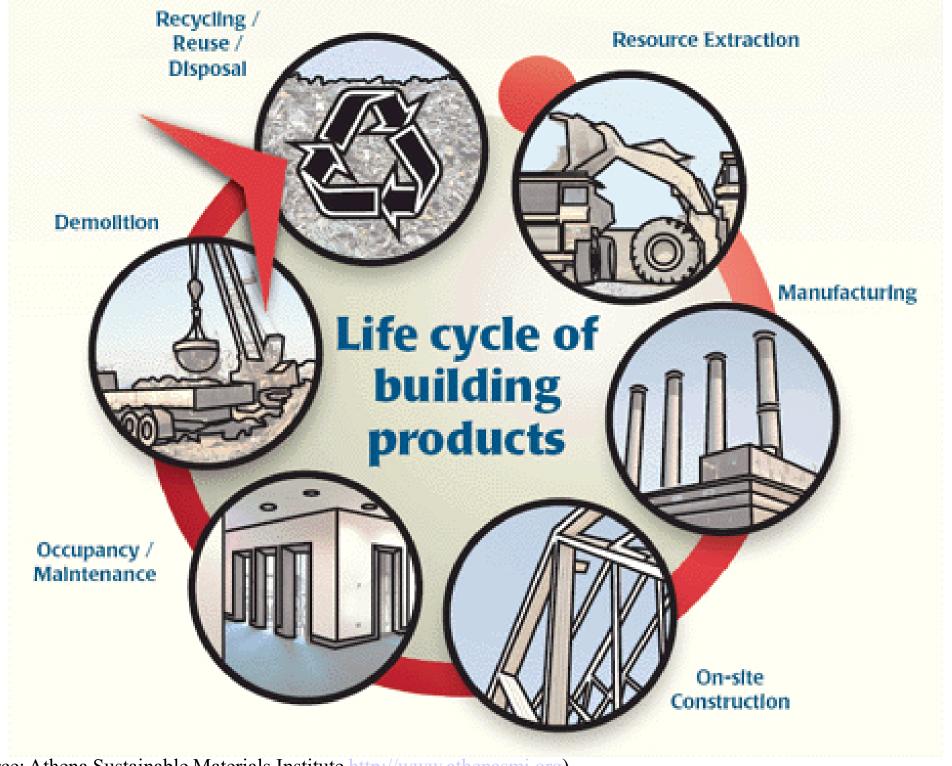
- Definition of Life Cycle Assessment (LCA) [ISO 14040]:
 - "A compilation and evaluation of the inputs, outputs and the potential environmental impacts of a product system throughout its life cycle"
- Also called "cradle-to-grave" analysis



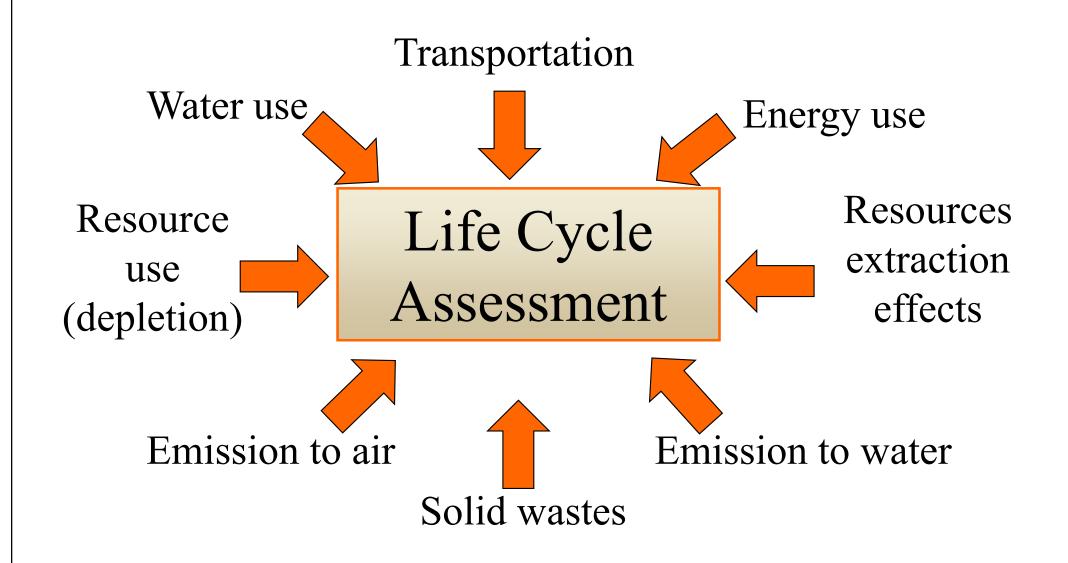
- Embodied effects include:
 - Resource use (raw materials, land, water, energy)
 - Emissions to air, water and land

(Video: life cycle (0:29) http://youtu.be/x9NqzVWIeX4)

從搖籃到墳草



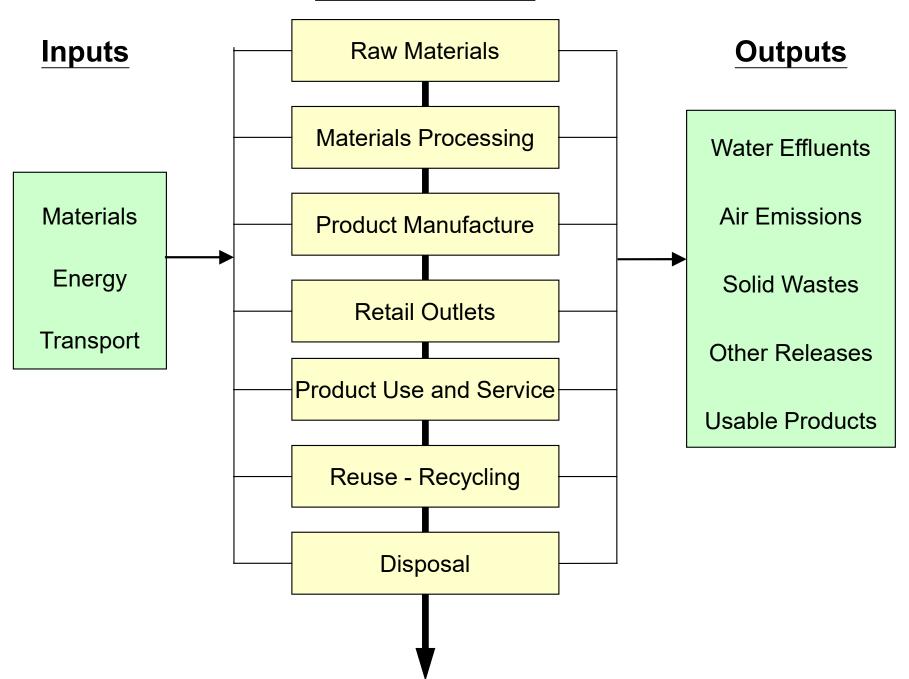
(Source: Athena Sustainable Materials Institute http://www.athenasmi.org)



LCA: a methodology for assessing the life cycle environmental performance of products and processes

Areas covered by LCA





T-shirt example (cotton)

- Growing Extraction of materials Harvesting
- Spinning
- Weaving/knitting
- Bleaching, dyeing, washing and treatment
- Cutting and sewing
- Use reuse
- Disposal recycling

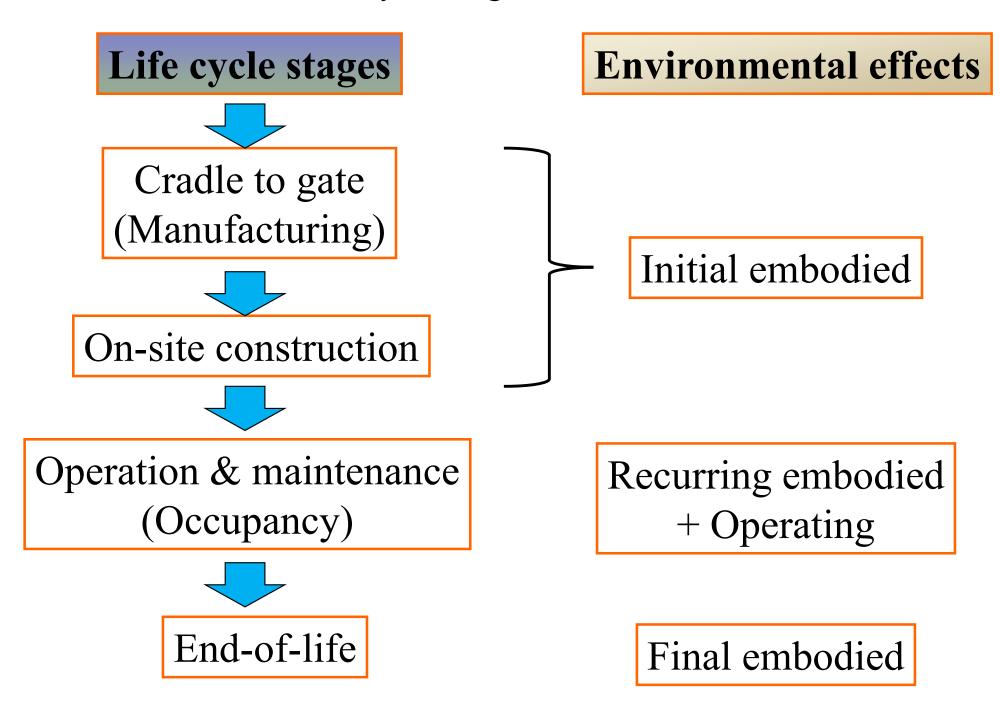
Processing of materials

Production

Use and maintenance

Disposal/end of life

Life cycle stages and effects

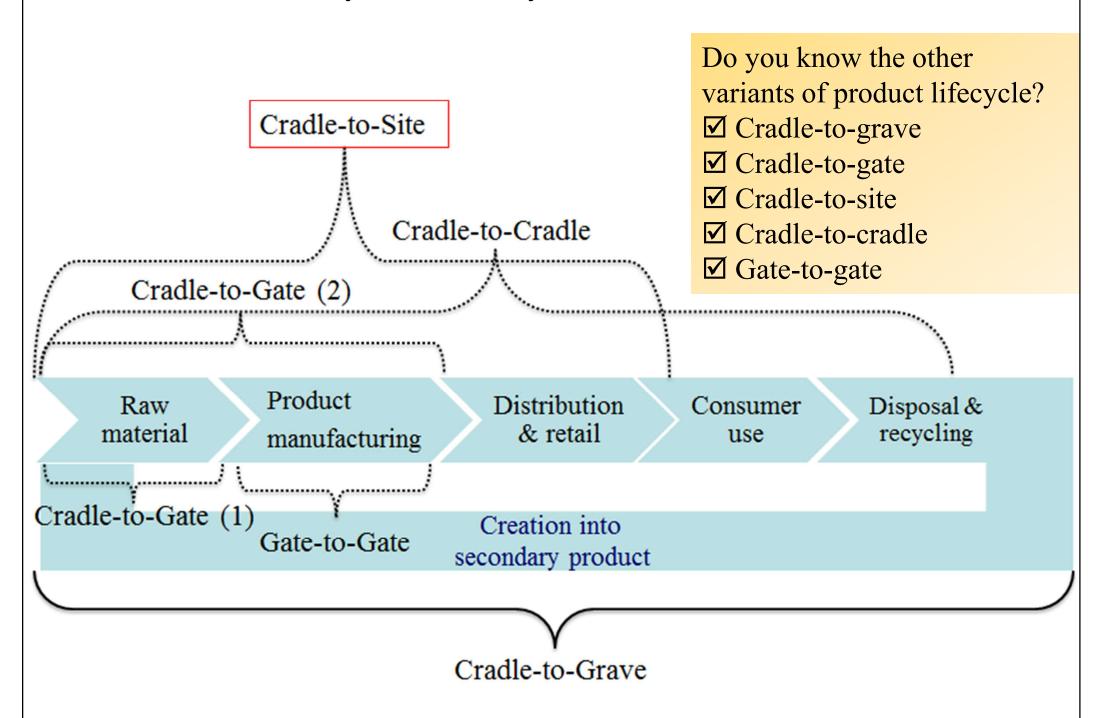


(Source: Athena Sustainable Materials Institute http://www.athenasmi.org)

'Cradle to Gate' (4 stages) and 'Cradle to Grave' (6 stages)



Life cycle boundary and variants of LCA



(Image source: Life Cycle Boundary http://cejcheng.people.ust.hk/ec/methodologyLCB.html)

Different options of life cycle assessment

Cradle-to-Grave

- Full LCA
- From Manufacture
- To Use
- To Disposal

Cradle-to-Gate

- Partial Product Life-Cycle
- From manufacture
- To Factory

Cradle-to-Cradle

- Specific Type of Cradle to Cradle
- End of Life disposal is a recycling process

Gate-to-Gate

- Partial LCA
- Looks at only one valueadded process

(Source: AIA Guide to Building Life Cycle Assessment in Practice)





- Objectives of LCA
 - To provide a complete a picture as possible of the interactions of an activity with the environment
 - To contribute to the understanding of the overall and interdependent nature of the environmental consequences of human activities
 - To provide decision makers with information which defines the environmental effects of these activities and identifies opportunities for environmental improvements

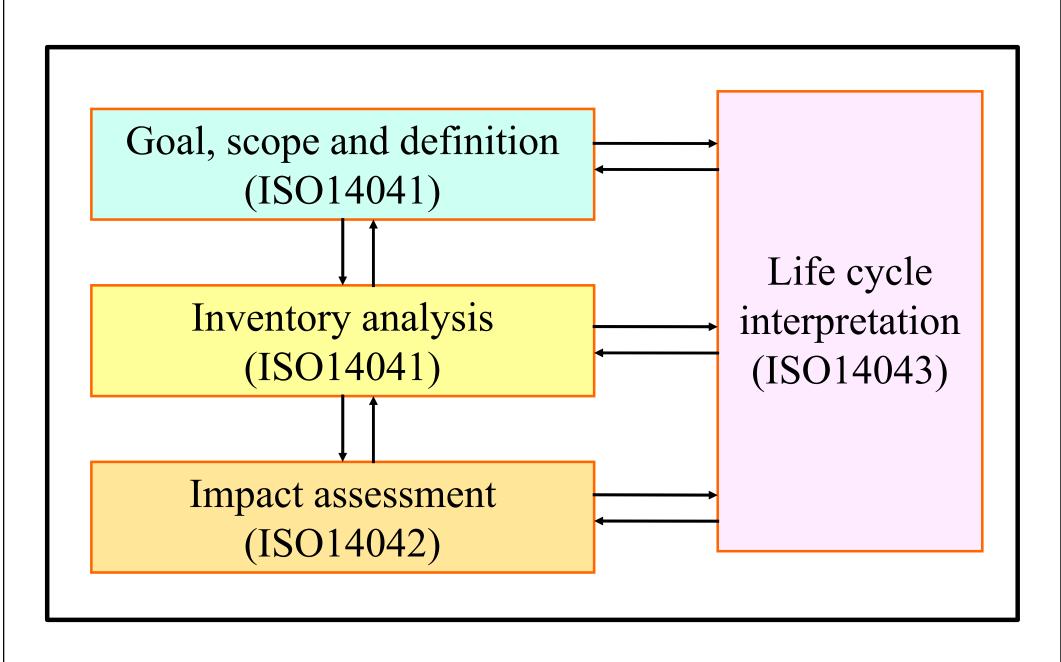


- LCA considers the environmental loadings that can result from the manufacture, use, and disposal of a product
 - It expresses the results in energy units, mass units of pollutants, potential impacts, and other units
- Three major LCA impact assessment phases:
 - (a) Inventory
 - (b) Impact indicators
 - (c) Impact assessment (valuation/weighting)



- The LCA process has four phases:
 - 1) Goal, scope and definition
 - Defines purpose of study, boundaries & functional units
 - 2) Life cycle inventory (LCI)
 - Provides inventory of input/output data
 - 3) Life cycle impact assessment (LCIA)
 - Assess the magnitude and significance of the impacts
 - 4) Life cycle interpretation
 - Provides conclusions and recommendations (areas for improvement)

Life cycle assessment framework - an iterative process (related ISO standard)



(Source: US-EPA & ISO)



- 1) Goal, scope and definition
 - The aim, breadth and depth of the study is established
 - (a) Goal definition
 - Intended application
 - Product development and improvement, strategic planning, public decision making, marketing, etc.
 - Reasons for carrying out the study
 - Intended audience





- 1) Goal, scope and definition (cont'd)
 - (b) Scope definition
 - Function, functional unit and reference flow
 - Comparison on the basis of an equivalent function
 - Example: 1000 liters of milk packed in glass bottles or packed in carton, instead of 1 glass bottle versus 1 carton
 - Initial choices of system boundaries, data quality, etc.
 - Critical review and other procedural aspects
 - To ensure consistency, scientific validity, transparency, etc.
 - Internal review, external review, review by interested parties
 - Procedural embedding: LCA as a (participatory) process



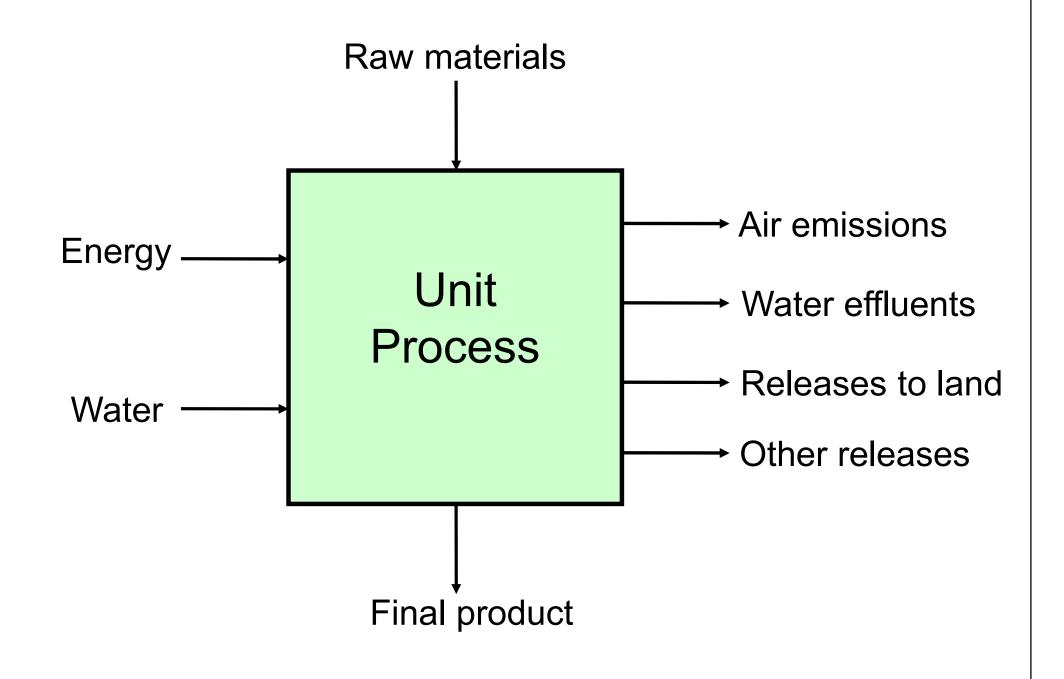




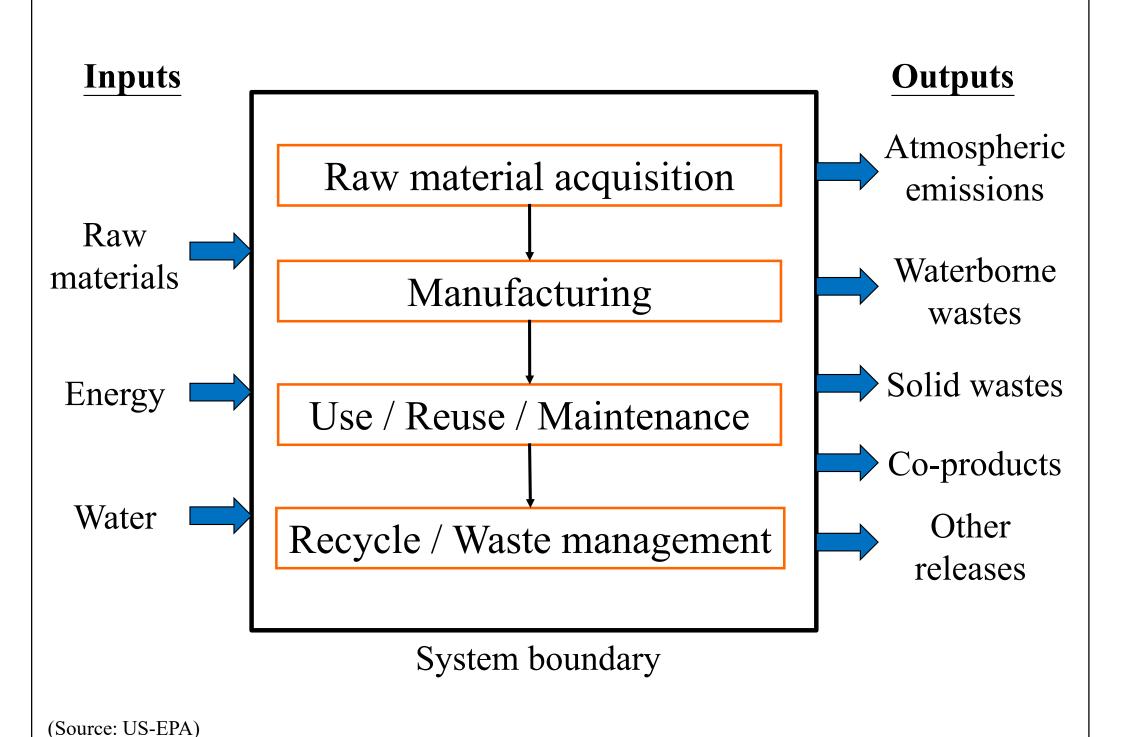
- 2) Life cycle inventory (LCI)
 - Compilation and quantification of inputs and outputs, for a given product system throughout its life cycle
 - Steps:
 - Preparing for data collection
 - Data collection
 - Calculation procedures
 - Allocation and recycling



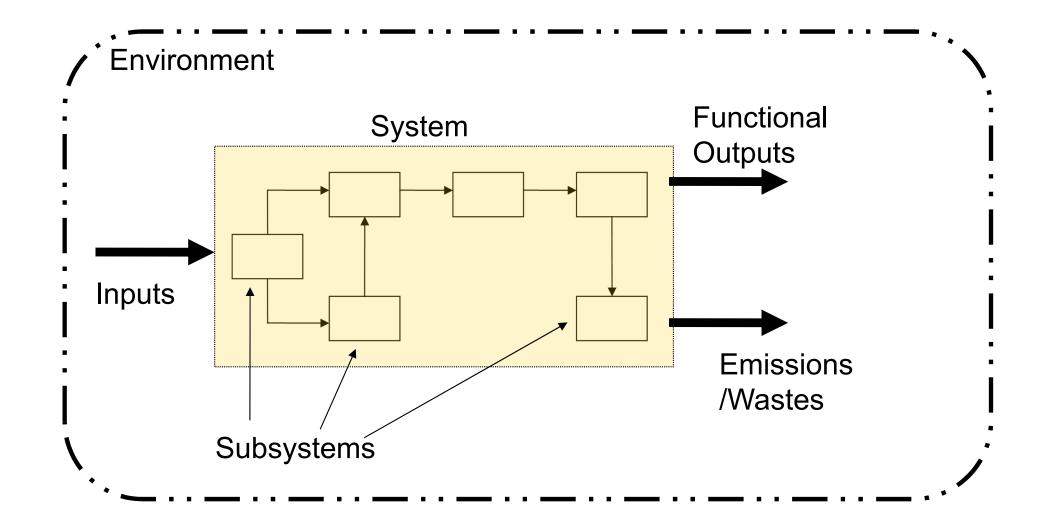
Inventory analysis model for life-cycle assessment



Life cycle stages and system boundary



Life cycle inventory analysis





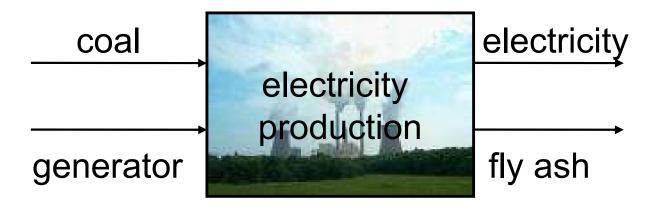


- 2) Life cycle inventory (LCI) (cont'd)
 - Central position for unit process
 - Smallest portion of a product system for which data are collected
 - Typical examples:
 - Electricity production by coal combustion
 - PVC production
 - Use of a passenger car
 - Recycling of aluminum scrap





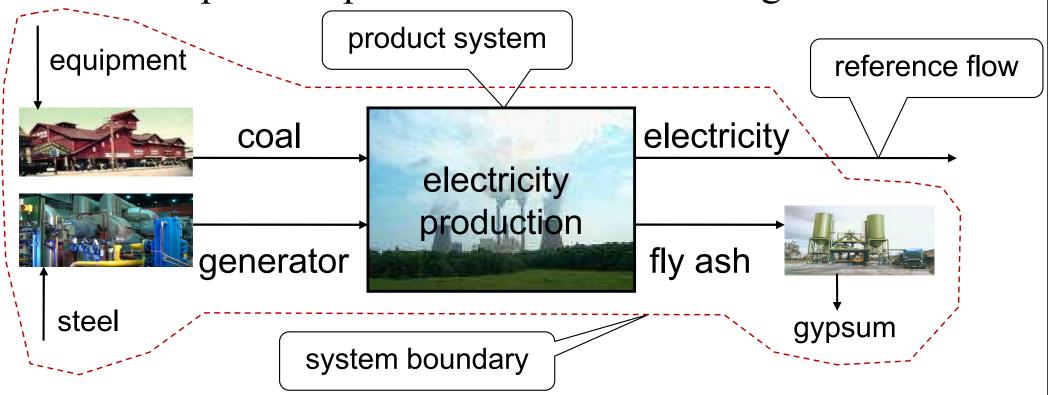
- 2) Life cycle inventory (LCI) (cont'd)
 - Data collection for unit processes:
 - Flows of intermediate products or waste for treatment
 - Elementary flows from or to the environment

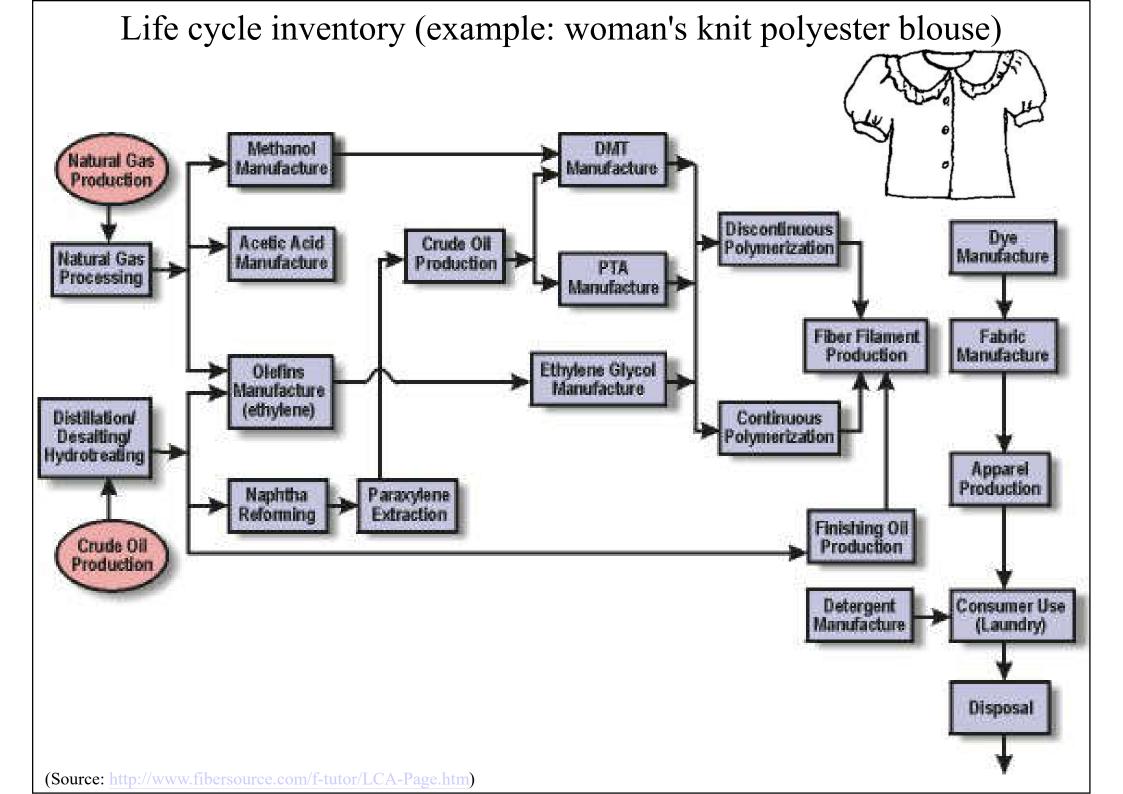






- 2) Life cycle inventory (LCI) (cont'd)
 - Combine unit processes into a product system
 - Graphical representation in a flow diagram









- 2) Life cycle inventory (LCI) (cont'd)
 - Calculation procedures
 - Relate process data to functional unit (matrix algebra)
 - Allocation of multiple processes (multiple outputs, multiple inputs, re-use and recycling)
 - Aggregation over all unit processes in the inventory table



Example: Incandescent and fluorescent lamps





Product property	Incandescent lamp	Fluorescent lamp
power consumption	60 W	18 W
life span	1000 hr	5000 hr
mass	30 g	540 g
mercury content	0 mg	2 mg
etc	•••	•••

(Source: UNEP LCA Training Kit)

Example: Incandescent and fluorescent lamps - Inventory table





Elementary flow	Incandescent lamp	Fluorescent lamp
CO ₂ to air	800000 kg	50000 kg
SO ₂ to air	1000 kg	80 kg
Copper to water	3 g	20 g
Crude oil from earth	37000 kg	22000 kg
etc	•••	•••

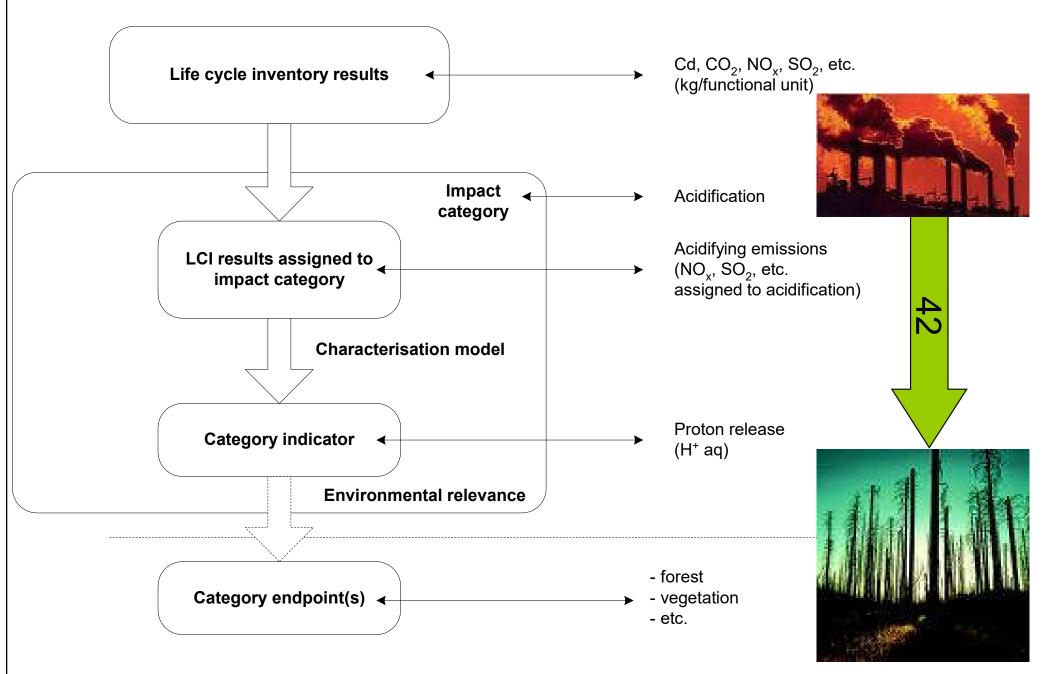
(Source: UNEP LCA Training Kit)



- 3) Life cycle impact assessment (LCIA)
 - Assess the importance of potential environmental effects on the results of the inventory analysis
 - Steps:
 - Selection and definition of impact categories, indicators and models
 - Classification
 - Characterisation
 - Normalisation
 - Aggregation and/or weighing

Life cycle impact assessment (LCIA)





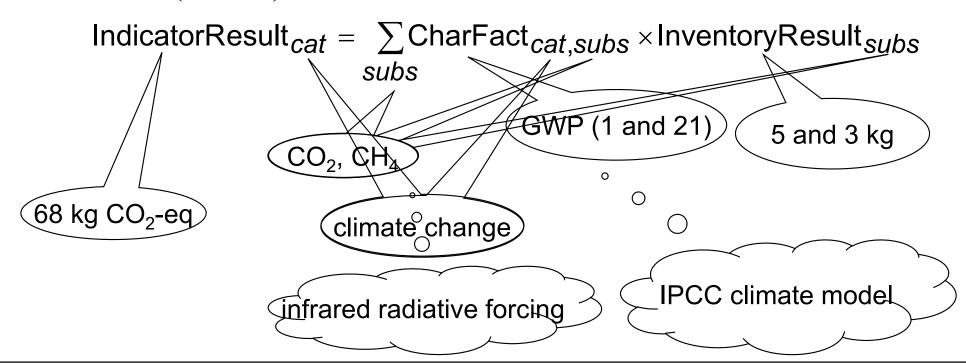
(Source: UNEP LCA Training Kit)



- 3) Life cycle impact assessment (cont'd)
 - Example of a category indicator
 - Global Warming:
 - Global Warming Potential (GWP): measure for Global Warming in terms of radiative forcing of a mass-unit
 - Example calculation:
 - 5 kg CO_2 (GWP = 1) + 3 kg CH_4 (GWP = 21)
 - = 1 x 5 + 21 x 3 kg CO_2 equivalents (= 68 kg CO_2 equivalents)



- 3) Life cycle impact assessment (cont'd)
 - Characterisation:
 - Simple conversion and aggregation of greenhouse gas (GHGs):



Impact categories, characterisation methods and characterisation models: some baseline examples

impact category	category indicator	characterisation model	characterisation factor
abiotic depletion	ultimate reserve irt annual use	Guinee & Heijungs 95	ADP
climate change	infrared radiative forcing	IPCC model	GWP
stratospheric ozone depletion	strat. ozone breakdown	WMO model	ODP
human toxicity	PDI/ADI	Multimedia model, e.g. EUSES, CalTox	HTP
ecotoxicity (aquatic, terrestrial etc.)	PEC/PNEC	Multimedia model, e.g. EUSES, CalTox	AETP, TETP, etc.
photo-oxidant formation	trop. ozone formation	UNECE Trajectory model	POCP
acidification	deposition/ac.critical load	RAINS	AP
•••	•••	•••	

(Source: UNEP LCA Training Kit)

Example: Incandescent and fluorescent lamps – impact assessment





Impact category	Incandescent lamp	Fluorescent lamp
Climate change	120000 kg CO ₂ -eq	40000 kg CO ₂ -eq
Ecotoxicity	320 kg DCB-eq	440 kg DCB-eq
Acidification	45 kg SO ₂ -eq	21 kg SO ₂ -eq
Depletion of resources	0.8 kg antinomy-eq	0.3 kg antinomy-eq
etc	•••	•••

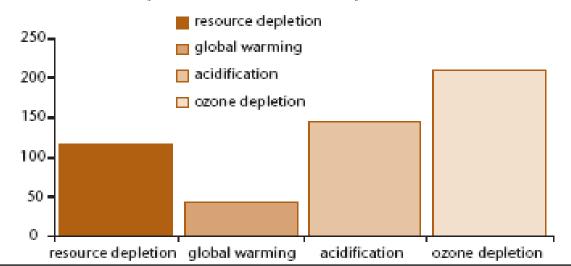
(Source: UNEP LCA Training Kit)





- 3) Life cycle impact assessment (cont'd)
 - The final result of the characterisation step is a list of potential environmental impacts
 - This list of effect scores, one for each category, is called the *environmental profile*

Environmental profile of the whole life cycle







- 3) Life cycle impact assessment (cont'd)
 - Impact category results still difficult to understand:
 - Difference in units
 - Difference in scale
 - Normalisation step to relate the results to a reference value
 - e.g., total world impacts in 2002
 - Result often referred to as the normalised environmental profile

Example: Incandescent and fluorescent lamps – impact assessment (with normalisation to a reference value)





Impact category	Incandescent lamp	Fluorescent lamp
Climate change	1.2×10 ⁻¹¹ yr	4×10 ⁻¹² yr
Ecotoxicity	1.6×10 ⁻¹⁰ yr	2.2×10 ⁻¹⁰ yr
Acidification	9×10 ⁻¹¹ yr	4.2×10 ⁻¹¹ yr
Depletion of resources	24×10 ⁻¹² yr	9×10 ⁻¹³ yr
etc	•••	•••

(Source: UNEP LCA Training Kit)

LCA process

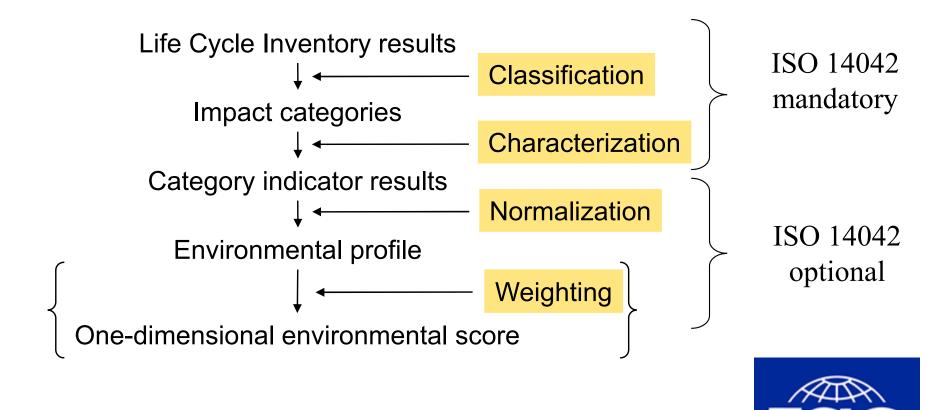


- 3) Life cycle impact assessment (cont'd)
 - Even after normalisation no clear answer
 - Aggregation of (normalized) impact category results into a single index
 - Subjective weighting factors needed
 - Example of a weighted environmental index:

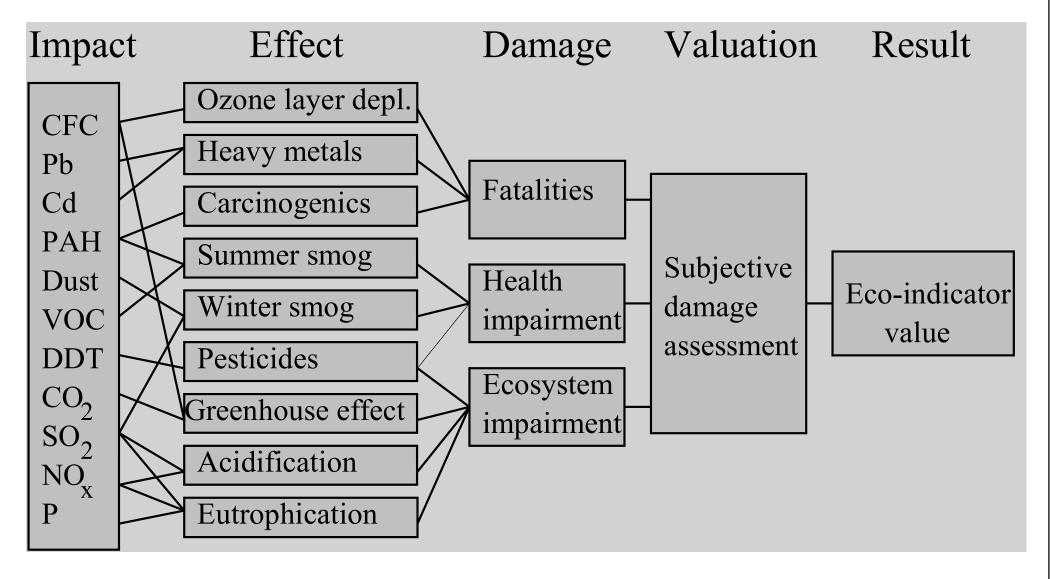
Weighed index	Incandescent lamp	Fluorescent lamp
Weighted index	8.5×10 ⁻¹⁰ yr	1.4×10 ⁻¹⁰ yr

Life cycle impact assessment

The impact assessment focuses on characterizing the type and severity of environmental impact more specifically



Schematic representation of the Eco-indicator weighting method



Examples of Eco-indicator weighting methods:

•Eco-indicator 99, Eco-indicator 95, MIPS, Ecopoints, EDIP\UMIP, EDIP\UMIP 96, EPS 2000, Economic Input Output

LCA process



- 4) Life cycle interpretation
 - Evaluate and interpret results and generate report for decision making
 - Key steps to interpret the results of the LCA
 - 1. Identification of the significant issues based on the LCI and LCIA
 - 2. Evaluation which considers:
 - Completeness check
 - Sensitivity check
 - Consistency check
 - 3. Conclusions, recommendations, and reporting

LCA process



- 4) Life cycle interpretation (cont'd)
 - Identifies areas for improvement within a system
 - Reliant on the user noticing not only areas which have significant environmental effects but also those with smaller effects where changes could be made easily
 - Conclusions, recommendations, analysis, all related to goal and scope of the research
 - Among others based on data quality and sensitivity analysis
 - Also: critical review by independent experts

Example of a contribution analysis





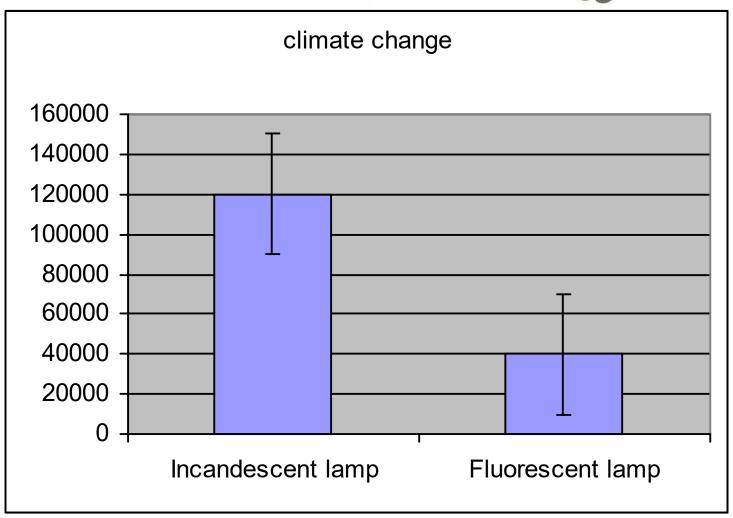
Process	Incandescent lamp	Fluorescent lamp
Electricity production	88%	60%
Copper production	5%	15%
Waste disposal	2%	10%
Other	5%	15%
Total climate change	120000 kg CO ₂ -eq	40000 kg CO ₂ -eq

(Source: UNEP LCA Training Kit)

Example of an uncertainty analysis





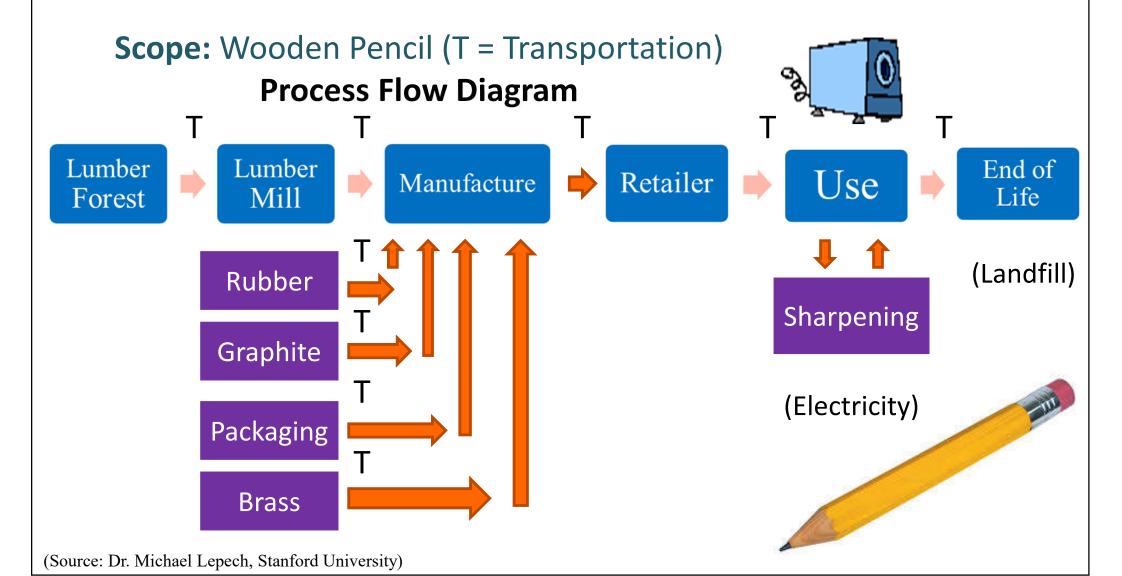


(Source: UNEP LCA Training Kit)



Example of life cycle assessment: Wooden Pencil vs. Mechanical Pencil

Goal = Compare 2 writing utensils for classroom use.

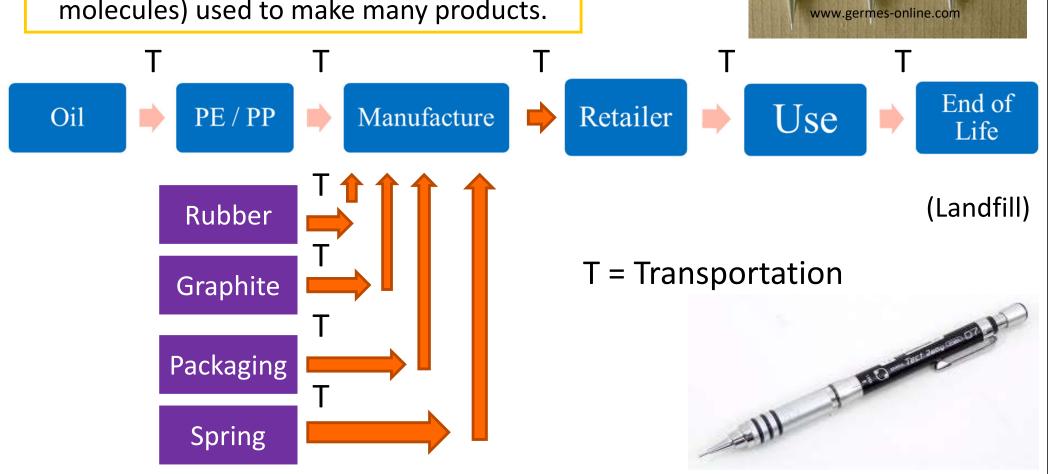


Scope: Mechanical Pencil

PE = Polyethylene

PP = Polypropylene

Both materials are **plastic polymers** (large molecules) used to make many products.





Function & Functional Unit

Function

- Service provided by a system
- What it does!

Functional Unit

- Gives the function a number value
- Allows comparison between products
- Reference point

Example

Wooden Pencil vs. Mechanical Pencil

- Function = "Writing"
- Functional Unit = "1 meter of writing"



Items To Consider??

Inputs

What is needed to make the substance!

- 1. Energy
- 2. Materials
- 3. Labor



Outputs

What comes out of the system!

- 1. Products (electricity, materials, goods, services)
- 2. Waste
- 3. Emissions
- 4. Co-products



Data Collection

Life Cycle Inventory Analysis

- 1. Time-sensitive = past 5 years
- 2. Geographical = does it match the location from the goal
- 3. Technology = best available technology for process
- 4. Representativeness = reflects population of interest
- 5. Consistency = matches the procedure
- 6. Reproducibility = another person could find it



Precision:

The consistent reproducibility of a measurement

Completeness:

Covers all the areas outlined in the scope

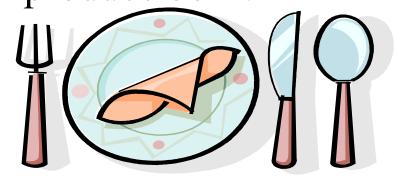




LCA in Action: Think About It!

Paper Plate vs. China (Plate You Wash & Reuse)

- ✓ What is the function?
- ✓ What is the functional unit?
- ✓ What materials & resources are used?
- ✓ What does it take to produce both?



- ✓ What are the impacts to the environment?
- ✓ Is there waste?
- Does washing the China produce waste?
- ✓ What types of data do you need?
- ✓ How do you know which is better?



Data Analysis

Environmental Impact Categories

Global Warming Potential

- Gases in the atmosphere that absorb and emit radiation
- Trap heat from the sun
- Water vapor, CO₂, CH₄
 , ozone, NO₂



Abiotic Depletion

 Consumption of nonliving resources

Human Toxicity Potential

 Value that shows harms to humans from chemicals

Land Use

 How much land is needed



Environmental Impact Categories

Continued

Eutrophication

- Increase in chemical nutrients containing nitrogen or phosphorus
- land or water
- overgrowth of plants
- killing organisms at bottom of water

Water Use Mercury

Acidification

- caused by pollution from fuels & acid rain
- low pH

Smog (Winter or Summer)



Energy Use Solid Waste Oil

...AND MANY MORE!!

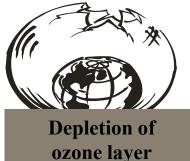
Global Impact Categories



- Source: Use of copper, zinc, oil etc.
- **Effect**: Reduction of possibilities for future generations



- **Source:** Combustion (transport, energy etc.)
- **Effect:** Increase in temperature, desert formation etc.



- Source: CFC and HCFC from foam and coolants
- Effect: UV radiation, skin cancer etc.

Regional Impact Categories



Source: Transport, energy, industry (Hydrocarbons etc.)

Effect: Ozone formation (Damage of lung tissue etc.)



Source: Transport, energy, agriculture

• Effect: Damage to woodlands, lakes and buildings (SOx, NOx, NH3)



• **Source:** Fertilisers, waste water, transport and energy

• **Effect**: Eutrophication (Damage to plants and fish)

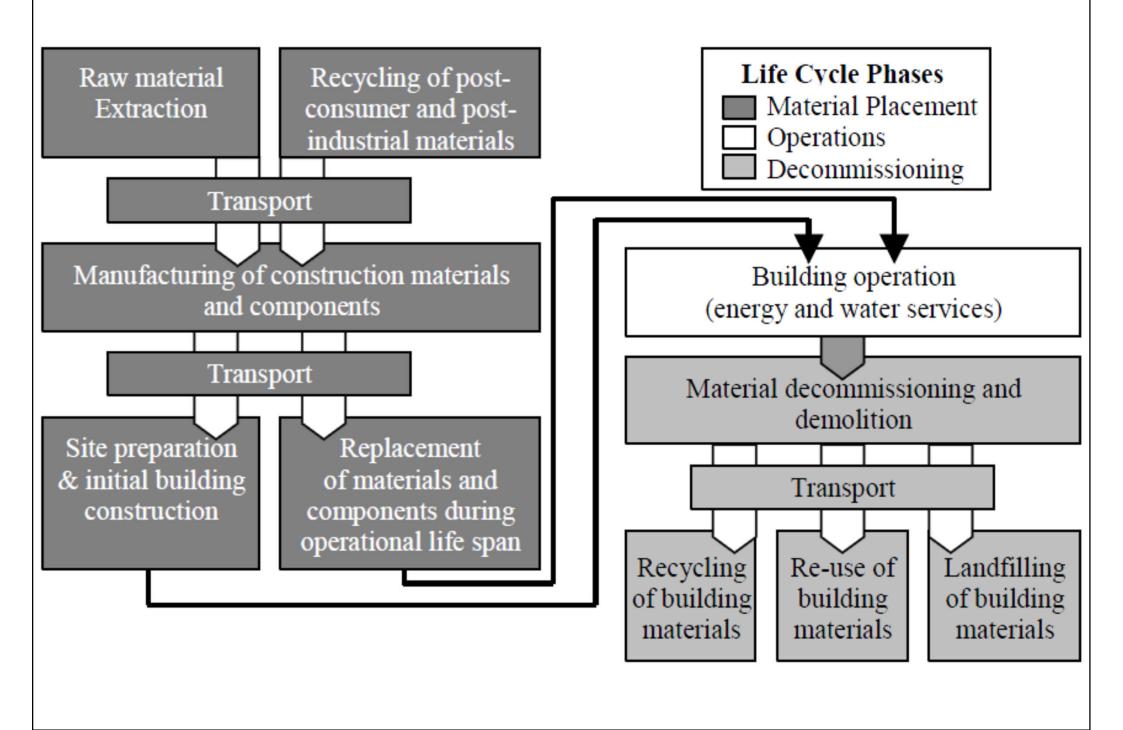


• Source: Waste water, incineration, industry, ships etc.

• Effect: Accumulation: Chronic damage to ecosystems and organisms

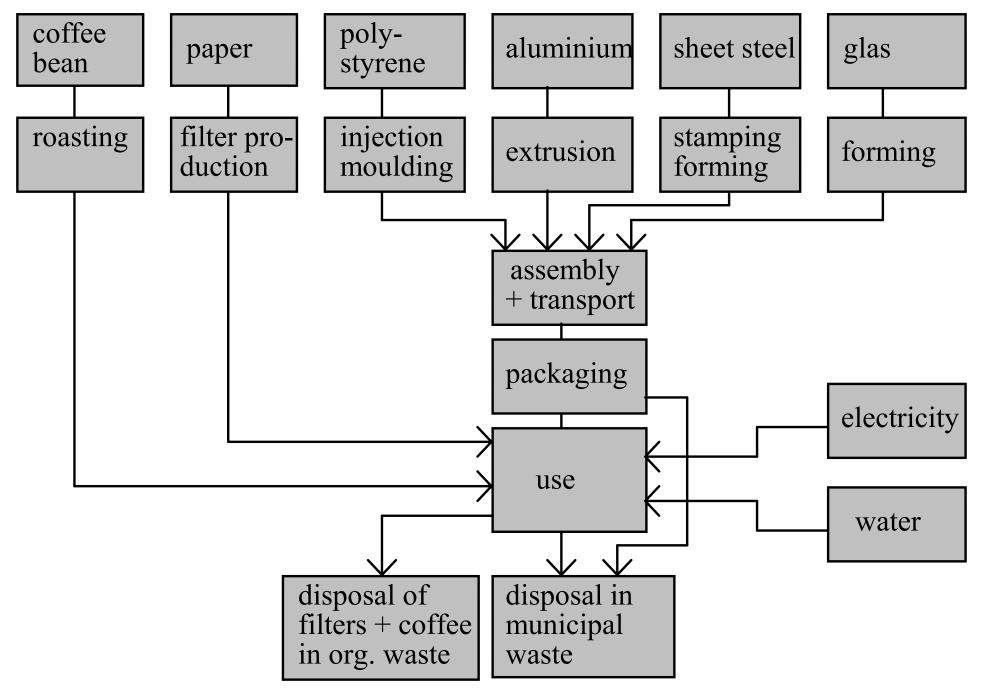
(Source: Loughborough University)

Life cycle phase diagram

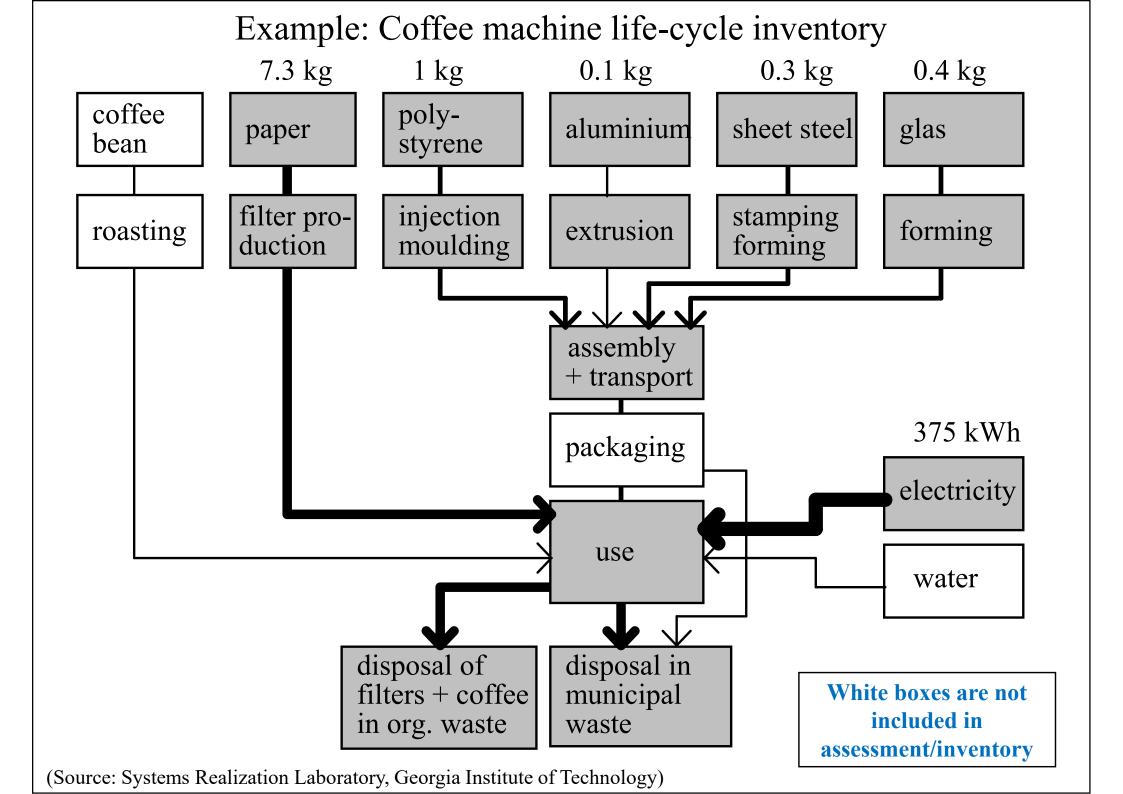


LCA example – concrete paving flow chart Coarse Fine Portland Fly Ash Aggregate Aggregate Cement Transport Production Production Production Stone Base Concrete Production Process Transportation analysis (truck) 80-322-483 km sensitivity (50-200-300 mi) Installation -Waste ---

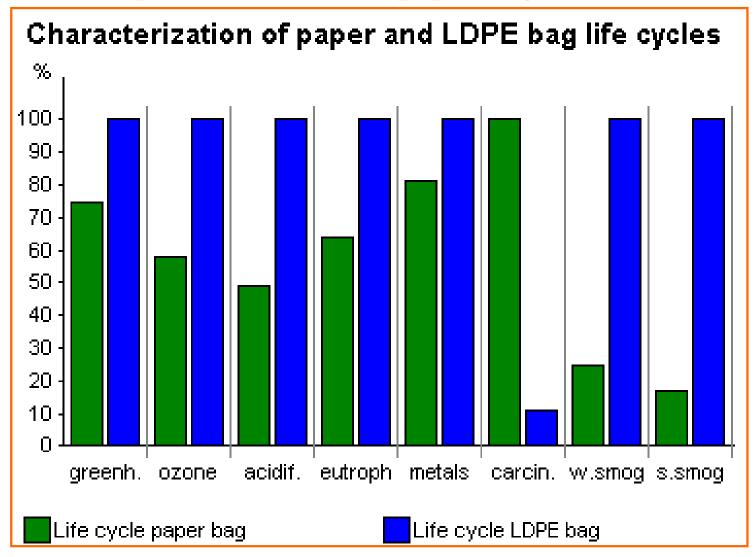
Example: Simplified process tree for a coffee machine's life-cycle



(Source: Systems Realization Laboratory, Georgia Institute of Technology)



Example: Plastic versus paper bag classification



- The paper bag causes more winter smog and acidification, but scores better on the other environmental effects.
- The classification does not reveal which is the better bag. What is missing is the mutual weighting of the effects.

(Source: Systems Realization Laboratory, Georgia Institute of Technology)

Energy efficiency standards focus on just 24% of the total CO₂



Other Operational Energy 19% Reconstruction

Embodied

eTool

Carbon: 35%



2%

Materials Manufacturing: 23%





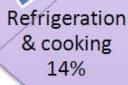
Heating & Carbon Emissions of Materials Aircon: 23%







Operational Carbon: 65 %





Hot Water



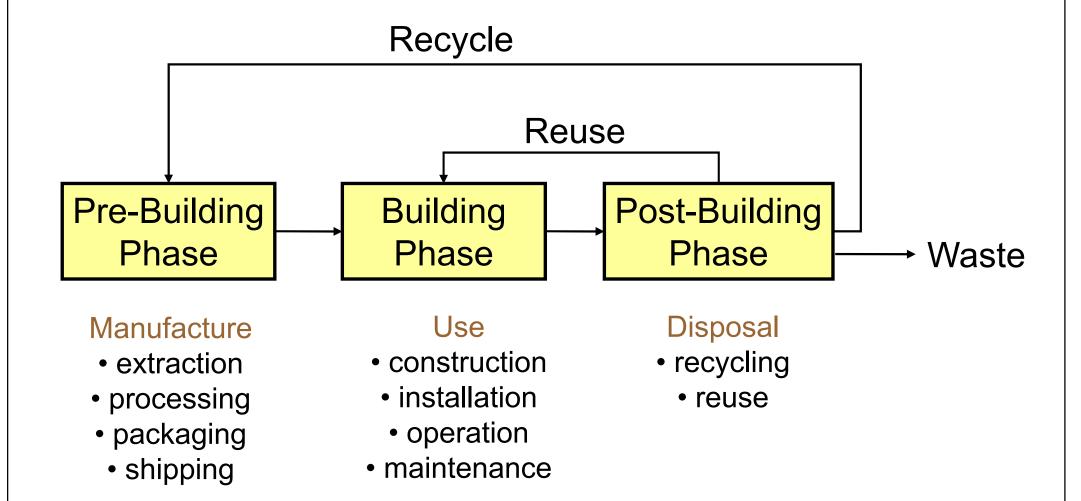






(Source: http://etool.net.au)

Three phases of building material life cycle



Evaluation methods



- Pre-building phase
 - Materials acquisition & preparation
 - Land degradation & depletion of resources
 - Manufacturing & fabrication
 - Energy & water use
 - Fugitive emissions
 - Water pollution
 - Distribution & transport
 - Fuel use & air pollution

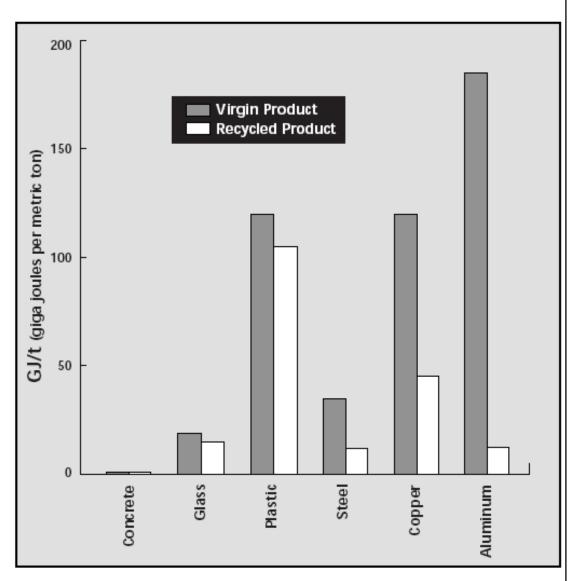




Energy efficiency by mode of transport

Embodied energy of virgin and recycled products

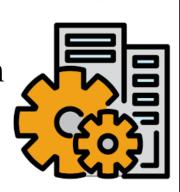
	kJ/tonne-km
Truck	2,128
Railroad	248
Barge (on river)	287
Ship	123



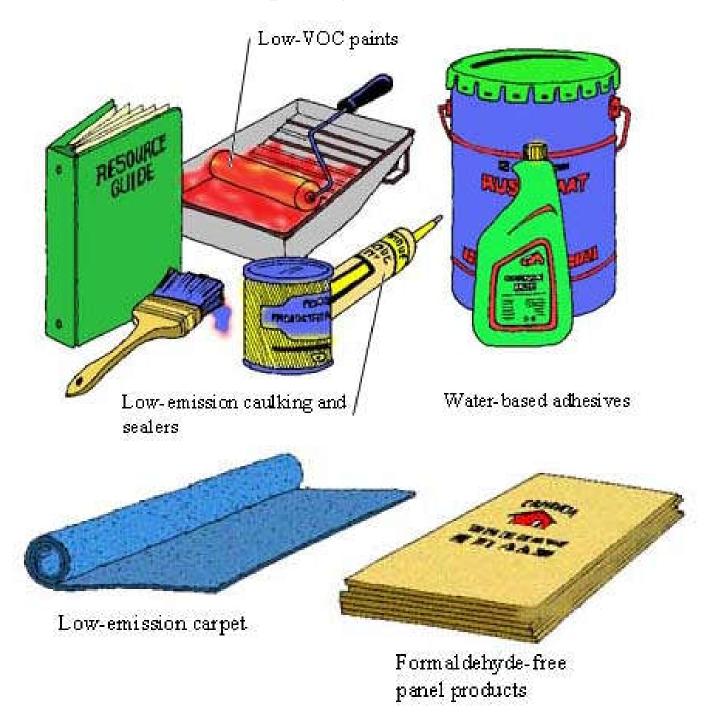
Evaluation methods



- Building phase
 - Construction & installation on site
 - Noise, waste & pollutants from construction site
 - Maintenance & repair
 - Energy & water use
 - Maintenance & operation requirements
 - Use & operation of the building
 - Effects on indoor air quality & occupants' health



Enhance indoor air quality and minimise health effects



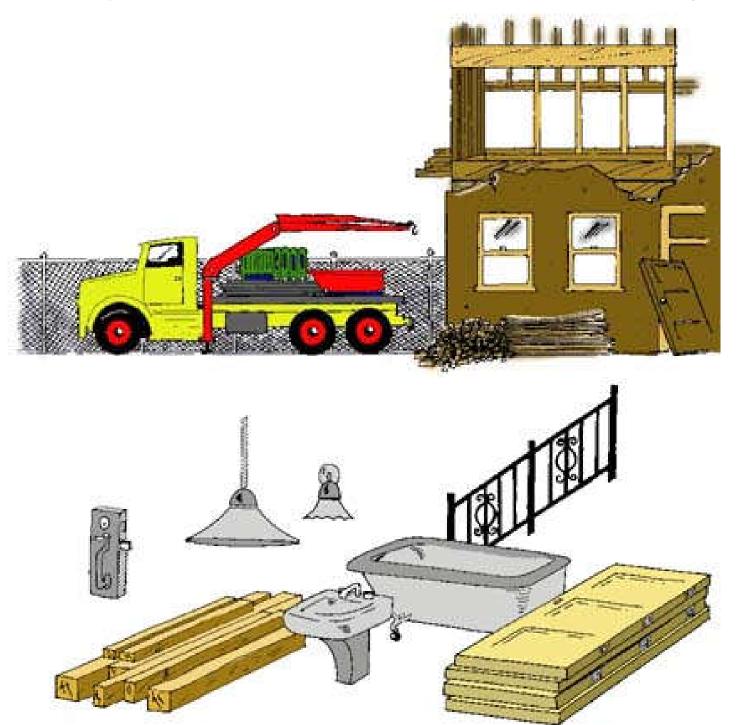
Evaluation methods



- Post-building phase
 - Demolition
 - Noise, air & water pollution during demolition
 - Disposal
 - Need for transportation, landfil, etc. for the waste
 - Reuse or recycling
 - Energy & water use
- "De-construction"
 - Building disassembly & materials salvage



Separate recyclables from demolition and reuse salvaged materials



Evaluation methods



- Criteria in material selection:
 - Resource quantity (use less & more efficiently)
 - Reused materials (salvaged & reused)
 - Recycled content (post- & pre-consumer waste)
 - Renewable materials (e.g. sustainable forestry)
 - Local content and reduced transportation
 - Life-cycle cost & maintenance requirements
 - Resource recovery & recycling
 - Effects on health & indoor air quality





- Important considerations
 - Not just replace one material by another
 - Need to consider how the material is used
 - May require cultural change in design and in using the new materials
- Product to service shift
 - Product as a Service (PaaS)
 - e.g. carpeting service (by Interface, Inc.)
 - Supplier to reuse or recycle the materials







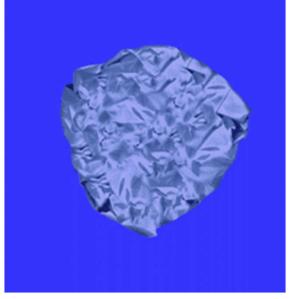
- Evaluate building materials
 - Collect as much information as possible
 - Make judgements & assumptions if needed
- Basic questions
 - What is in them?
 - How they are made?
 - Where they come from?
 - How they perform in the building?
 - What happens to them afterwards?



廢物 - 在錯了地方的資源 "Waste - a resource in the wrong place" -- An old Chinese proverb.









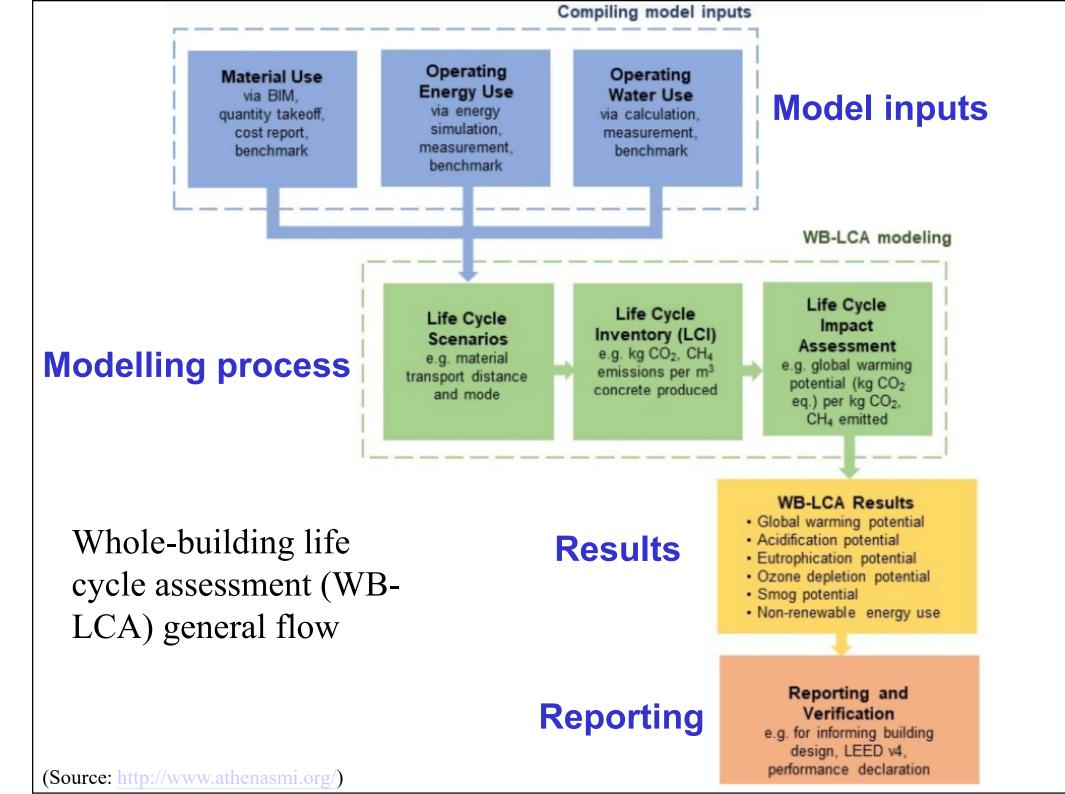
Purchase price & transportation costs of materials



Cost of storage, transport & disposal of waste



Loss of income from not salvaging waste materials







- Examples of LCA analysis software tools
 - ATHENA Impact Estimator and EcoCalculator (Canada) http://www.athenasmi.org/
 - BEES (Building for Environmental and Economic Sustainability) Online version (USA)
 - https://www.nist.gov/services-resources/software/bees
 - GaBi (Germany) https://gabi.sphera.com/
 - SimaPro (The Netherlands)
 - https://pre-sustainability.com/solutions/tools/simapro/





- LCA tools by Athena Sustainable Materials
 Institute http://www.athenasmi.org/
 - Impact Estimator (for buildings)
 - Evaluate whole buildings and assemblies based on LCA methodology
 Athena EcoCalculator for Commercial Assemblies

 Athena EcoCalculator for Residential Assemblies
 - EcoCalculator (for assemblies)
 - Provides instant LCA results for more than 400 common building assemblies
 - LCA inventory databases
 - Such as structural products and envelope products





- Impact Estimator's summary measures format:
 - Embodied primary energy use (consumption)
 - Acidification potential
 - Global warming potential
 - Human health respiratory effects potential
 - Ozone depletion potential
 - Smog potential
 - Aquatic eutrophication potential
 - Weighted resource use





- Impact Estimator's absolute values format:
 - Energy
 - Air emissions
 - Water emissions
 - Land emissions
 - Resource use
- Further information:
 - Impact Estimator for Buildings Tutorial
 - https://calculatelca.com/resources/watch-tutorials/



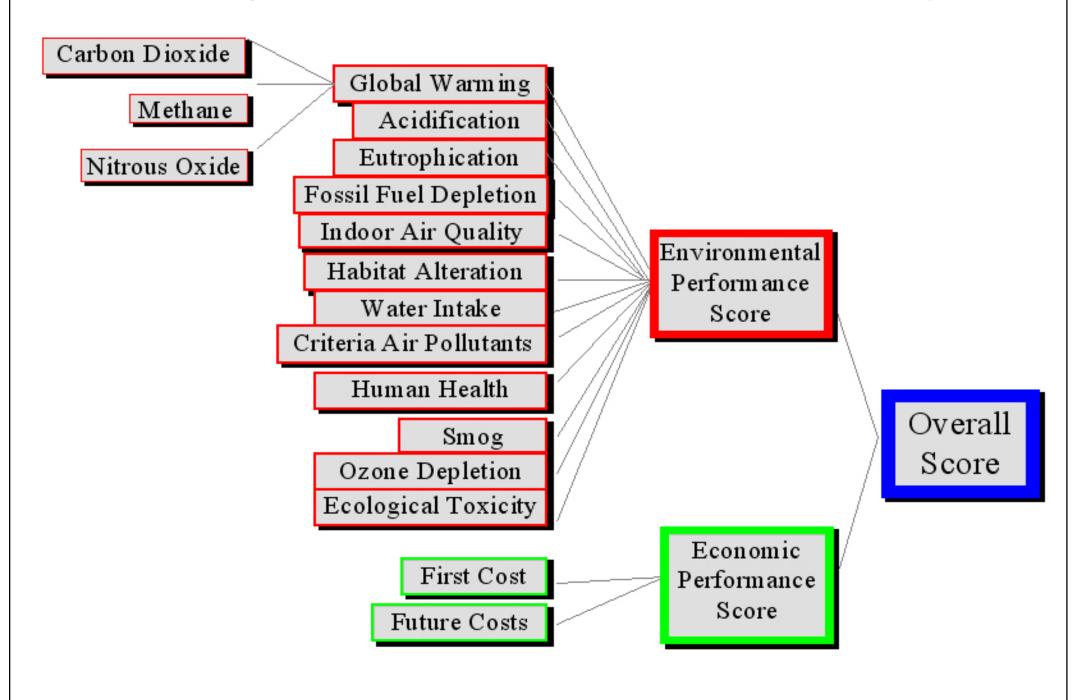


• BEES (Building for Environmental and Economic Sustainability) (USA)



- https://www.nist.gov/services-resources/software/bees
- Developed by Building and Fire Research Laboratory of the National Institute of Standards and Technology (NIST)
- For measuring the life-cycle environmental and economic performance of building products
- BEES Online version is available now

BEES (Building for Environmental and Economic Sustainability) Model



(Source: https://www.nist.gov/services-resources/software/bees)



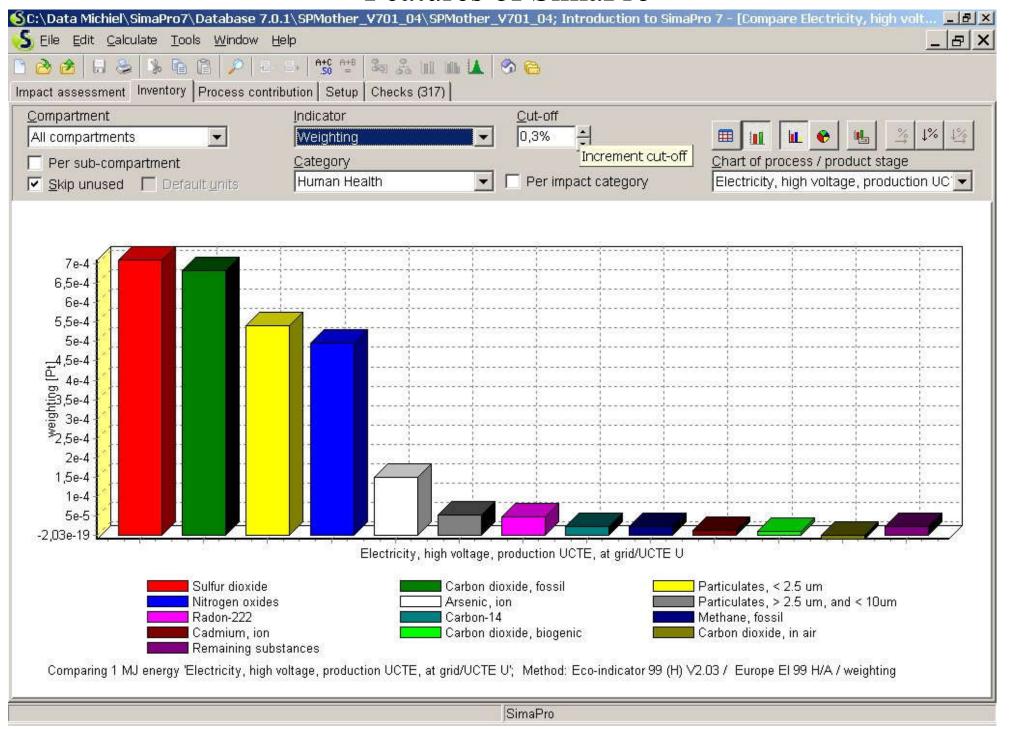


- SimaPro LCA software (by PRé Consultants)
 - https://simapro.com/



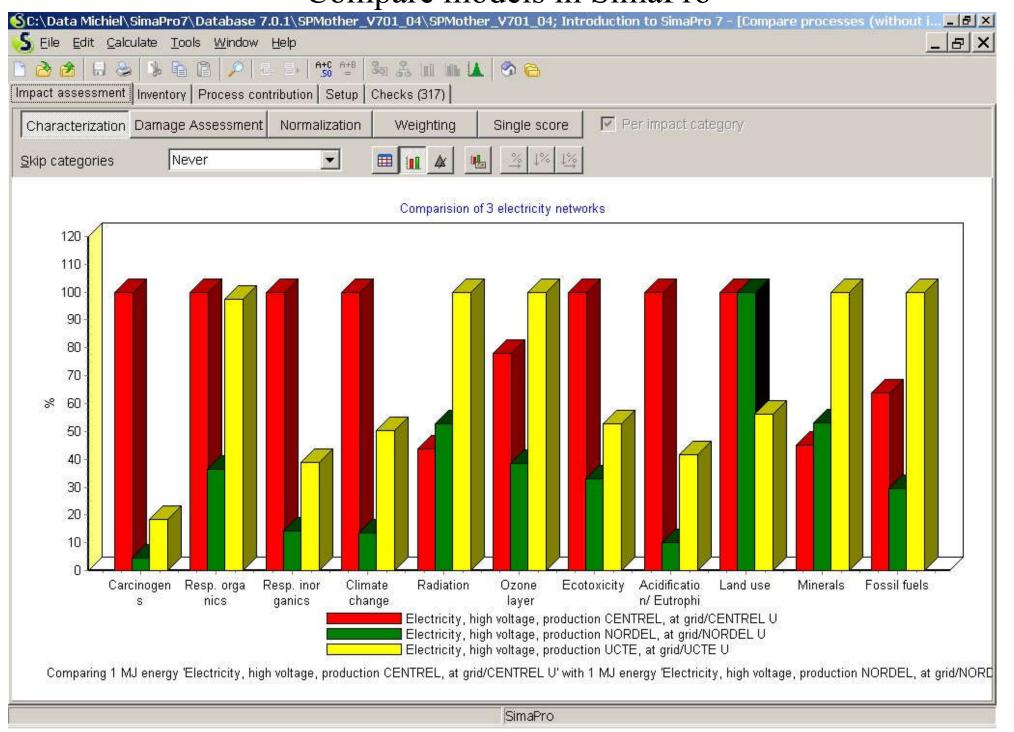
- https://presustainability.com/solutions/tools/simapro/
- Tool to collect, analyze and monitor the environmental performance of products, processes and services
- Follow the ISO 14040 series recommendations
- SimaPro inventory databases

Features of SimaPro



(Source: www.pre.nl/simapro/)

Compare models in SimaPro



(Source: www.pre.nl/simapro/)



- Difficulties in LCA
 - Data quality and quantity is often not sufficient for a comprehensive LCA
 - A possible consequence of discrepancies in the data is that two independent studies analysing the same products may generate very different results. Ostensibly comparable LCA's may therefore be incomparable
 - Differing data used in the characterisation stage may mean that LCAs are incomparable
 - Use of alternative methodologies for the impact assessment stage can yield different results



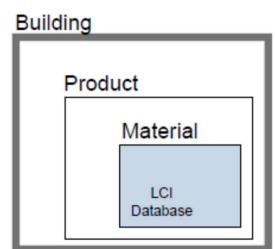
- LCA has attracted some criticisms
 - A lack of standardised information
 - Excessive detail that may be difficult to follow
 - Confusing the issues of human health with those of the environment (human- and eco-toxicity)
 - Weightings are lacking transparency and being subjective
 - It does not allow the findings of different studies to be compared easily



- Problems of LCA:
 - The cost is high, since collecting appropriate data is time consuming
 - Where there are gaps in the data, assumptions have to be made
 - It only provides a snapshot view based on data at the time of collection
 - It does not integrate environmental impact with the social and economic aspects of sustainability



- LCA as a source of strategic insight for quantifying impacts and see if we can improve
- Must ensure the LCA methodology used is understood and clear (transparency)
- Options for incorporating LCA in green building design:
 - 1. Product or material level
 - 2. Assembly level
 - 3. Whole building level







- AIA, 2010. AIA Guide to Building Life Cycle Assessment in Practice, American Institute of Architects (AIA), Washington, DC.
 - https://www.aia.org/resources/7961-building-life-cycle-assessment-in-practice
- LCA (Life Cycle Assessment) Training Kit Material https://www.lifecycleinitiative.org/resources/training/lca-lifecycle-assessment-training-kit-material/
- Life Cycle Assessment (LCA) Complete Beginner's Guide https://ecochain.com/knowledge/life-cycle-assessment-lca-guide/