MEBS6020 Sustainable Building Design

http://ibse.hk/MEBS6020/





Introduction



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續 設 計





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 - Adjunct Assistant Professor 客席助理教授, HKU Dept of Mech Engg
 - PhD, BEng(Hons), CEng, CEM, BEMP, HBDP, MASHRAE, MCIBSE, MHKIE, MIESNA, LifeMAEE, AssocAIA
 - CEng = Chartered Engineer
 - CEM = Certified Energy Manager
 - BEMP = Building Energy Modeling Professional
 - HBDP = High-performance Building Design Professional
 - LifeMAEE = Life Member, Association of Energy Engineers
 - AssocAIA = Associate Member, American Institute of Architects
 - ASHRAE Distinguished Lecturer (2009-2011)
 - President, ASHRAE Hong Kong Chapter (2006-2007)



Contents



- Course background
- Green/sustainable building
- Green building trends
- Sustainability
- Hong Kong situation



Course background



- MEBS6020 Sustainable Building Design
 - Educational Objectives
 - To <u>introduce</u> the key concepts and important issues of sustainable buildings
 - To <u>develop</u> practical skills for planning and designing sustainable building projects
 - Assessment:
 - Examination (60%)
 - Continuous Assessment (40%)
 - Two assignments



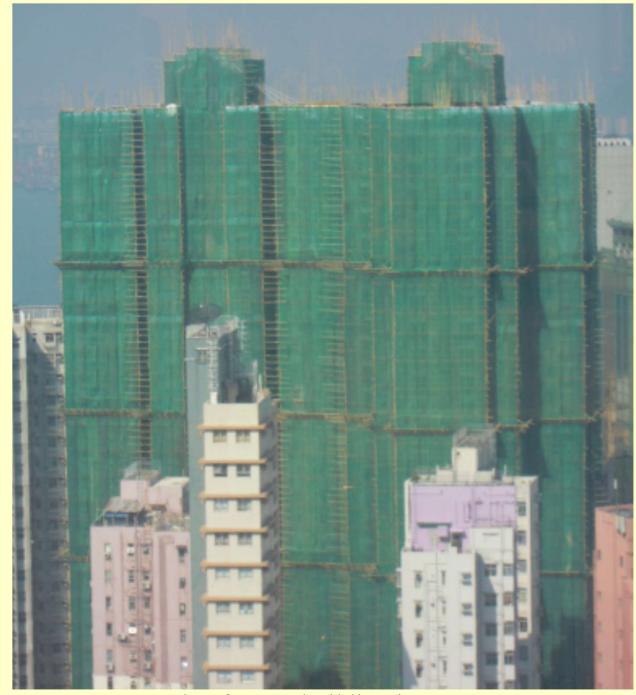


- MEBS6020 Sustainable Building Design
 - Learning Outcomes:
 - <u>Describe</u> and <u>apply</u> the key concepts and design strategies to develop sustainable buildings
 - <u>Understand</u> the important issues and major considerations for planning and assessing sustainable buildings
 - <u>Develop</u> practical knowledge and information to study and implement sustainable building projects





- Study topics of MEBS6020:
 - 1. Introduction
 - 2. Sustainable Building Concepts (Part 1 & 2)
 - 3. Sustainable Masterplanning (Part 1 & 2)
 - 4. Energy and Environmental Design (Part 1 & 2)
 - 5. Green Building Assessment (Part 1 & 2)
 - 6. Analysis Methods and Tools (Part 1 & 2)
 - 7. Practical Examples



An example of green building in Hong Kong?!

"What is green building?"



Green building is NOT just adding a green outlook



Building + Green

Toronto

Cologne

Green/sustainable building



- A <u>loosely</u> defined collection of land-use, building design, and construction strategies that reduces the environmental impacts
- The term "green" is extremely wide ranging, encompassing many viewpoints and open to broad interpretation
 - Debate around green building/architecture
 - Complexity of environmental issues





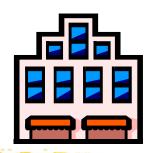
- It involves a *holistic* approach to the design and operation of buildings. It considers:
 - 1) Economy and efficiency of resources
 - 2) Life cycle design
 - 3) Human well-being
- Main objectives
 - Be environmentally friendly and responsible
 - Improve the quality of built environment

Going Green. What is Green Building?



(Source: http://www.radioraiders.com/green-building-movement/)

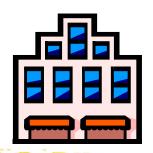




- What is Green Building? [World Green Building Council] https://www.worldgbc.org/what-green-building
 - It is a building that, in its design, construction or operation, reduces or eliminates negative impacts, and can create positive impacts, on our climate and natural environment
 - Green buildings preserve precious natural resources and improve our quality of life
 - Any building can be a green building, whether it's a home, an office, a school, a hospital, a community centre



Green/sustainable building



Green Building defined



- [HKGBC = Hong Kong Green Building Council] https://www.hkgbc.org.hk/eng/about-us/what-is-green-building/
- A practice of <u>reducing the environmental impact</u> of buildings and enhancing the <u>health and wellbeing</u> of building occupants
- Provides a quality living amenity for its users and neighbours in terms of social, environmental and economic aspects while minimising negative environmental impact at the local, regional and global levels throughout its full life cycle





- Definition of Sustainable Building [by an OECD project]
 - Have minimum adverse impacts on the built and natural environment, in terms of the buildings themselves, their immediate surroundings and the broader regional and global setting
 - Apply practices which strive for integral quality (economic, social and environmental performance) in a very broad way

Green/sustainable building



- Green buildings are
 - Energy and resource efficient
 - Non-wasteful and non-polluting
 - Sustainable design that helps minimise broad environmental impacts (e.g. ozone depletion)
 - Highly flexible and adaptable for long-term functionality
 - Easy to operate and maintain (lower running costs)
 - Supportive of the productivity and well-being of the occupants



What factors determine whether a building is sustainable?

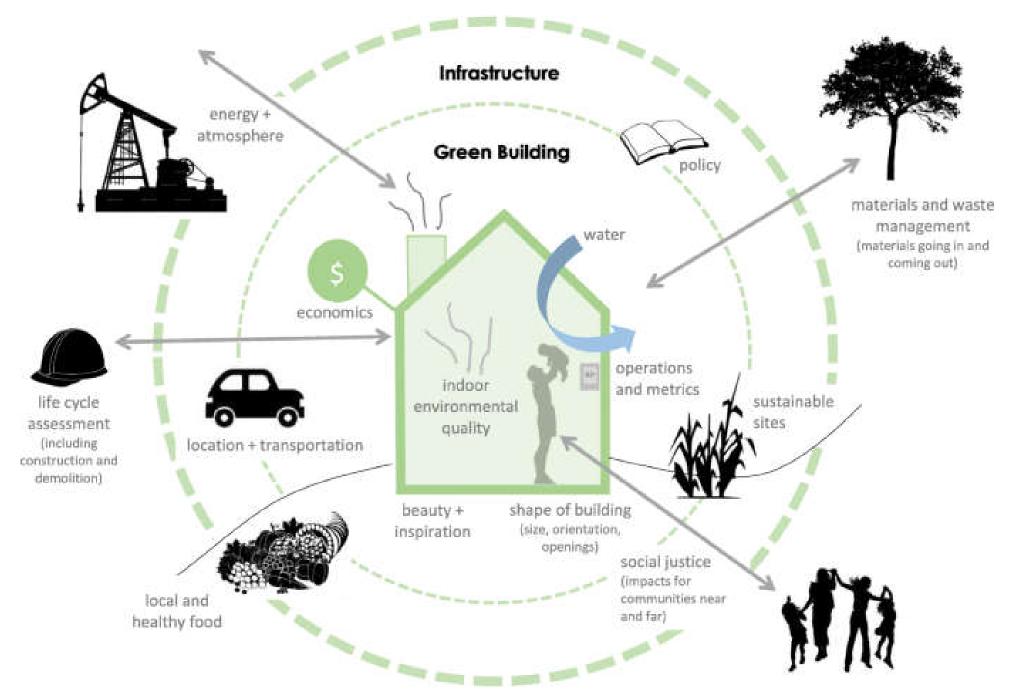




Features which can make a building 'green'

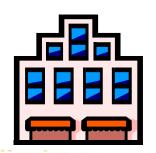
- Efficient use of energy, water & other resources
- Use of renewable energy, e.g. solar energy
- Pollution & waste reduction measures, and the enabling of re-use and recycling
- Good indoor environmental air quality
- Use of materials that are non-toxic, ethical & sustainable
- Consideration of the environment in design, construction
 & operation
- Consideration of the quality of life of occupants in design, construction & operation
- A design that enables adaptation to a changing environment

Factual and conceptual green building knowledge **Ecology**



(Source: https://stemeducationjournal.springeropen.com/articles/10.1186/s40594-019-0171-6)





- Benefits of green buildings:
 - Environmental
 - Use less energy, water & natural resources
 - Reduce greenhouse gas (GHG) emissions
 - Increase biodiversity & address climate change

Economic

- Utility cost savings (energy & water)
- Lower construction costs & higher property value

Social

 Provide better places for people to support heathier, happier & more productive lives

(See also: https://www.worldgbc.org/benefits-green-buildings)

How can we make our buildings green?

1. Taking an intelligent approach to energy

- Minimise energy use & integrate renewable/low-carbon technologies
- 2. Safeguarding water resources
 - Improve water efficiency & management
- 3. Minimising waste & maximising reuse
 - Use durable materials & generate less waste; promote reuse & recycling
- 4. Promoting health & wellbeing
 - Ensure good quality for indoor air, natural light & acoustics
- 5. Keeping our environment green
 - Preserve nature & diverse wildlife; create green spaces
- 6. Creating resilient & flexible structures
 - Adapt to changing climate & design flexible spaces
- 7. Connecting communities & people
 - Connect & enhance communities; improve transport & communication
- 8. Considering all stages of a building's life-cycle
 - Reduce environmental impacts and maximise social & economic value



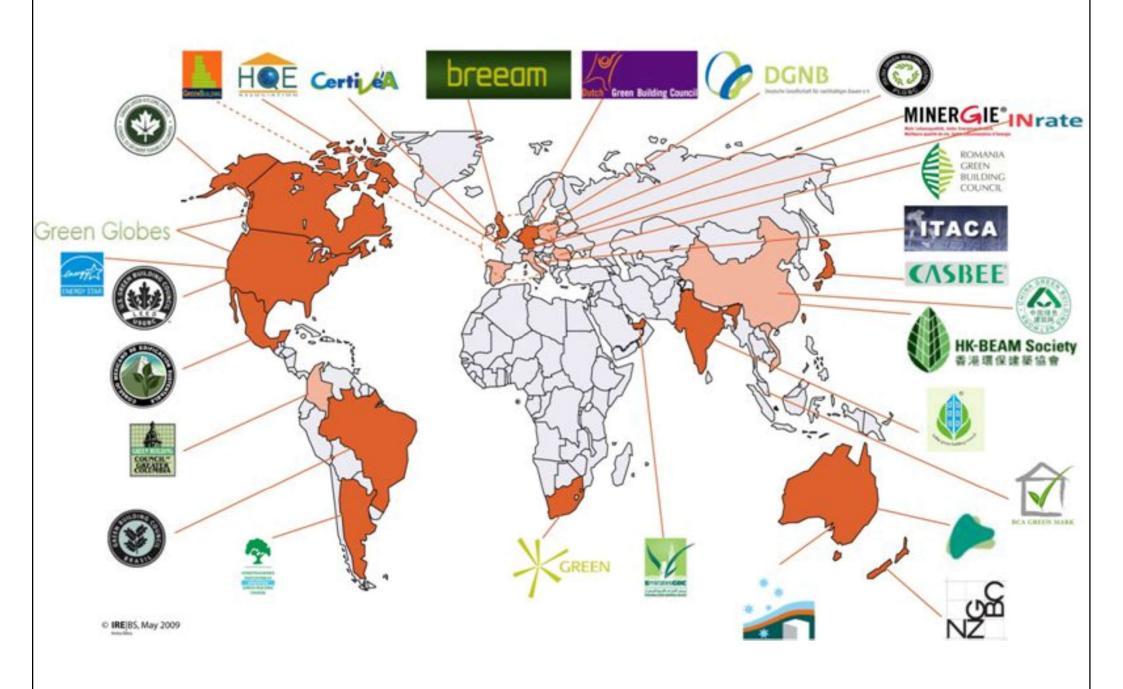
- Worldwide green building movement
 - Establishment of green building councils
 - Green building rating and certification
 - Advancing Net Zero and decarbonisation
- Driving factors:
 - Client demands
 - Environmental regulations
 - Healthier buildings
 - Sustainability







Green building rating and certification in the world



(Source: International Real Estate Business School at the University of Regensburg (IREBS) https://www.irebs-immobilienakademie.de/)



Green Building Evolution (3:47)

https://youtu.be/MroerBD69bA





The story of the evolution of the green building movement told through image and dance. At the opening of the WorldGBC Congress/GBCSA Convention in Cape Town in 2013.

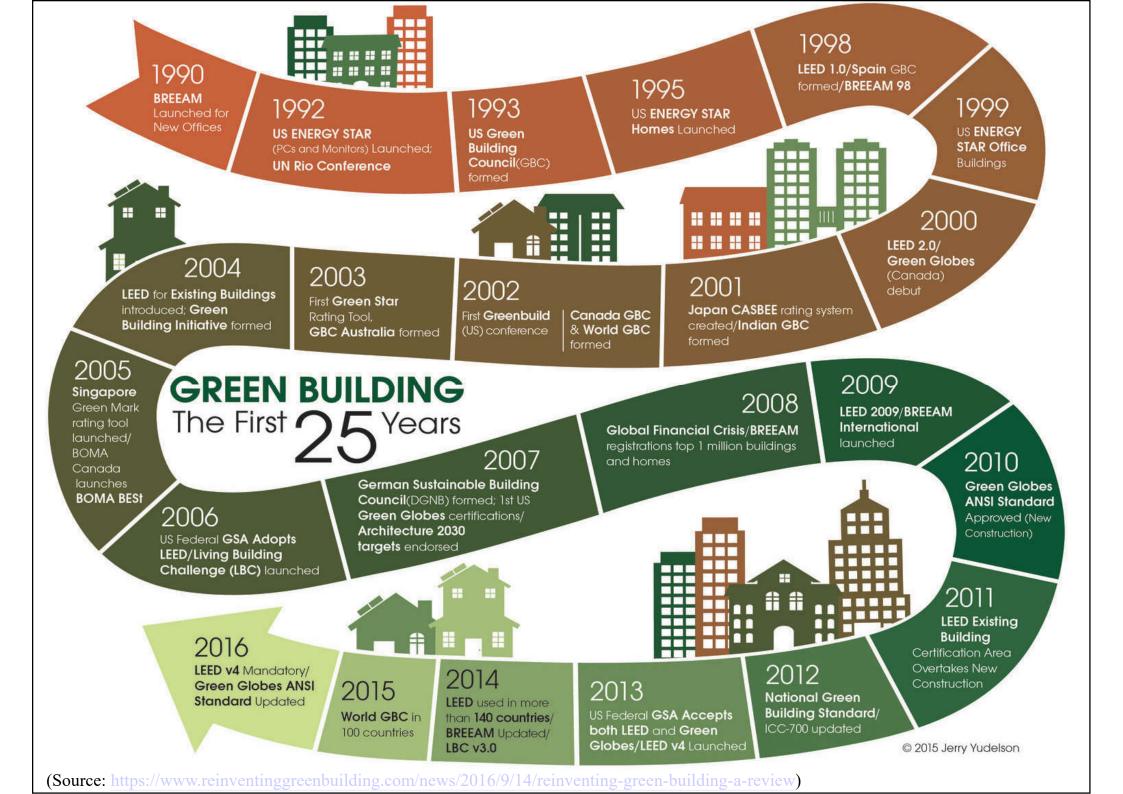


- Green building (GB) research trends:
 - Project delivery & developments
 - Project management, performance & influential factors
 - GB cost, design, barriers, benefits
 - Green building certifications
 - GB rating systems, assessment methods
 - Energy performance
 - Energy efficiency, life cycle energy analysis
 - Advanced technologies (e.g. BIM, simulation)



- Green building rating tools & certification
 - To assess & recognise buildings which meet certain green requirements or standards
 - Examples: BEAM Plus, BREEAM, CASBEE & LEED
 - Often voluntary, to encourage good practices
 - Can be applied to the planning & design, construction, operation & maintenance, renovation, and eventual demolition phases
 - For different building types (e.g. homes, commercial buildings or even whole neighbourhoods)

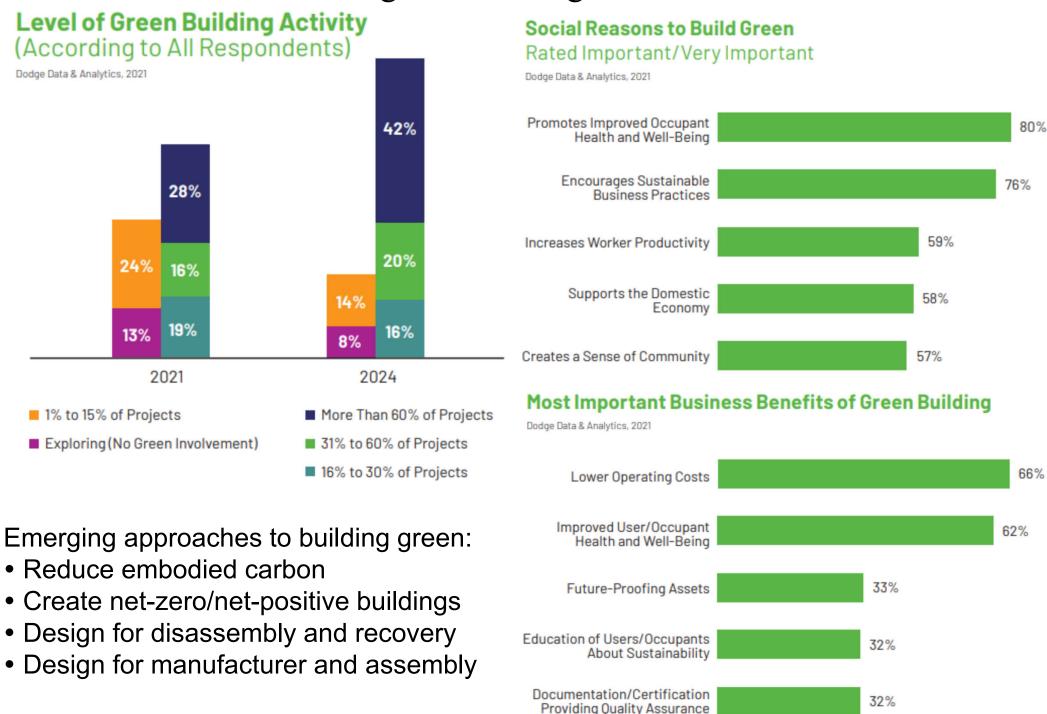
(See also: https://www.worldgbc.org/rating-tools)





- Top 5 most important trends:
 - Life cycle thinking and management
 - Health and wellbeing
 - Increased focus on carbon neutrality
 - Resilience (multi-functioning & adaptability)
 - Digitalisation
- Driven by regulatory issues, financial benefits, environmental awareness & responsibility

World green building trends 2021



(Source: https://www.construction.com/toolkit/reports/World-Green-Building-trends-2021)





- Top 7 Green Building Trends Shaping 2025:
 - 1. Emerging Sustainable Materials
 - 2. Smart Building Technologies
 - 3. Net-Zero Energy Buildings (NZEB)
 - 4. Biophilic Design Elements
 - 5. Water Conservation Systems
 - 6. Green Building Certifications
 - 7. Sustainable Materials and Practices







- An example of green building rating tool: LEED by U.S. Green Building Council
 - Video: What is green building? (1:16)
 https://youtu.be/MyIOtsx3wDs
- Green, sustainable and healthy buildings
 - How are they different in concepts?
 - Video: Green sustainable and healthy buildings explained (2:25) https://youtu.be/dDATY3av_48





- · Healthy building 健康建築
 - It refers to an emerging area of interest that supports the physical, psychological, and social health and well-being of people in buildings and the built environment
 - Components:
 - Site selection
 - Building design
 - Indoor environmental quality (IEQ), e.g. daylighting
 - Diet and exercise

The 9 Foundations of a Healthy Building AIR QUALITY VENTILATION **THERMAL LIGHTING &** HEALTH **VIEWS** MOISTURE NOISE THE 9 FOUNDATIONS OF A HEALTHY BUILDING forhealth.org WATER QUALITY **DUST & PESTS SAFETY & SECURITY** CTIVE DESIGN **NO SMOKING** (Source: http://forhealth.org/Harvard.Building Evidence for Health.the 9 Foundations.pdf)

Elements of healthy buildings and green buildings



Natural Elements



Health & Wellness



Materials & Resources



Community



Energy



Collect Rainwater



Tight Building Envelope



One Planet Living



Low Water Landscape



Aging in



Highly Insulated



Battery Back-up



Rain-screen Technology



Indoor Air Quality



Healthy & Нарру Homes



Green Building Certifications



Kitchen Sink Faces Central Courtyard



Daylight



Electric Car Charging



Extreme Climate



Passive Cooling



Eco-friendly Lumber



Faster Construction



Community Garden



Wind Energy



Insulated Floors



Greywater System



No Off Gassing



Reduce, Reuse & Recycle **Materials**



Durability



Urban Infill



Solar Hot Water



Energy



Water Savings



Renewable Resources



Kid and Pet Friendly



Local Labor



Direct Current Electricity



Heat Recovery Ventilation



Wind & Seismic





Porches Face Each Other



Financially Accessible



LED Lighting



Net Zero Energy



Snow Load





Living Wall & Roof



People Inside, Cars Outside



Sound Attenuation



Solar Powered Electricity

Home

Automation



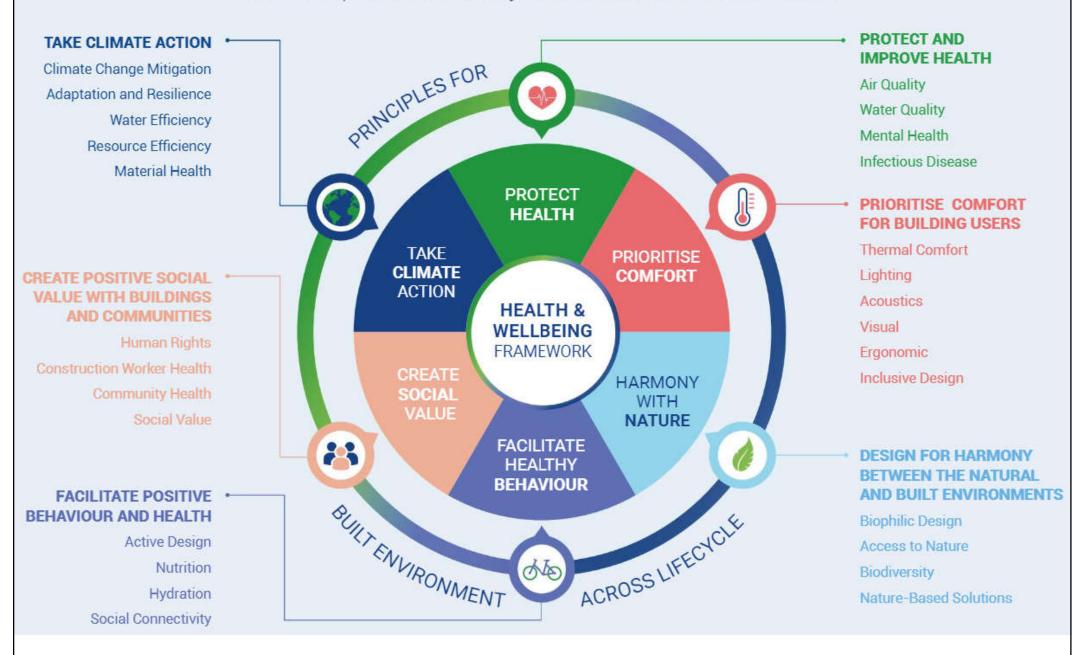
Passive Solar



Homes **Around Central** Courtyard

The WorldGBC Health & Wellbeing Framework

Six Principles for a Healthy, Sustainable Built Environment



(Source: https://worldgbc.org/health-framework)

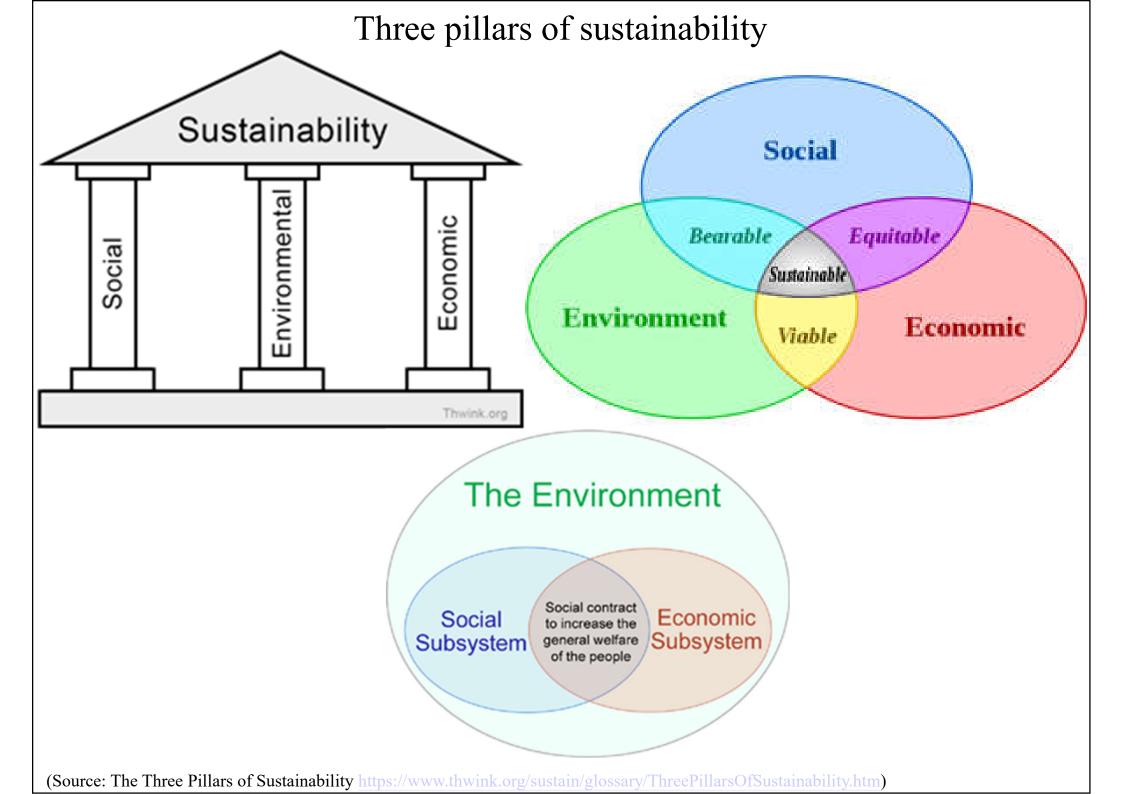
Sustainable materials and green buildings **Sustainable Materials** Resource Extraction **Materials End-**Manufacturing of-Life Life Cycle of Buildings and **Building Materials** On-Site **Demolition** Construction Occupancy & Maintenance **Green Buildings**

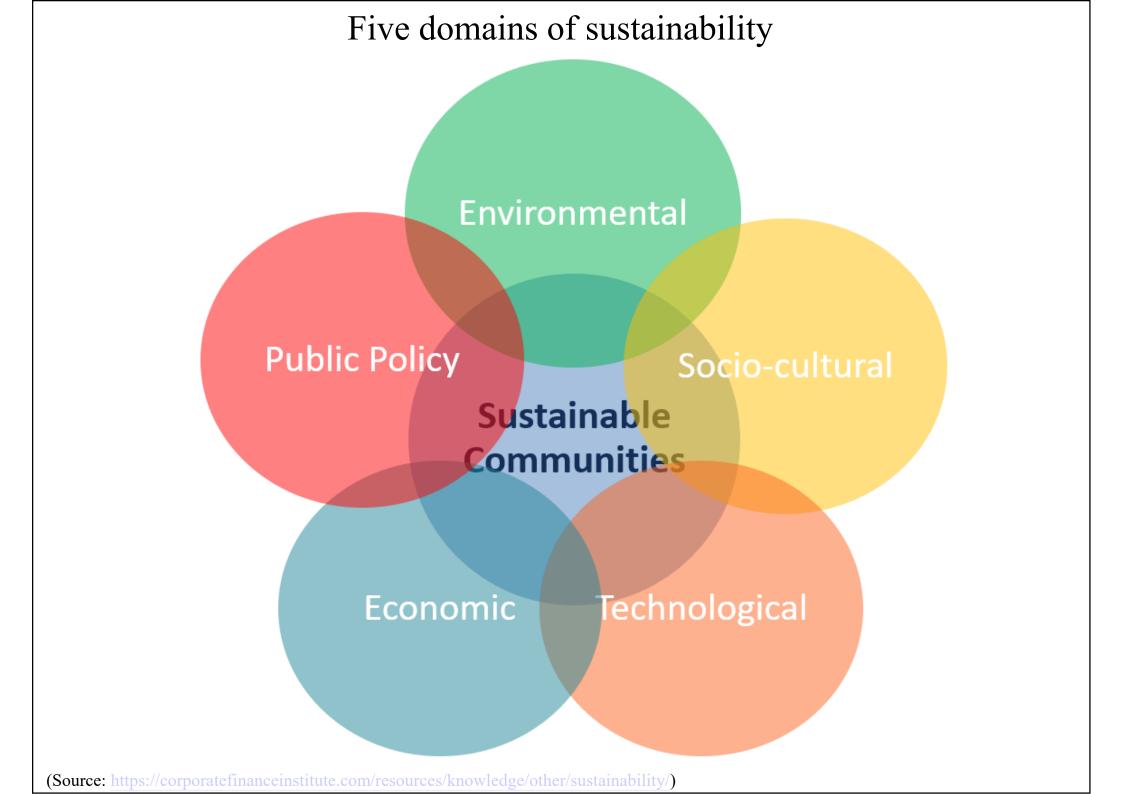
(Source: https://www.re-thinkingthefuture.com/designing-for-typologies/a5991-sustainable-building-trends-to-look-for-in-2022/)

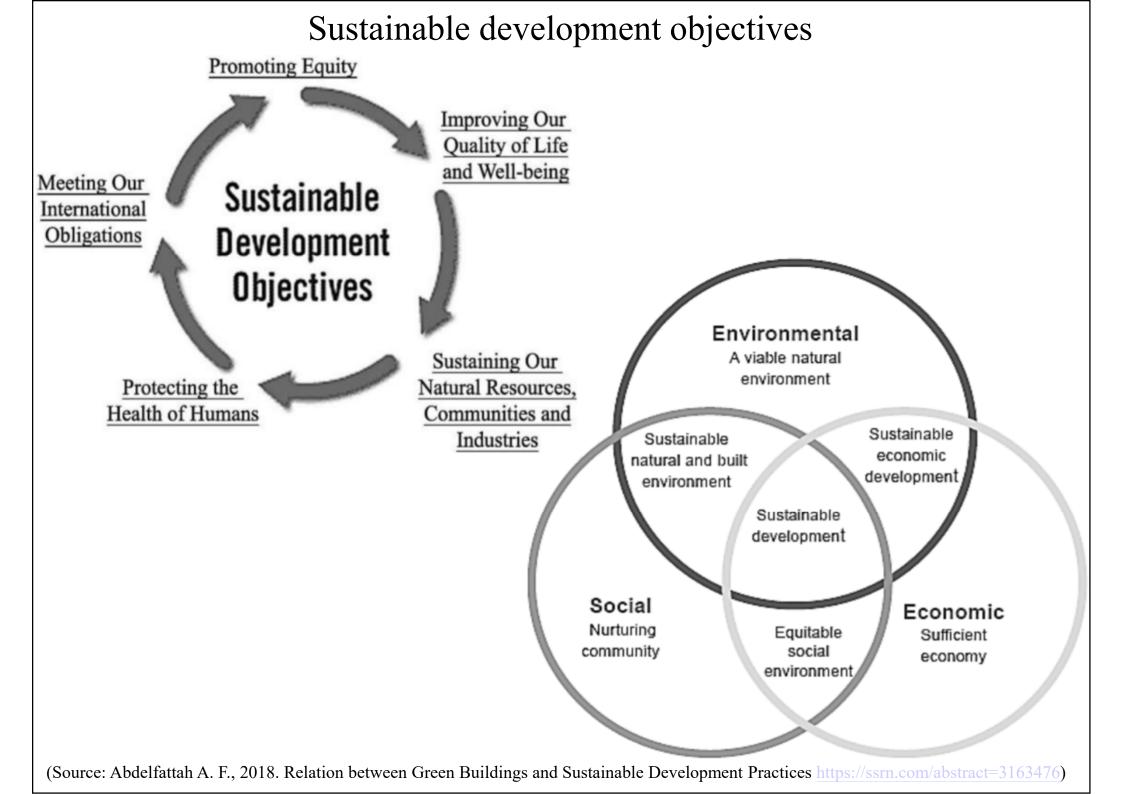




- Sustainability focuses on meeting the needs of the present without compromising the ability of future generations to meet their needs
 - Three pillars of sustainability: economic, environmental, and social (also known informally as profits, planet, and people)
 - Five domains: environmental, social-cultural, technological, economic, public policy











- Green building can help to achieve the UN Sustainable Development Goals (SDGs)
 - https://www.worldgbc.org/news-media/green-building-improving-lives-billions-helping-achieve-un-sustainable-development-goals
 - A challenge for humanity to decouple economic growth from climate change, poverty & inequality
 - Not only save energy, water & carbon emissions but to educate, create jobs, strengthen communities, improve health & wellbeing

SUSTAINABLE GALS DEVELOPMENT GALS



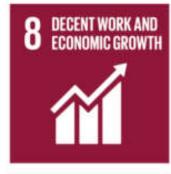




































- Green building affects 9 nos. SDGs:
 - 3. Good health and well-being
 - 7. Affordable and clean energy
 - 8. Decent work and economic growth
 - 9. Industry, innovation and infrastructure
 - 11. Sustainable cities and communities
 - 12. Responsible consumption and production
 - 13. Climate action
 - 15. Life on land
 - 17. Partnerships for the goals

Green building & the Sustainable Development Goals (cityscape)



How green homes help to achieve sustainable development goals





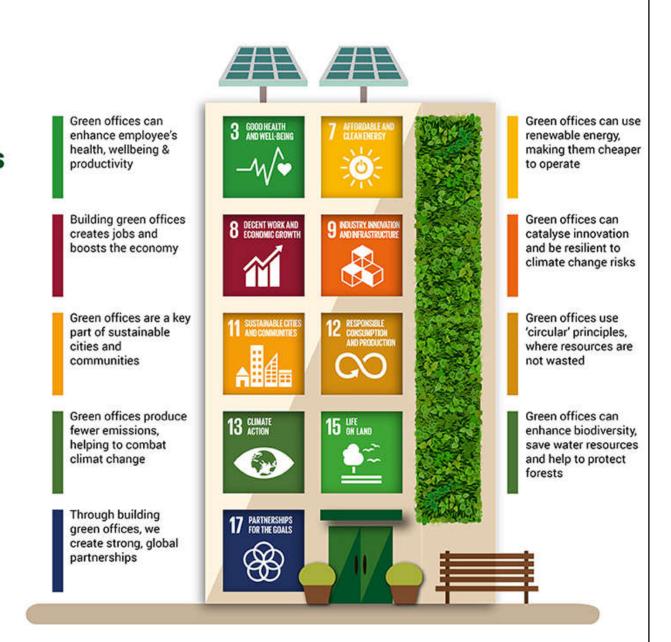


How green offices help to achieve sustainable development goals

How green offices
can provide the foundations
towards meeting several
Sustainable Development Goals







Sustainability



- Corporate Social Responsibility (CSR) 企業社會責任
 - Refers to a company's commitment to practice environmental and social sustainability and to be good stewards of the environment and the social landscapes in which they operate
 - Business ethics + Green business + Eco-certification
- Sustainability and CSR reporting
 - CSR initiatives for green buildings
 - Make public their environmental performance in accordance with the Global Reporting Initiative
 - Example: https://www.hanison.com/eng/CSR/Reports.aspx





- Companies that include green buildings in their CSR strategy will have a higher stock market performance because:
 - Green buildings are more efficient in their operation and reduce costs which improves the cost structure of companies
 - Green building investments signal a commitment to CSR which in turn positively affect consumer, employee and other stakeholder attitudes towards the company

Assessment management, CSR activities and green buildings (Japan)

2. The 3rd Period Financial Highlights

13

Asset Management Results 4 -CSR Activities-

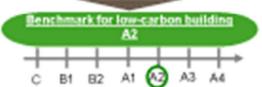
Contributing to neighboring communities through CSR activities and application of environmentally friendly measures

Yoyogi Place: Enhancing energy saving measures (May 2013)



Low-Carbon Small and Medium-Sized Model Buildings

- On May 2013, Tokyo Matropolitan Government, publicized buildings that shall be ranked more than A1 based on the benchmark for low-carbon building (CO2 emissions within a yearigross floor area) as "Low-Carbon Small and Medium-Sized Model Buildings" which actively worked for energy seeing
- Improved environmental performance of building through energy efficient facilities
- Co-worked for energy saving with each tenant while maintaining tenant service level



TLC Ebisu Building: Joined energy-saving program (2008~)



- Reduction of CO2" Program for Small and Wedium-Sized Office Buildings
- Joined "Reduction of CO2" Program for Small and Medium-Sized Office Buildings hosted by Tokyo Metropolitan Government since 2008
- Changed to better electrical equipment such as installing a heat source system
- Changed the lighting to more energy saving types in sociusive area



CSR activities: Awarded DBJ Green Building Silver (March 2013)



(A-PLACE Ikebukuro)

- High-reflectance paint on the rooftop
- Automatic dimming in exclusive area
- Moist pavement (water sprinking)
- Roof gardening
- LED lighting in common space
- Wall greening





(Kanayama Center Place)

- Automatic switching of kitchenette lights
- Automatic dimming in exclusive area
- West outer wall louver
- LED lights



* finance of certification

Gold

Platinum.

Silver

Bronze

Certified

The benefits of green building in key stakeholders' perspective



Tenant Why would I want to lease this green building?

Lower design and construction costs

Higher sales price

Quicker sales

Ability to secure finance

Rapid return on investment

Increased market value Reduced

vacancies

Lower refurbishment Costs

Corporate image and prestige value

Compliance with legislation and **CSR** requirements

> Lower transaction fees

Health and wellbeing

> Increased productivity

Reduced downtime

Lower operating costs

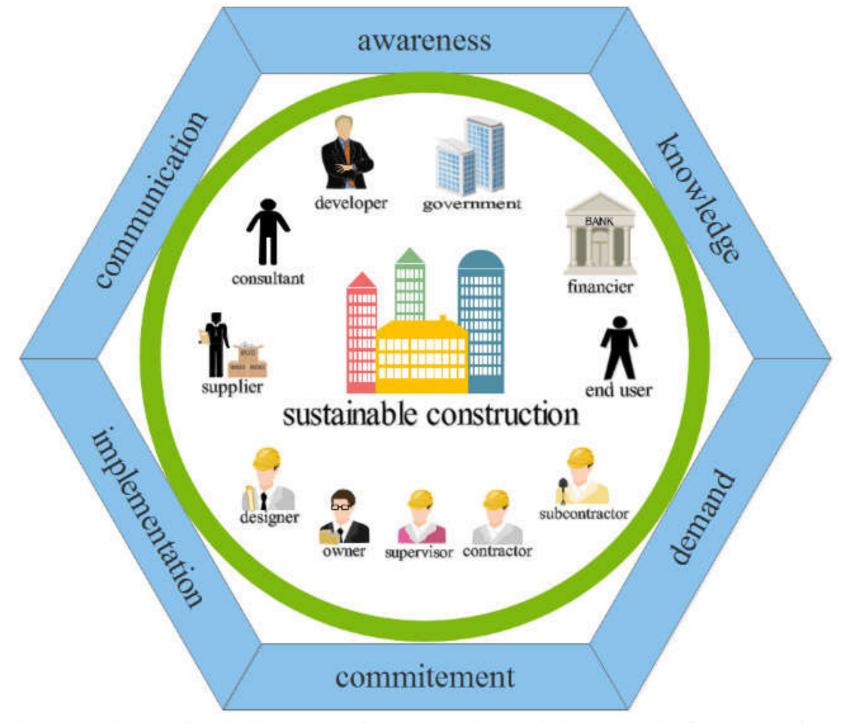
Lower maintenance costs

Increased occupancy rates Slower depreciation Lower exit yield

> wner Why would I want to own this green building?

(Source: World Green Building Council, 2013)

Stakeholders and factors surrounding sustainable construction



(Source: https://www.researchgate.net/figure/Stakeholders-and-factors-surrounding-sustainable-construction fig1 318253082)

Hong Kong situation



- Subtropical climate
- Population > 7.4 million, land area 1,106 km²
- Hilly and mountainous terrain
- High-rise, high density urban areas
- Building-related activities account for 90% of Hong Kong's total electricity consumption and 60% of the city's greenhouse gas emissions

Hong Kong Context



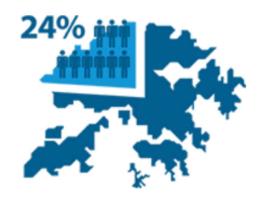
42,000+ buildings in private sector



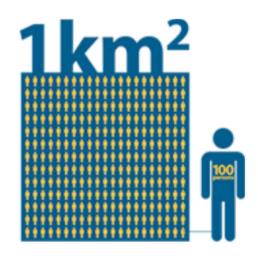
8,000 high-rise buildings and skyscrapers



Our activities in buildings account for 90% of electricity consumption or 60% of carbon emission in Hong Kong



People live and work in 24% of Hong Kong's total area



Average population density of built-up areas reaches 27,330 persons/km2

(Source: https://www.hkgbc.org.hk/eng/about-us/what-is-green-building/)





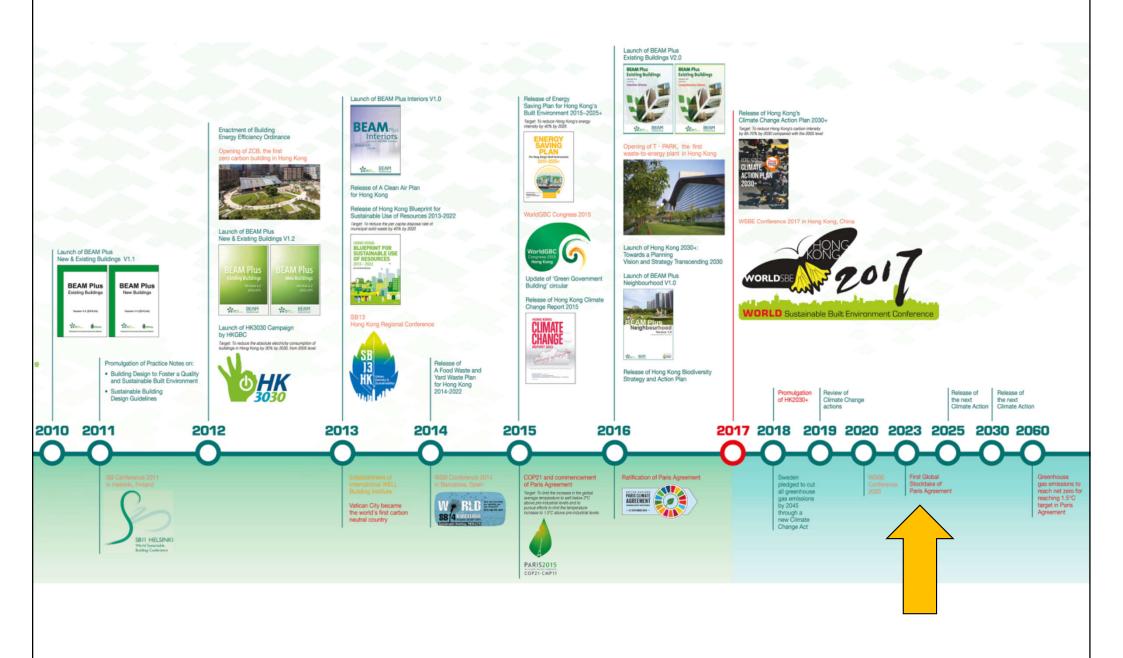
- Hong Kong's first green building benchmark was launched in 1996 (i.e. HK-BEAM)
- Hong Kong milestone and timeline https://www.hkgbc.org.hk/eng/about-us/file/HKreport2017 Timeline.pdf
- 2009: Establishment of Hong Kong Green Building Council (HKGBC)
- Government actions on energy saving and climate change

Our journey to sustainable built environment (1988-2009)

Our Journey to Sustainable Built **Environment**



Our journey to sustainable built environment (2010 and beyond)



(Source: Hong Kong milestone and timeline https://www.hkgbc.org.hk/eng/about-us/file/HKreport2017 Timeline.pdf)

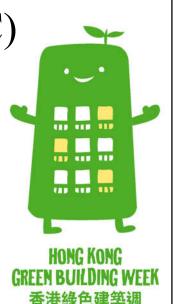
Hong Kong situation



• Four founding members of HKGBC: \



- Construction Industry Council (CIC)
- Business Environment Council (BEC)
- BEAM Society Limited (BSL)
- Professional Green Building Council (PGBC)
- Major issues
 - Green building assessment and certification
 - Related government policies
 - Education and information



Hong Kong Green Building Week (HKGBW)









See also: World Green Building Week https://worldgbc.org/world-green-building-week/

(Image source: https://www.hkgbc.org.hk/eng/engagement/public-initiatives/hkgbw/)



【綠築仔綠袖子話你知】-星期「綠」檔案-綠色建築 (3:10) https://youtu.be/8PfWe9r5aok



What is Green Building? Hong Kong Context



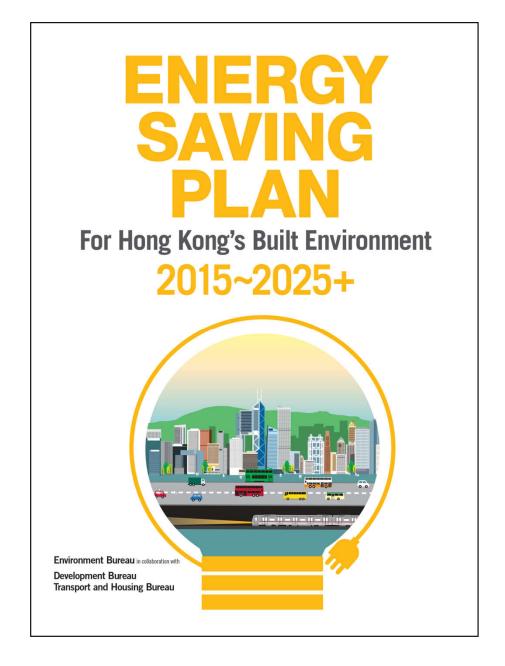


quality

(Source: Hong Kong Green Building Council 香港綠色建築議會)

Climate Action Plan and Energy Saving Plan in Hong Kong









- Related policies and practices in Hong Kong
 - Hong Kong Planning Standards & Guidelines
 - www.pland.gov.hk/pland_en/tech_doc/hkpsg/
 - Town planning (by outline zoning plans OZP)
 - Buildings Ordinance (Cap. 123) and the Building (Planning) Regulations
 - Practice Notes for Authorized Persons and Registered Structural Engineers (PNAPs) and Joint Practice Notes (JPNs)
 - Building energy codes

Joint Practice Notes (JPNs) on protection and improvement of the built and natural environment

JPN1 Green and Innovative Buildings (Sep 2019)

JPN2 Second Package of Incentives to Promote Green and Innovative Buildings (Jul 2022)

JPN 3 Landscape and Site Coverage of Greenery (Apr 2019)

JPN 4 Development Control Parameters (Oct 2021)

JPN 5 Development Control Parameters Building Height Restriction (Apr 2019)

JPN 6 Sustainable Building Design Guidelines: Building Separation and Building Setback (Sep 2019)

JPN 7 Development Control Parameters Site Coverage Restriction (Aug 2021)

JPN 8 Incentive to Promote Green and Innovative Buildings Enhanced Facilitation Measures for Buildings Adopting Modular Integrated Construction (Jul 2022)







(Source: https://www.bd.gov.hk/en/resources/codes-and-references/practice-notes-and-circular-letters/index_joint.html)



Hong Kong situation

- Joint Practice Note JPN1 Green and Innovative Buildings
 - (a) Adopting a holistic life cycle approach to planning, deconstruction and maintenance;
 - (b) Maximizing the use of natural renewable resources and recycled/green building material;
 - (c) Minimizing the consumption of energy, in particular those non-renewable types; and
 - (d) Reducing construction and demolition waste.





- Green building -- Wikipedia
 http://en.wikipedia.org/wiki/Green_building
- Green vs. Sustainable Building https://www.geeksforgeeks.org/green-vs-sustainable-building/
- What is Green Building? [HKGBC]
 https://www.hkgbc.org.hk/eng/about-us/what-is-green-building/
- Benefits of green building [USGBC]
 https://www.usgbc.org/press/benefits-of-green-building

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