#### MEBS6020 Sustainable Building Design

http://ibse.hk/MEBS6020/



# **Energy and Environmental Design (II)**

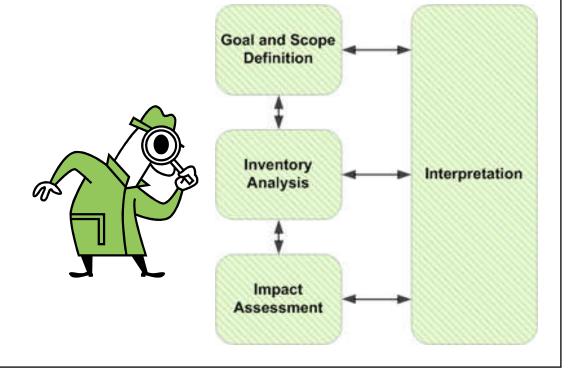


Ir Dr. Sam C. M. Hui
Department of Mechanical Engineering
The University of Hong Kong
E-mail: cmhui@hku.hk

### **Contents**



- Life cycle assessment
- LCA process
- Examples of LCA
- Evaluation methods
- Limitations of LCA



# Life cycle assessment



- Three methods to evaluate green buildings:
  - 1. Single attribute
    - Such as energy efficiency, alternative energy, recycled green materials/products
  - 2. Multiple attribute
    - Green building rating systems
      - Multi-criteria standard, points earned in various areas
  - 3. Life cycle assessment (LCA)
    - Full & quantitative accounting of environmental impacts





- Life cycle assessment (LCA) is a scientific method for evaluating environmental impacts
- LCA is being integrated into green building rating systems, building codes and standards
  - Such as LEED v4, Green Star, California Green Building Code, International Green Construction Code (IGCC), ASHRAE Standard 189.1

LCA = 生命週期評估



# Life cycle assessment



- A brief history of LCA
  - Originated from energy analysis and some claim first LCA carried out by Coca Cola in 1969
  - SETAC (Society of Environmental Toxicology and Chemistry) set first standards in 1990
  - ISO produced series of standards in 1997/98 which were revised in 2006



- ISO 14040:2006 outlining LCA principles and framework
- ISO 14044:2006 for requirements and guidelines

### Life cycle assessment



- Definition of Life Cycle Assessment (LCA) [ISO 14040]:
  - "A compilation and evaluation of the inputs, outputs and the potential environmental impacts of a product system throughout its life cycle"
- Also called "cradle-to-grave" analysis

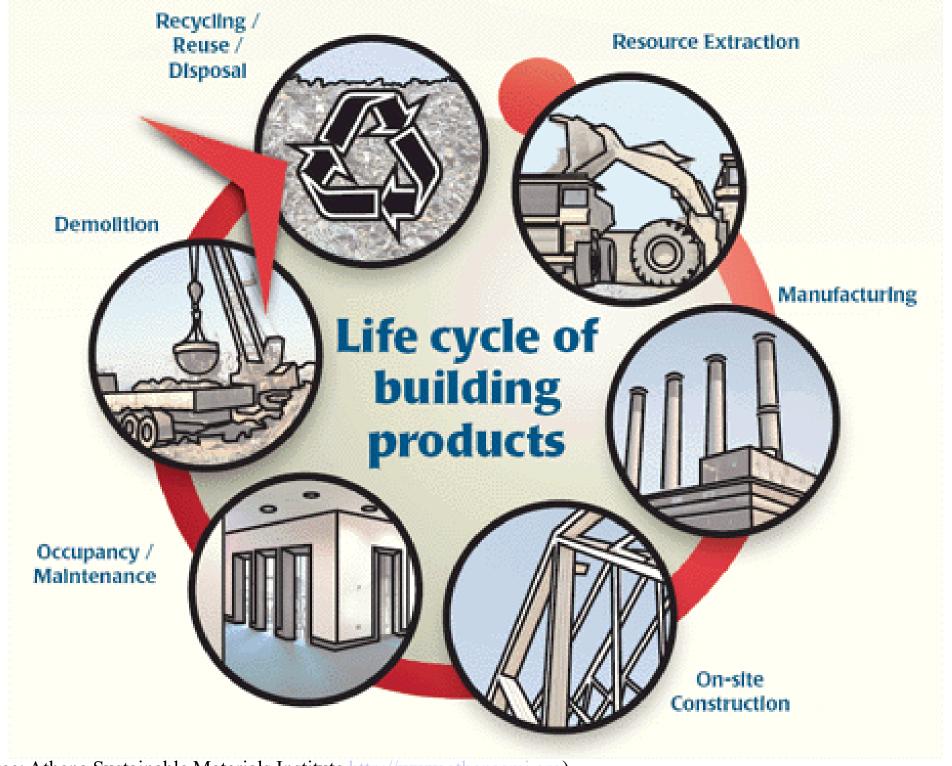


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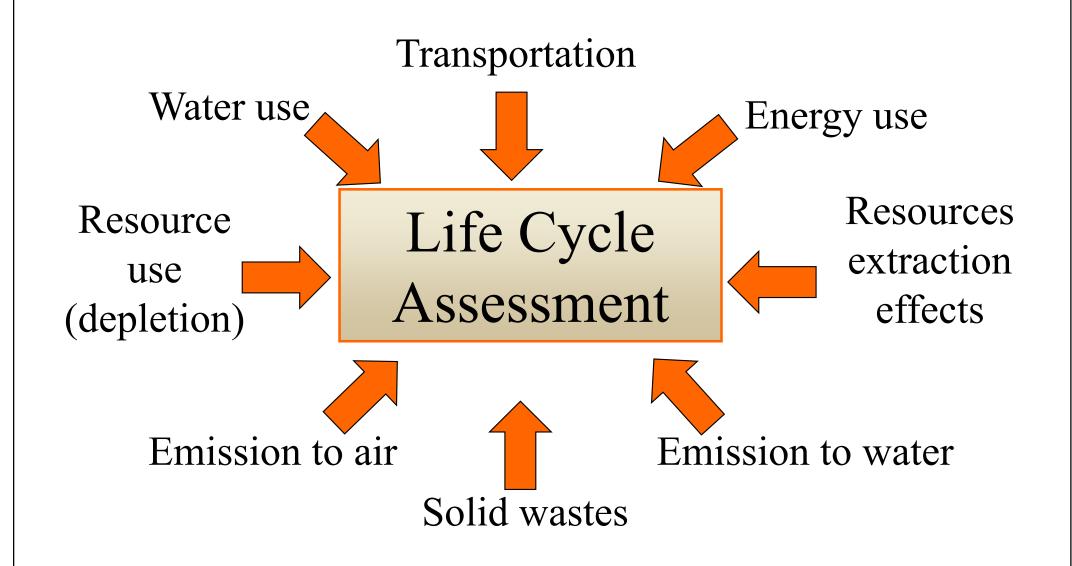
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- Embodied effects include:
  - Resource use (raw materials, land, water, energy)
  - Emissions to air, water and land

(Video: life cycle (0:29) http://youtu.be/x9NqzVWIeX4)



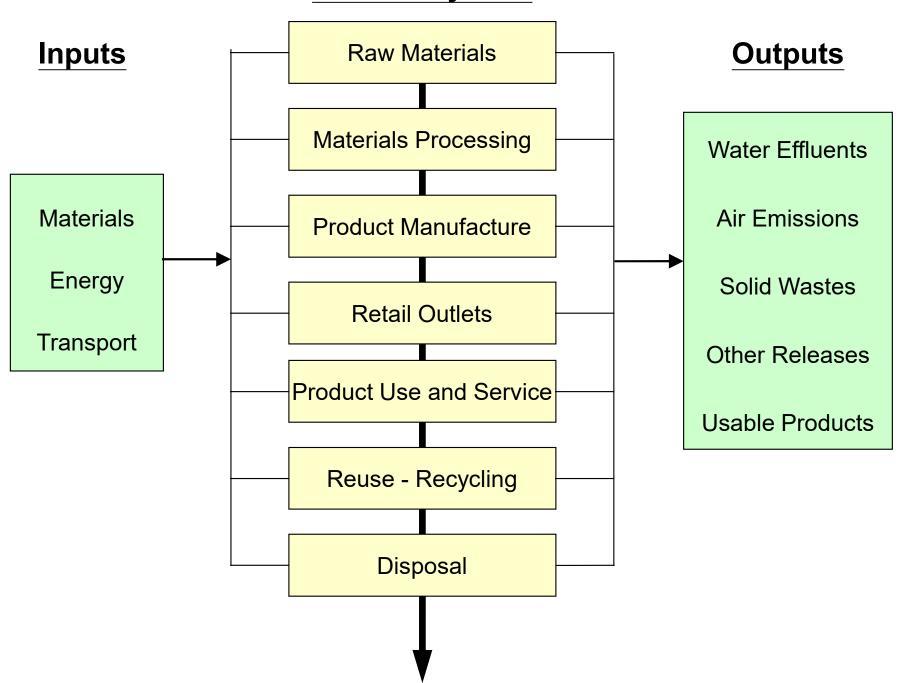
(Source: Athena Sustainable Materials Institute http://www.athenasmi.org)



LCA: a methodology for assessing the life cycle environmental performance of products and processes

#### Areas covered by LCA





# T-shirt example (cotton)

- Growing materials Harvesting
- Spinning
- Weaving/knitting
- Bleaching, dyeing, washing and treatment
- Cutting and sewing
- Use reuse
- Disposal recycling

Extraction of

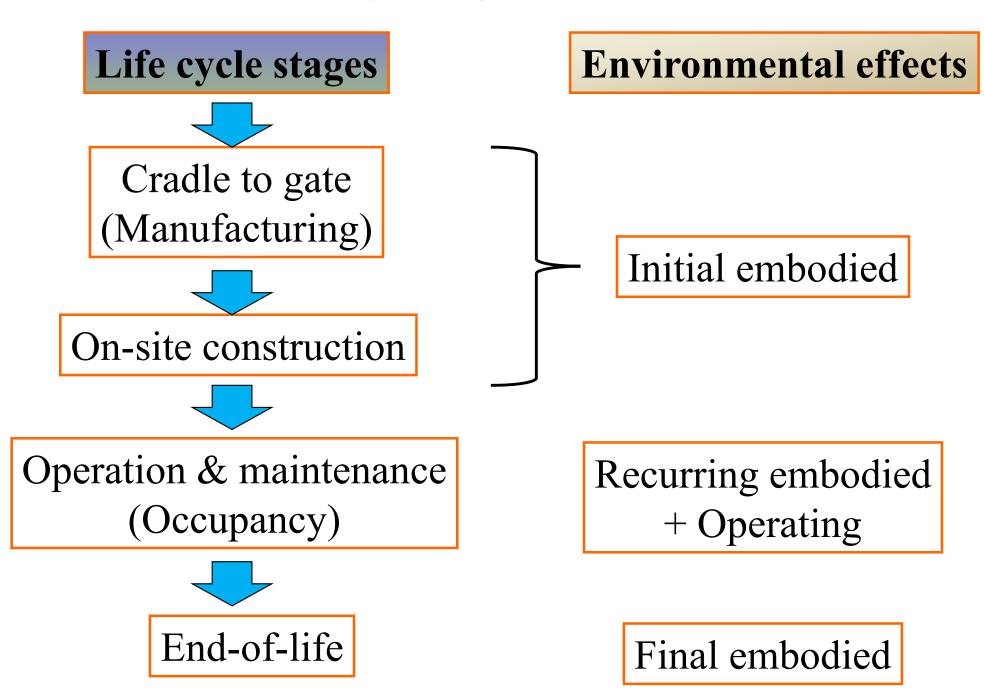
Processing of materials

**Production** 

Use and maintenance

Disposal/end of life

#### Life cycle stages and effects

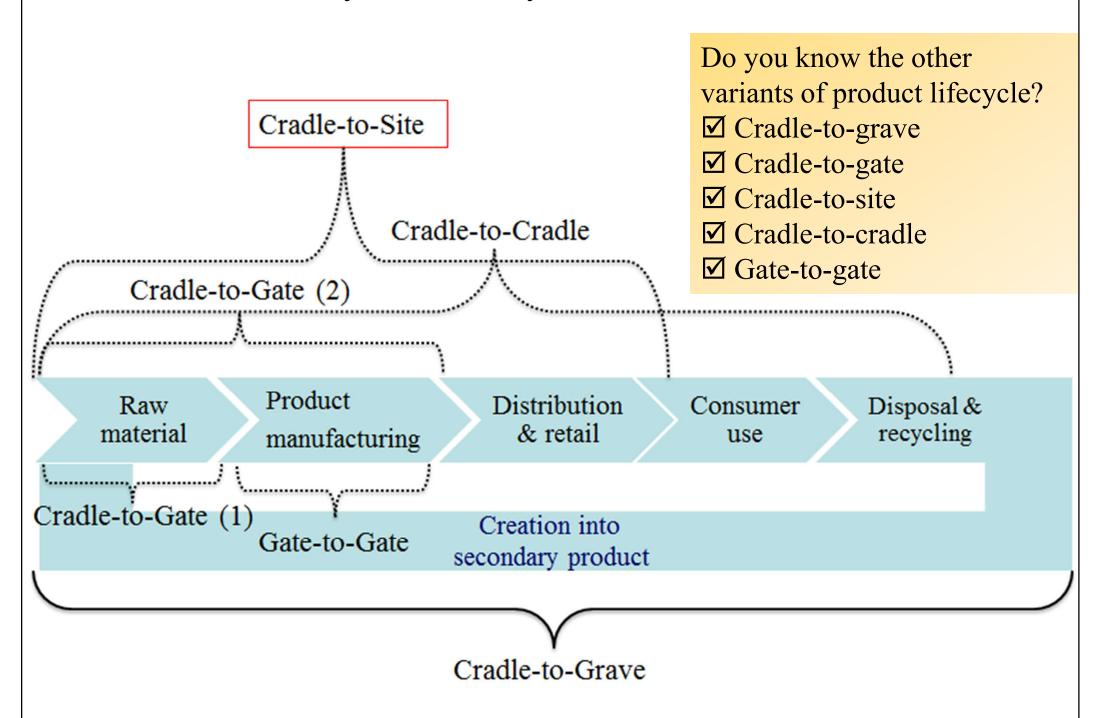


(Source: Athena Sustainable Materials Institute http://www.athenasmi.org)

'Cradle to Gate' (4 stages) and 'Cradle to Grave' (6 stages)



### Life cycle boundary and variants of LCA



(Image source: Life Cycle Boundary http://cejcheng.people.ust.hk/ec/methodologyLCB.html)

### Different options of life cycle assessment

### Cradle-to-Grave

- Full LCA
- From Manufacture
- To Use
- To Disposal

### Cradle-to-Gate

- Partial Product Life-Cycle
- From manufacture
- To Factory

### Cradle-to-Cradle

- Specific Type of Cradle to Cradle
- End of Life disposal is a recycling process

#### Gate-to-Gate

- Partial LCA
- Looks at only one valueadded process

(Source: AIA Guide to Building Life Cycle Assessment in Practice)





- Objectives of LCA
  - To provide a complete a picture as possible of the interactions of an activity with the environment
  - To contribute to the understanding of the overall and interdependent nature of the environmental consequences of human activities
  - To provide decision makers with information which defines the environmental effects of these activities and identifies opportunities for environmental improvements



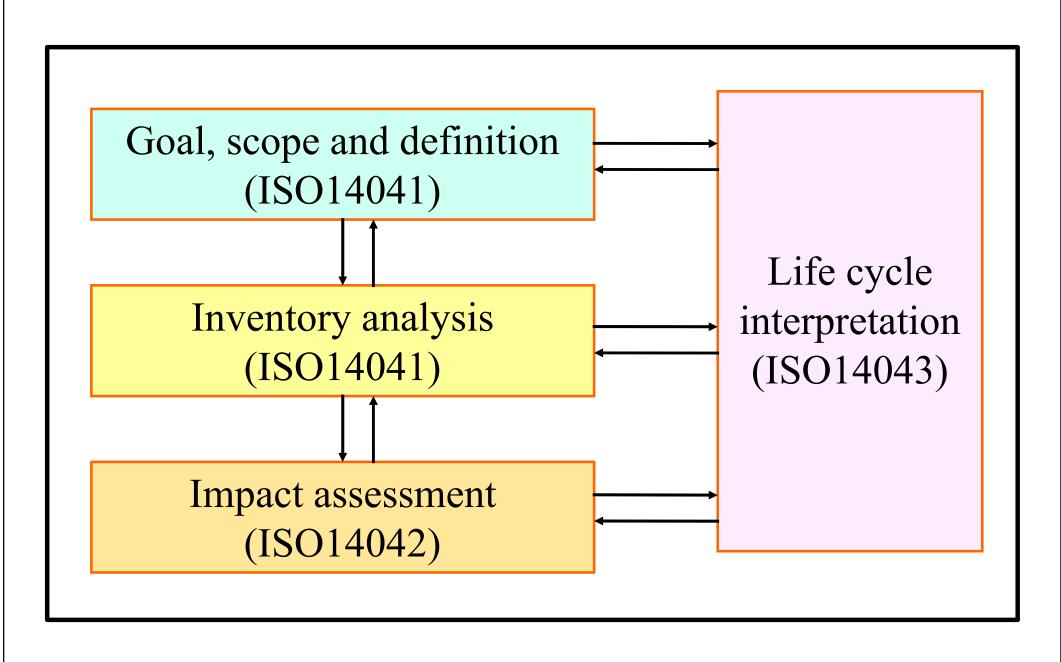


- LCA considers the environmental loadings that can result from the manufacture, use, and disposal of a product
  - It expresses the results in energy units, mass units of pollutants, potential impacts, and other units
- Three major LCA impact assessment phases:
  - (a) Inventory
  - (b) Impact indicators
  - (c) Impact assessment (valuation/weighting)



- The LCA process has four phases:
  - 1) Goal, scope and definition
    - Defines purpose of study, boundaries & functional units
  - 2) Life cycle inventory (LCI)
    - Provides inventory of input/output data
  - 3) Life cycle impact assessment (LCIA)
    - Assess the magnitude and significance of the impacts
  - 4) Life cycle interpretation
    - Provides conclusions and recommendations (areas for improvement)

Life cycle assessment framework - an iterative process (related ISO standard)



(Source: US-EPA & ISO)



- 1) Goal, scope and definition
  - The aim, breadth and depth of the study is established
  - (a) Goal definition
    - Intended application
      - Product development and improvement, strategic planning, public decision making, marketing, etc.
    - Reasons for carrying out the study
    - Intended audience





- 1) Goal, scope and definition (cont'd)
  - (b) Scope definition
    - Function, functional unit and reference flow
      - Comparison on the basis of an equivalent function
      - Example: 1000 liters of milk packed in glass bottles or packed in carton, instead of 1 glass bottle versus 1 carton
    - Initial choices of system boundaries, data quality, etc.
    - Critical review and other procedural aspects
      - To ensure consistency, scientific validity, transparency, etc.
      - Internal review, external review, review by interested parties
      - Procedural embedding: LCA as a (participatory) process



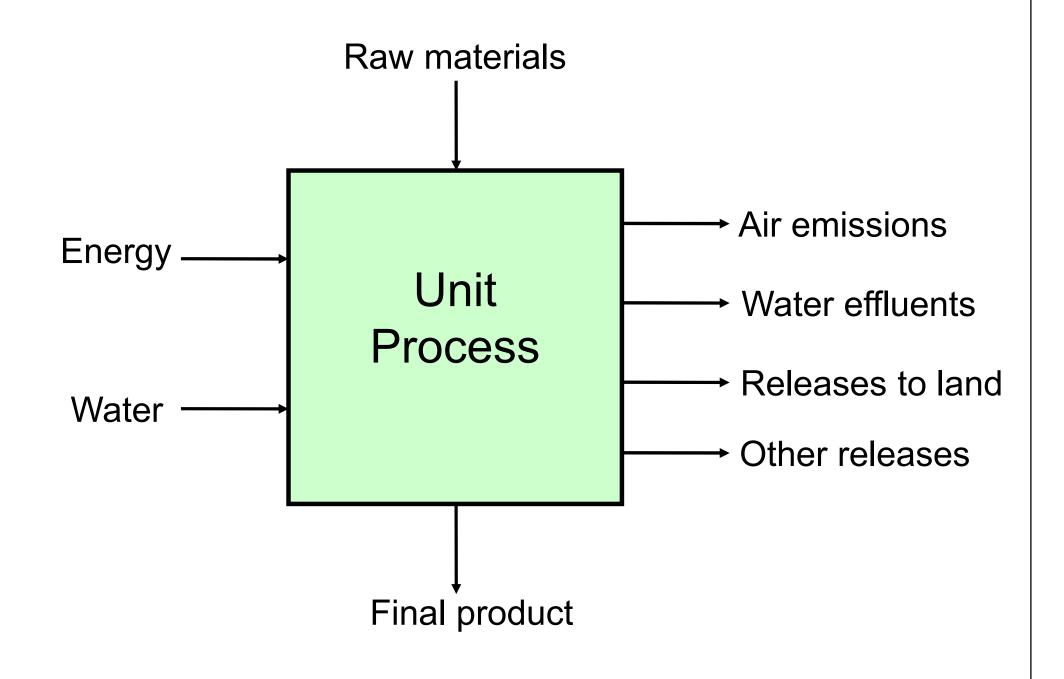




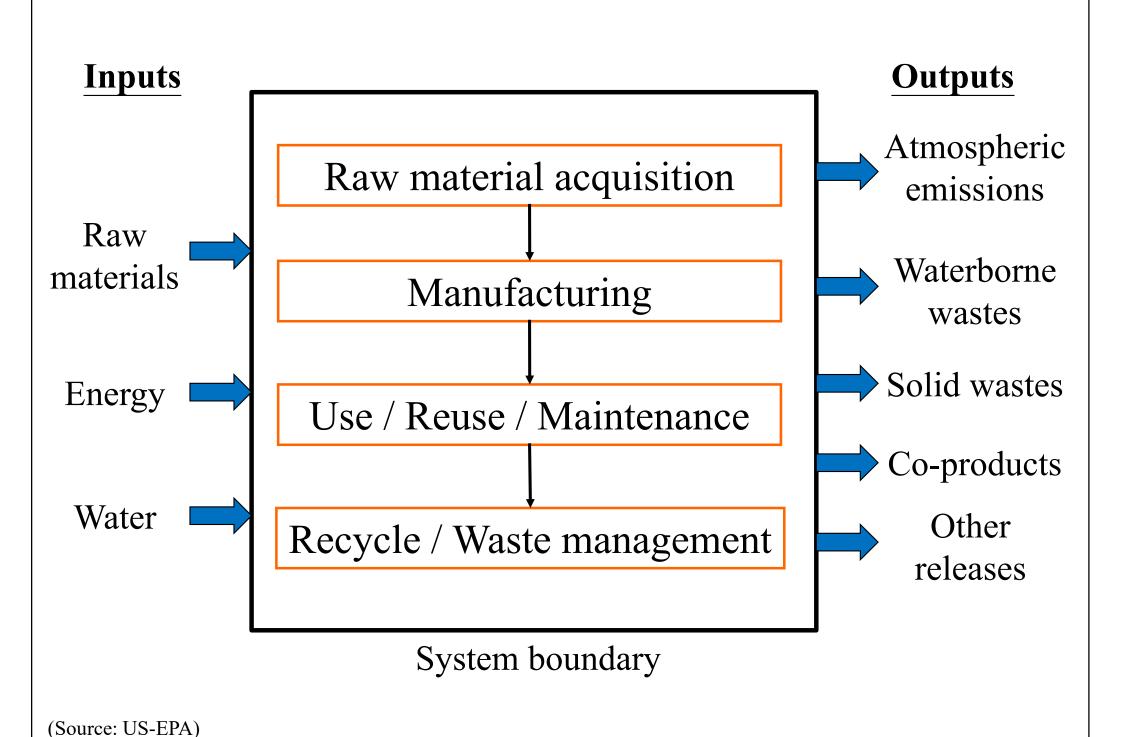
- 2) Life cycle inventory (LCI)
  - Compilation and quantification of inputs and outputs, for a given product system throughout its life cycle
  - Steps:
    - Preparing for data collection
    - Data collection
    - Calculation procedures
    - Allocation and recycling



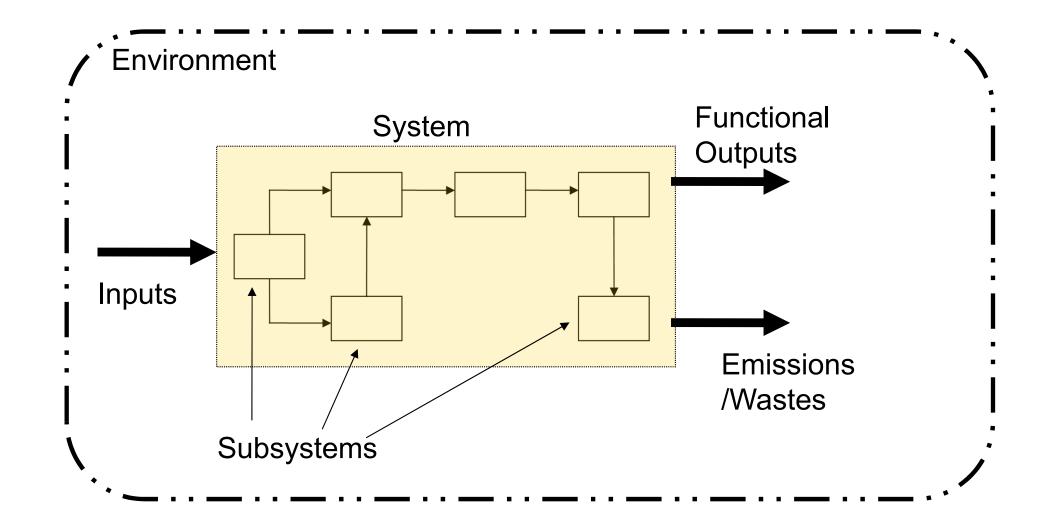
### Inventory analysis model for life-cycle assessment



### Life cycle stages and system boundary



### Life cycle inventory analysis





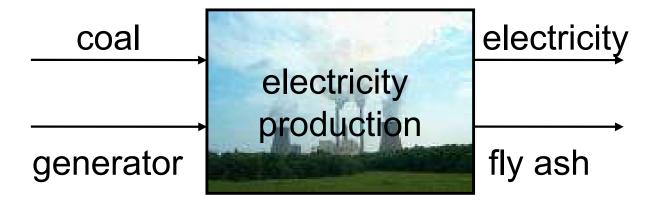


- 2) Life cycle inventory (LCI) (cont'd)
  - Central position for unit process
    - Smallest portion of a product system for which data are collected
  - Typical examples:
    - Electricity production by coal combustion
    - PVC production
    - Use of a passenger car
    - Recycling of aluminum scrap





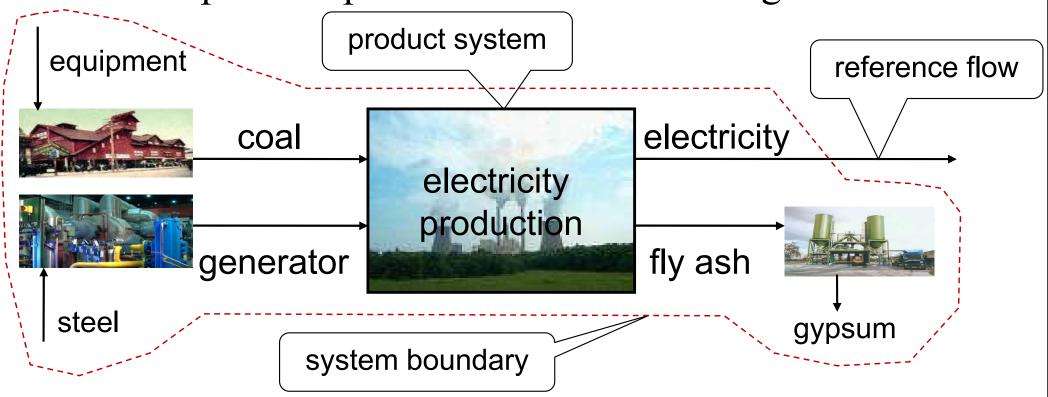
- 2) Life cycle inventory (LCI) (cont'd)
  - Data collection for unit processes:
    - Flows of intermediate products or waste for treatment
    - Elementary flows from or to the environment

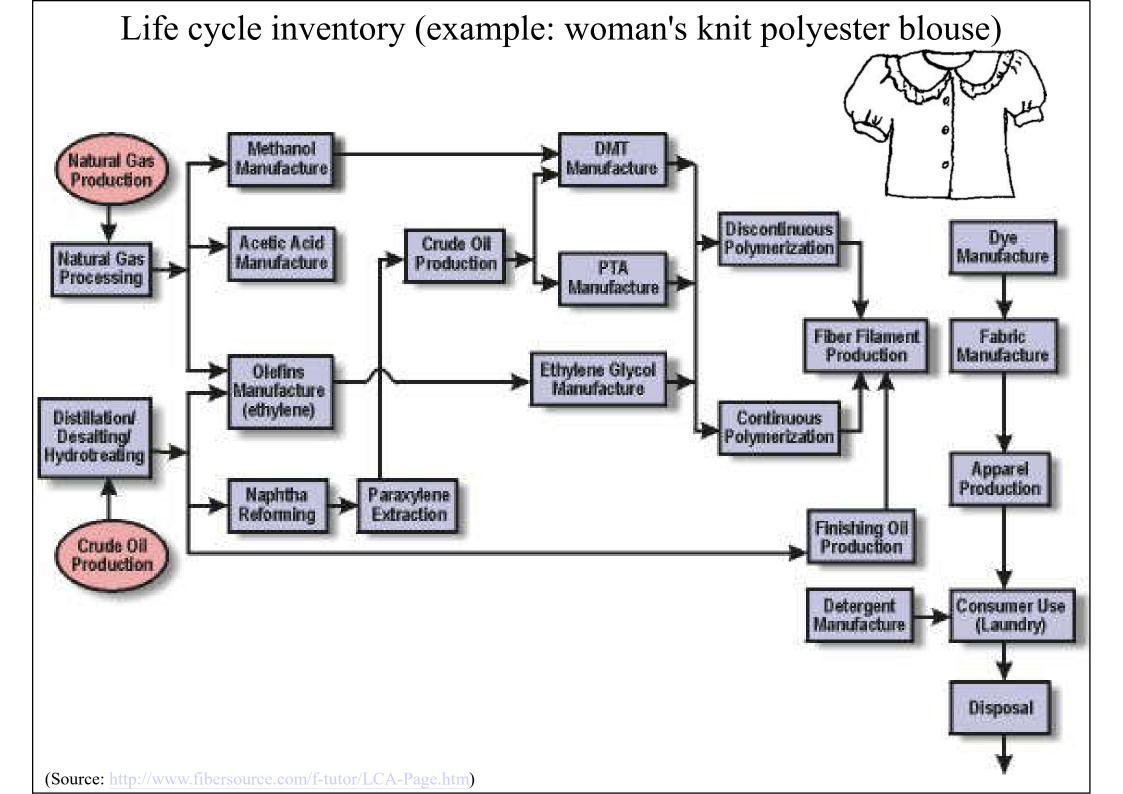






- 2) Life cycle inventory (LCI) (cont'd)
  - Combine unit processes into a product system
  - Graphical representation in a flow diagram









- 2) Life cycle inventory (LCI) (cont'd)
  - Calculation procedures
    - Relate process data to functional unit (matrix algebra)
    - Allocation of multiple processes (multiple outputs, multiple inputs, re-use and recycling)
    - Aggregation over all unit processes in the inventory table



### Example: Incandescent and fluorescent lamps





Product property	Incandescent lamp	Fluorescent lamp
power consumption	60 W	18 W
life span	1000 hr	5000 hr
mass	30 g	540 g
mercury content	0 mg	2 mg
etc	• • •	•••

(Source: UNEP LCA Training Kit)

### Example: Incandescent and fluorescent lamps - Inventory table





Elementary flow	Incandescent lamp	Fluorescent lamp
CO <sub>2</sub> to air	800000 kg	50000 kg
SO <sub>2</sub> to air	1000 kg	80 kg
Copper to water	3 g	20 g
Crude oil from earth	37000 kg	22000 kg
etc	•••	•••

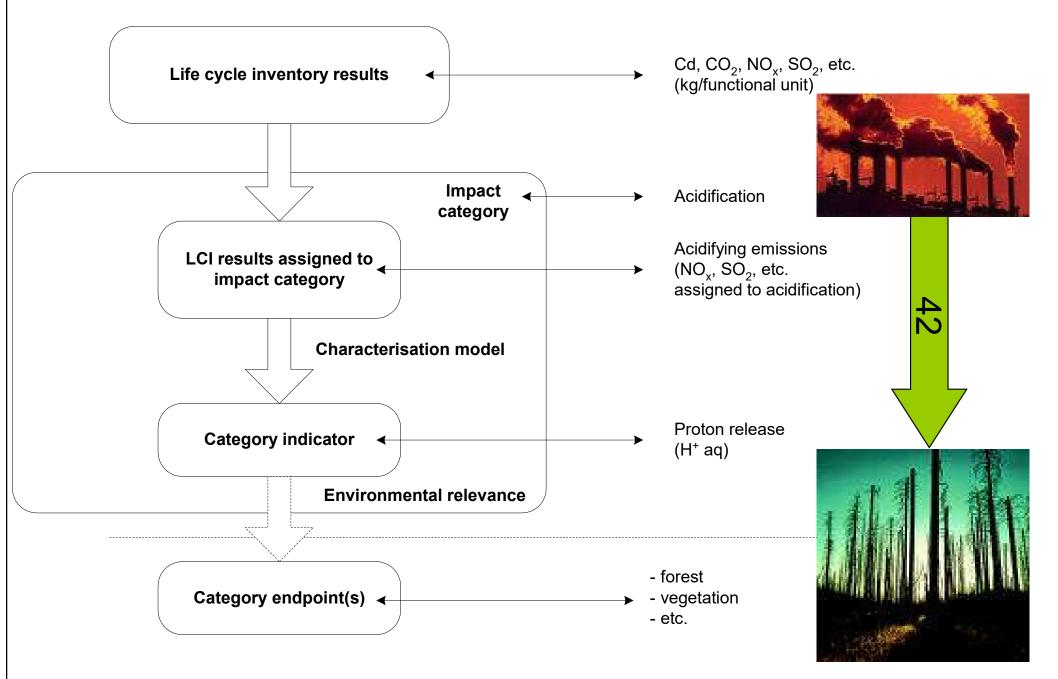
(Source: UNEP LCA Training Kit)



- 3) Life cycle impact assessment (LCIA)
  - Assess the importance of potential environmental effects on the results of the inventory analysis
  - Steps:
    - Selection and definition of impact categories, indicators and models
    - Classification
    - Characterisation
    - Normalisation
    - Aggregation and/or weighing

### Life cycle impact assessment (LCIA)





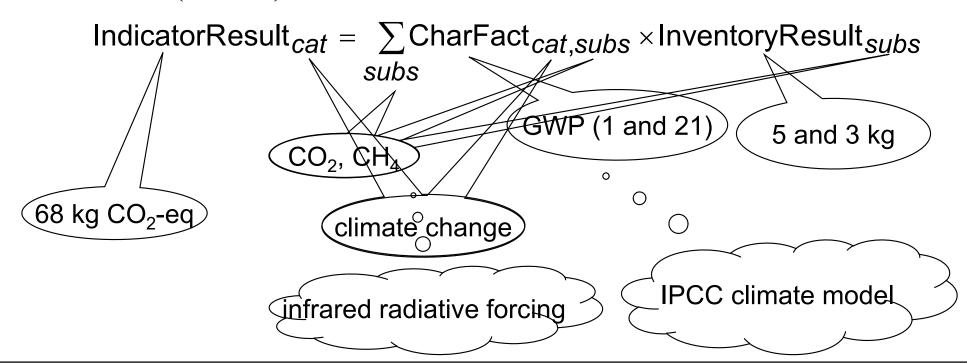
(Source: UNEP LCA Training Kit)



- 3) Life cycle impact assessment (cont'd)
  - Example of a category indicator
    - Global Warming:
      - Global Warming Potential (GWP): measure for Global Warming in terms of radiative forcing of a mass-unit
    - Example calculation:
    - 5 kg  $CO_2$  (GWP = 1) + 3 kg  $CH_4$  (GWP = 21)
    - = 1 x 5 + 21 x 3 kg  $CO_2$  equivalents (= 68 kg  $CO_2$  equivalents)



- 3) Life cycle impact assessment (cont'd)
  - Characterisation:
    - Simple conversion and aggregation of greenhouse gas (GHGs):



Impact categories, characterisation methods and characterisation models: some baseline examples

impact category	category indicator	characterisation model	characterisation factor
abiotic depletion	ultimate reserve irt annual use	Guinee & Heijungs 95	ADP
climate change	infrared radiative forcing	IPCC model	GWP
stratospheric ozone depletion	strat. ozone breakdown	WMO model	ODP
human toxicity	PDI/ADI	Multimedia model, e.g. EUSES, CalTox	HTP
ecotoxicity (aquatic, terrestrial etc.)	PEC/PNEC	Multimedia model, e.g. EUSES, CalTox	AETP, TETP, etc.
photo-oxidant formation	trop. ozone formation	UNECE Trajectory model	POCP
acidification	deposition/ac.critical load	RAINS	AP
•••	•••	•••	

(Source: UNEP LCA Training Kit)

### Example: Incandescent and fluorescent lamps – impact assessment





Impact category	Incandescent lamp	Fluorescent lamp
Climate change	120000 kg CO <sub>2</sub> -eq	40000 kg CO <sub>2</sub> -eq
Ecotoxicity	320 kg DCB-eq	440 kg DCB-eq
Acidification	45 kg SO <sub>2</sub> -eq	21 kg SO <sub>2</sub> -eq
Depletion of resources	0.8 kg antinomy-eq	0.3 kg antinomy-eq
etc	•••	•••

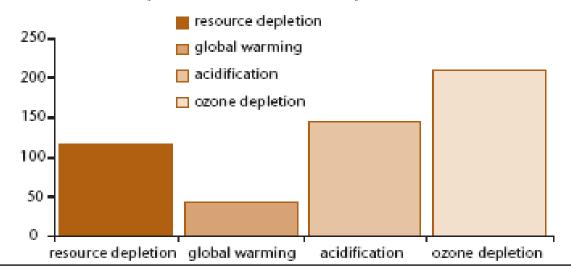
(Source: UNEP LCA Training Kit)





- 3) Life cycle impact assessment (cont'd)
  - The final result of the characterisation step is a list of potential environmental impacts
  - This list of effect scores, one for each category, is called the *environmental profile*

Environmental profile of the whole life cycle







- 3) Life cycle impact assessment (cont'd)
  - Impact category results still difficult to understand:
    - Difference in units
    - Difference in scale
  - Normalisation step to relate the results to a reference value
    - e.g., total world impacts in 2002
    - Result often referred to as the normalised environmental profile

# Example: Incandescent and fluorescent lamps – impact assessment (with normalisation to a reference value)





Impact category	Incandescent lamp	Fluorescent lamp
Climate change	1.2×10 <sup>-11</sup> yr	4×10 <sup>-12</sup> yr
Ecotoxicity	1.6×10 <sup>-10</sup> yr	2.2×10 <sup>-10</sup> yr
Acidification	9×10 <sup>-11</sup> yr	4.2×10 <sup>-11</sup> yr
Depletion of resources	24×10 <sup>-12</sup> yr	9×10 <sup>-13</sup> yr
etc	•••	•••

(Source: UNEP LCA Training Kit)

## LCA process

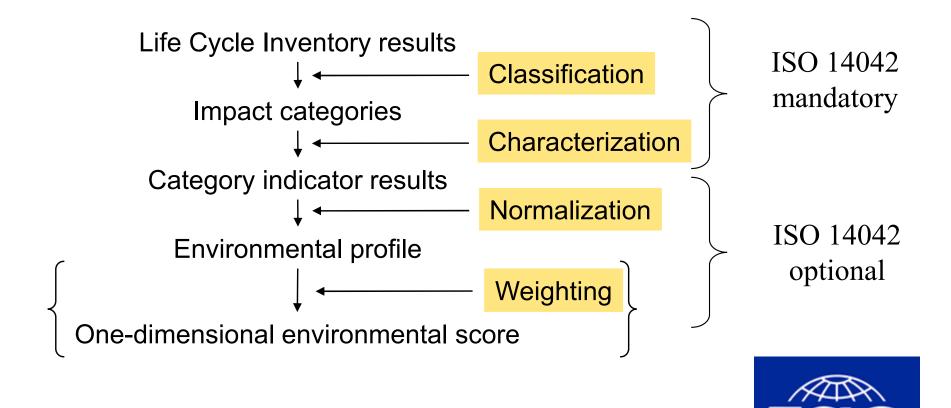


- 3) Life cycle impact assessment (cont'd)
  - Even after normalisation no clear answer
    - Aggregation of (normalized) impact category results into a single index
    - Subjective weighting factors needed
    - Example of a weighted environmental index:

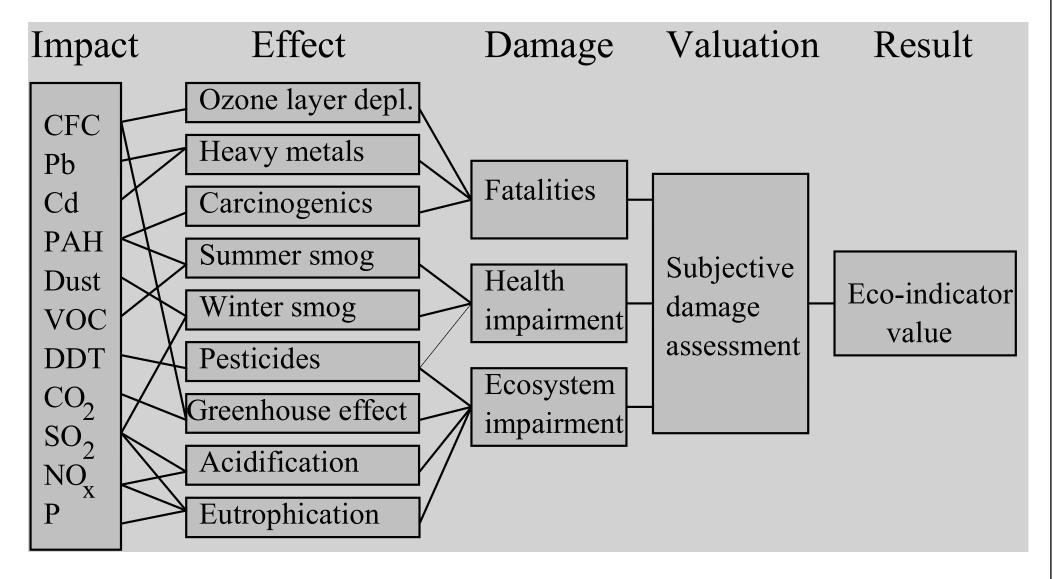
Weighed index	Incandescent lamp	Fluorescent lamp
Weighted index	8.5×10 <sup>-10</sup> yr	1.4×10 <sup>-10</sup> yr

#### Life cycle impact assessment

The impact assessment focuses on characterizing the type and severity of environmental impact more specifically



Schematic representation of the Eco-indicator weighting method



Examples of Eco-indicator weighting methods:

•Eco-indicator 99, Eco-indicator 95, MIPS, Ecopoints, EDIP\UMIP, EDIP\UMIP 96, EPS 2000, Economic Input Output

## LCA process



- 4) Life cycle interpretation
  - Evaluate and interpret results and generate report for decision making
  - Key steps to interpret the results of the LCA
    - 1. Identification of the significant issues based on the LCI and LCIA
    - 2. Evaluation which considers:
      - Completeness check
      - Sensitivity check

>> Quality control/assurance

- Consistency check
- 3. Conclusions, recommendations, and reporting

## LCA process



- 4) Life cycle interpretation (cont'd)
  - Identifies areas for improvement within a system
    - Reliant on the user noticing not only areas which have significant environmental effects but also those with smaller effects where changes could be made easily
  - Conclusions, recommendations, analysis, all related to goal and scope of the research
    - Among others based on data quality and sensitivity analysis
    - Also: critical review by independent experts

### Example of a contribution analysis





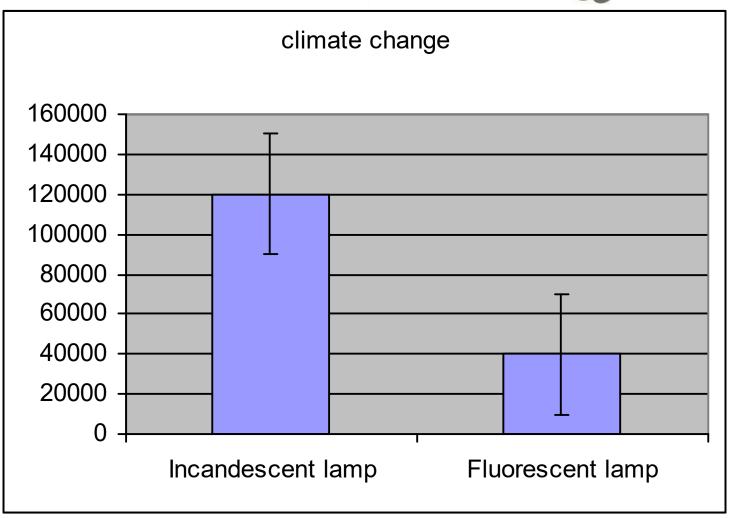
Process	Incandescent lamp	Fluorescent lamp
Electricity production	88%	60%
Copper production	5%	15%
Waste disposal	2%	10%
Other	5%	15%
Total climate change	120000 kg CO <sub>2</sub> -eq	40000 kg CO <sub>2</sub> -eq

(Source: UNEP LCA Training Kit)

#### Example of an uncertainty analysis





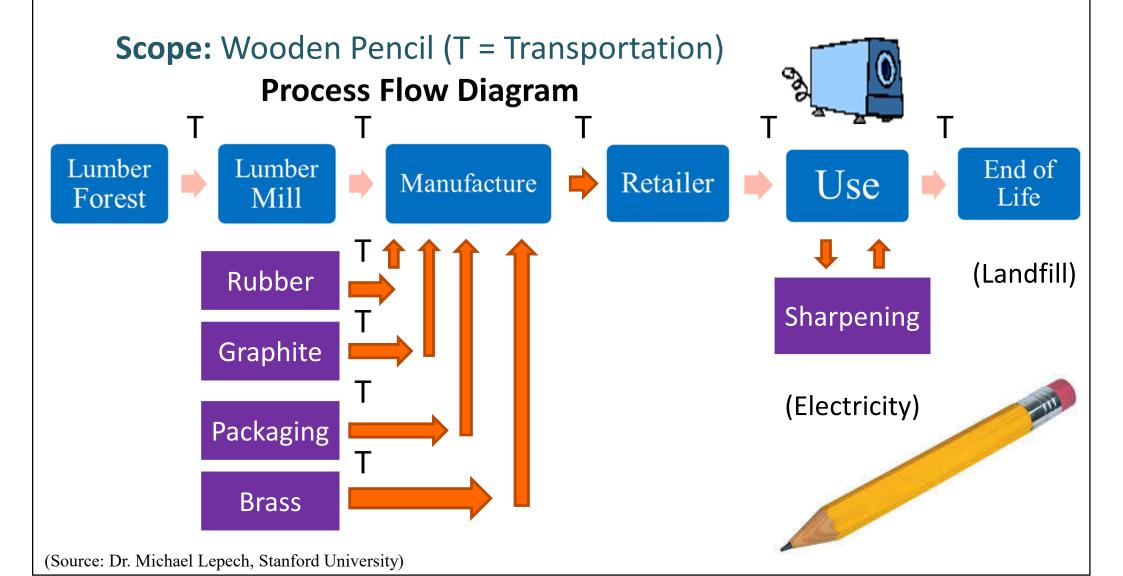


(Source: UNEP LCA Training Kit)



# Example of life cycle assessment: Wooden Pencil vs. Mechanical Pencil

**Goal** = Compare 2 writing utensils for classroom use.

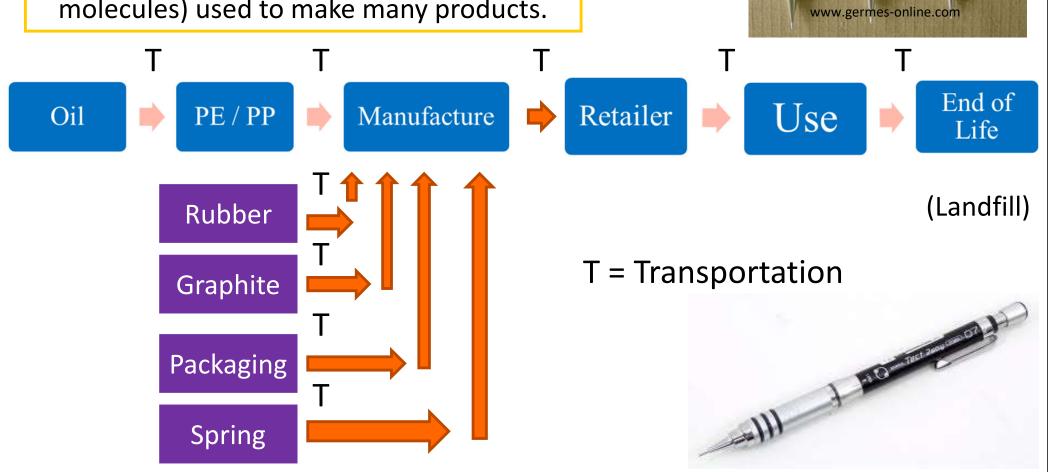


## Scope: Mechanical Pencil

PE = Polyethylene

PP = Polypropylene

Both materials are **plastic polymers** (large molecules) used to make many products.





### Function & Functional Unit

#### **Function**

- Service provided by a system
- What it does!

#### **Functional Unit**

- Gives the function a number value
- Allows comparison between products
- Reference point

#### Example

### Wooden Pencil vs. Mechanical Pencil

- Function = "Writing"
- Functional Unit = "1 meter of writing"



### Items To Consider??

#### Inputs

# What is needed to make the substance!

- 1. Energy
- 2. Materials
- 3. Labor



### Outputs

# What comes out of the system!

- 1. Products (electricity, materials, goods, services)
- 2. Waste
- 3. Emissions
- 4. Co-products



### **Data Collection**

### Life Cycle Inventory Analysis

- 1. Time-sensitive = past 5 years
- 2. Geographical = does it match the location from the goal
- 3. Technology = best available technology for process
- 4. Representativeness = reflects population of interest
- 5. Consistency = matches the procedure
- 6. Reproducibility = another person could find it



#### Precision:

The consistent reproducibility of a measurement

#### Completeness:

Covers all the areas outlined in the scope

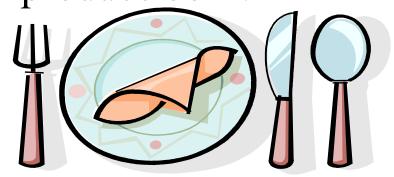




### LCA in Action: Think About It!

Paper Plate vs. China (Plate You Wash & Reuse)

- ✓ What is the function?
- ✓ What is the functional unit?
- ✓ What materials & resources are used?
- ✓ What does it take to produce both?



- ✓ What are the impacts to the environment?
- ✓ Is there waste?
- Does washing the China produce waste?
- ✓ What types of data do you need?
- ✓ How do you know which is better?



### Data Analysis

### **Environmental Impact Categories**

### Global Warming Potential

- Gases in the atmosphere that absorb and emit radiation
- Trap heat from the sun
- Water vapor, CO<sub>2</sub>, CH<sub>4</sub>
   , ozone, NO<sub>2</sub>



### Abiotic Depletion

 Consumption of nonliving resources

### **Human Toxicity Potential**

 Value that shows harms to humans from chemicals

#### Land Use

 How much land is needed



### **Environmental Impact Categories**

Continued . . . .

#### Eutrophication

- Increase in chemical nutrients containing nitrogen or phosphorus
- land or water
- overgrowth of plants
- killing organisms at bottom of water

Water Use Mercury

#### Acidification

- caused by pollution from fuels & acid rain
- low pH

Smog (Winter or Summer)



Energy Use Solid Waste Oil

...AND MANY MORE!!

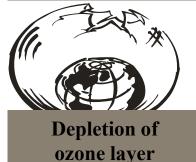
## **Global Impact Categories**



- Source: Use of copper, zinc, oil etc.
- **Effect**: Reduction of possibilities for future generations



- **Source:** Combustion (transport, energy etc.)
- Effect: Increase in temperature, desert formation etc.



- Source: CFC and HCFC from foam and coolants
- Effect: UV radiation, skin cancer etc.

## Regional Impact Categories



**Source:** Transport, energy, industry (Hydrocarbons etc.)

**Effect:** Ozone formation (Damage of lung tissue etc. )



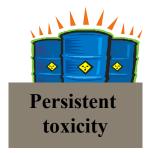
Source: Transport, energy, agriculture

• Effect: Damage to woodlands, lakes and buildings (SOx, NOx, NH3)



• **Source:** Fertilisers, waste water, transport and energy

• **Effect**: Eutrophication (Damage to plants and fish)

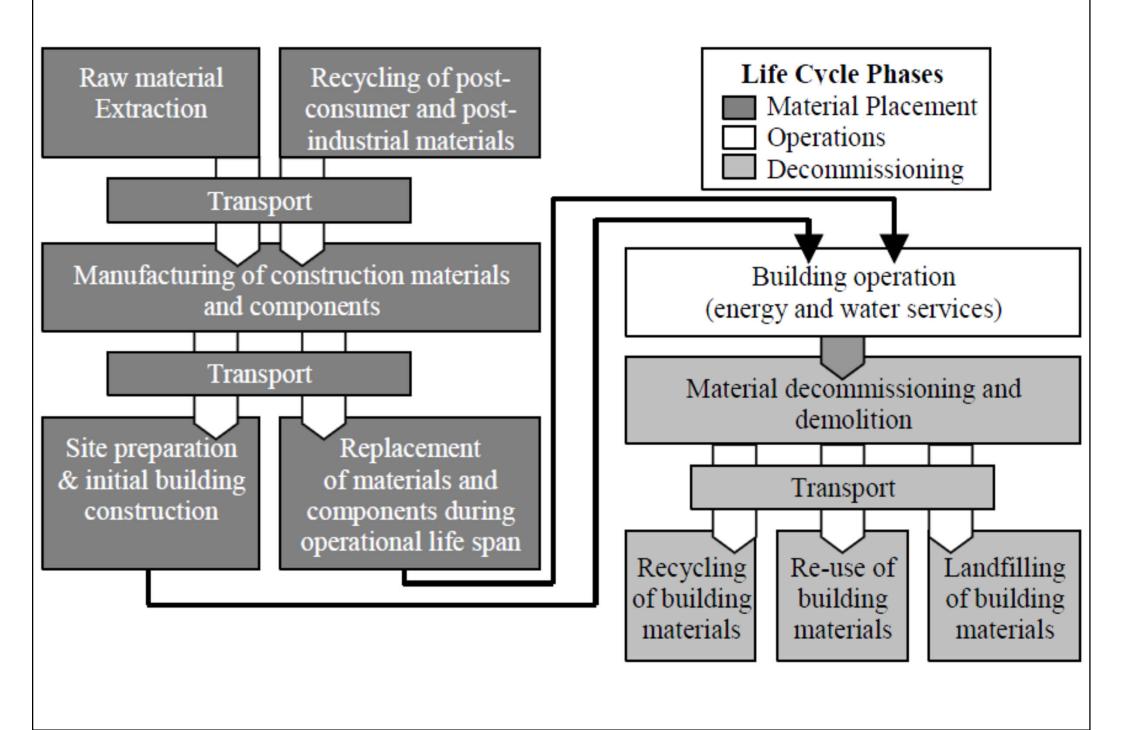


• Source: Waste water, incineration, industry, ships etc.

• Effect: Accumulation: Chronic damage to ecosystems and organisms

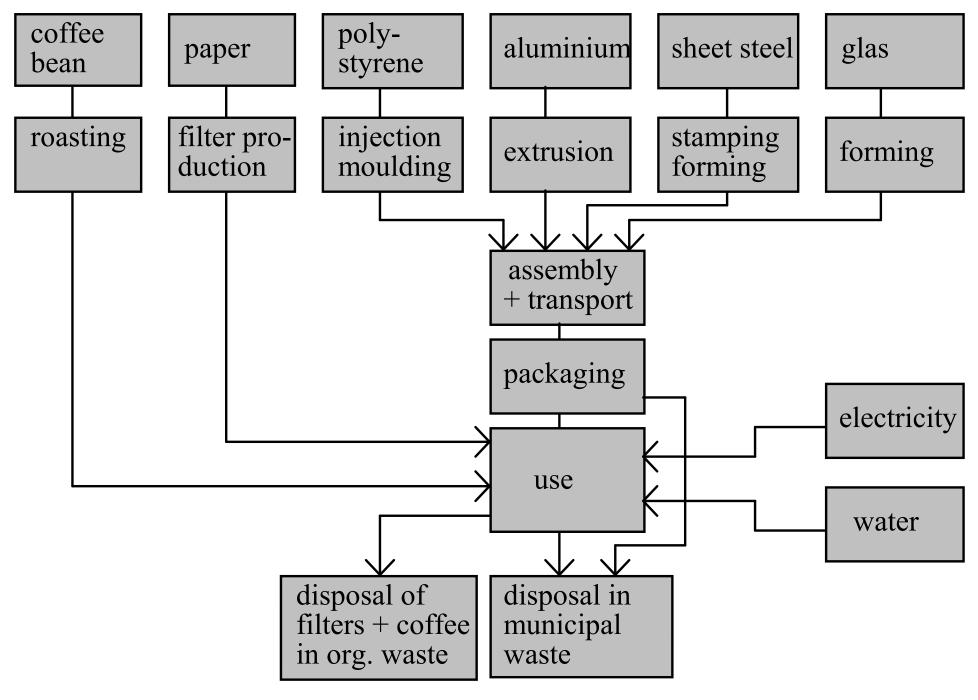
(Source: Loughborough University)

#### Life cycle phase diagram

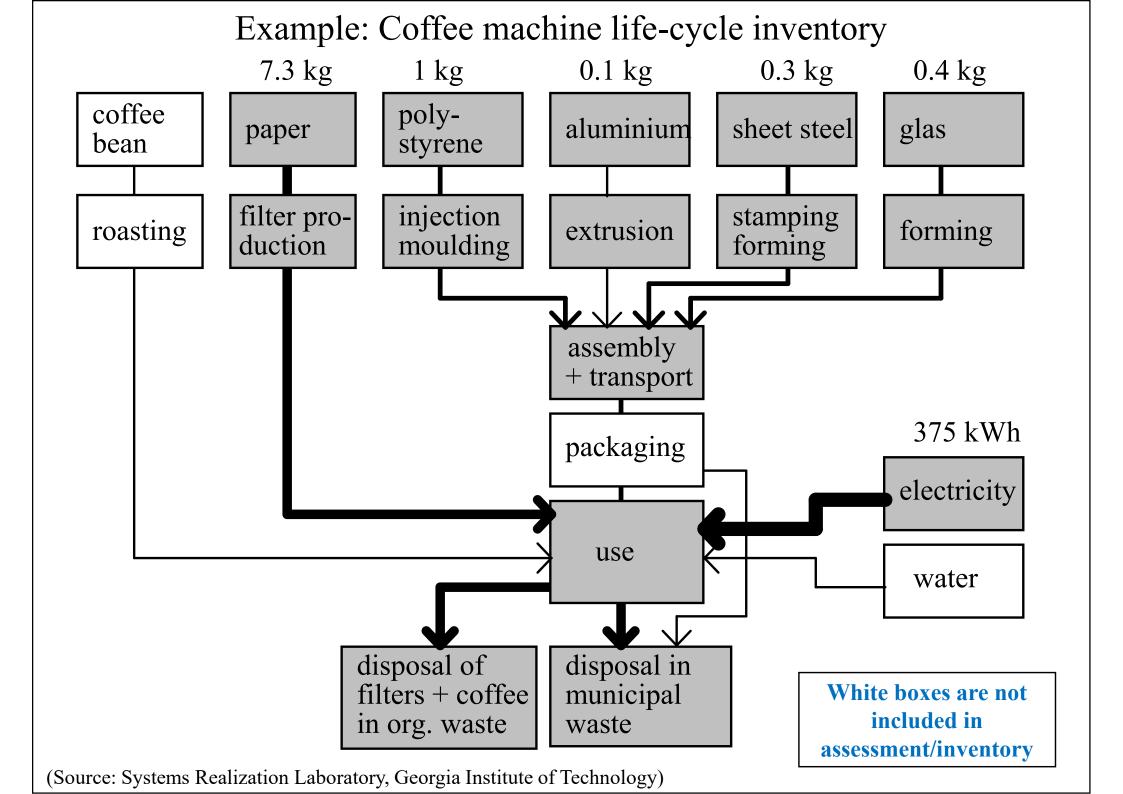


#### LCA example – concrete paving flow chart Coarse Fine Portland Fly Ash Aggregate Aggregate Cement Transport Production Production Production Stone Base Concrete Production Process Transportation analysis (truck) 80-322-483 km sensitivity (50-200-300 mi) Installation -Waste ---

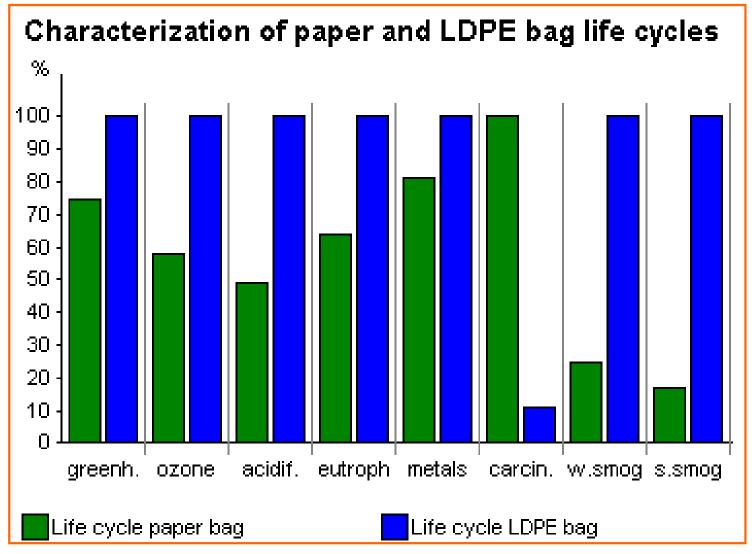
Example: Simplified process tree for a coffee machine's life-cycle



(Source: Systems Realization Laboratory, Georgia Institute of Technology)



#### Example: Plastic versus paper bag classification



- The paper bag causes more winter smog and acidification, but scores better on the other environmental effects.
- The classification does not reveal which is the better bag. What is missing is the mutual weighting of the effects.

(Source: Systems Realization Laboratory, Georgia Institute of Technology)

Energy efficiency standards focus on just 24% of the total CO<sub>2</sub>



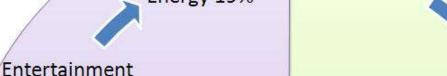
2%

Other Operational Energy 19% Reconstruction

**Embodied** 

eTool

Carbon: 35%



Materials Manufacturing: 23%







Heating & Carbon Emissions of Materials Aircon: 23% Transport: 3%

a Typical Building



**Operational** 

**Carbon: 65 %** 

Refrigeration & cooking 14%





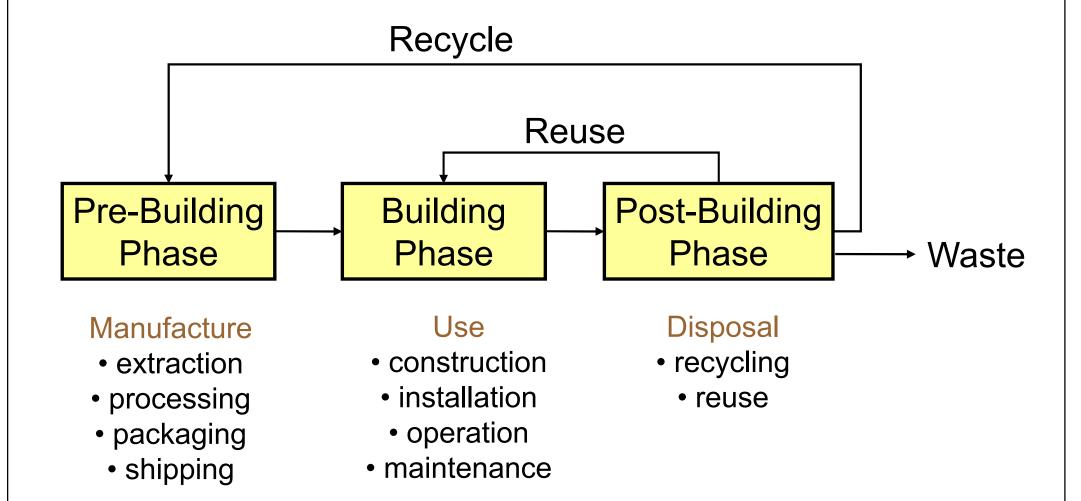
Assembly & Maintenance:





(Source: http://etool.net.au)

#### Three phases of building material life cycle



### **Evaluation methods**



- Pre-building phase
  - Materials acquisition & preparation
    - Land degradation & depletion of resources
  - Manufacturing & fabrication
    - Energy & water use
    - Fugitive emissions
    - Water pollution
  - Distribution & transport
    - Fuel use & air pollution

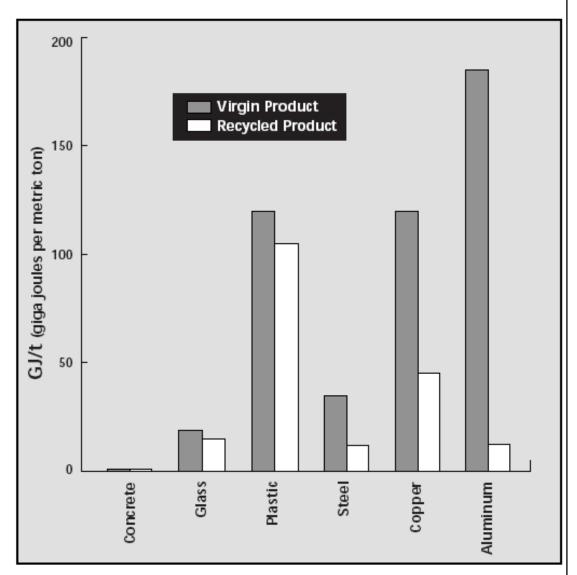




# Energy efficiency by mode of transport

# Embodied energy of virgin and recycled products

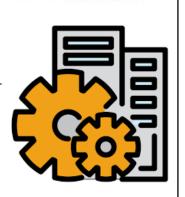
	kJ/tonne-km
Truck	2,128
Railroad	248
Barge (on river)	287
Ship	123



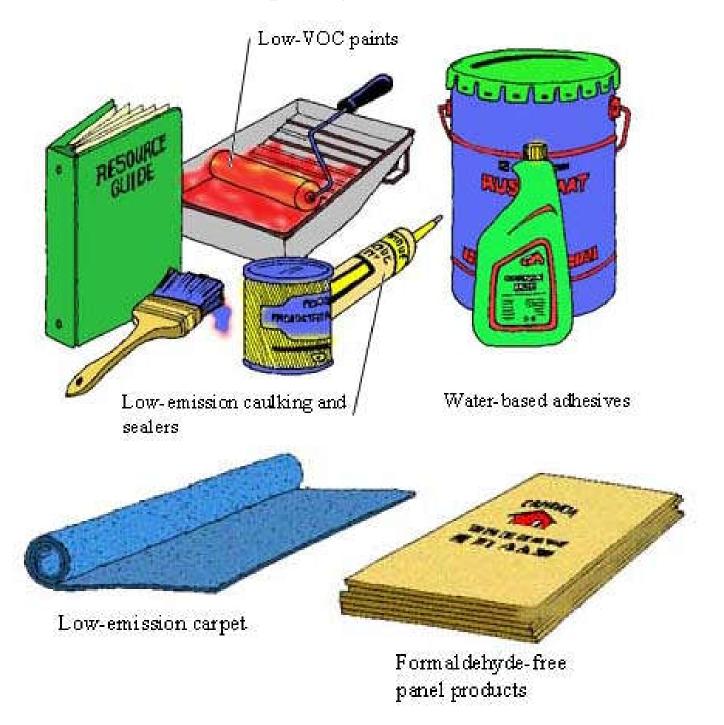
### **Evaluation methods**



- Building phase
  - Construction & installation on site
    - Noise, waste & pollutants from construction site
  - Maintenance & repair
    - Energy & water use
    - Maintenance & operation requirements
  - Use & operation of the building
    - Effects on indoor air quality & occupants' health



### Enhance indoor air quality and minimise health effects



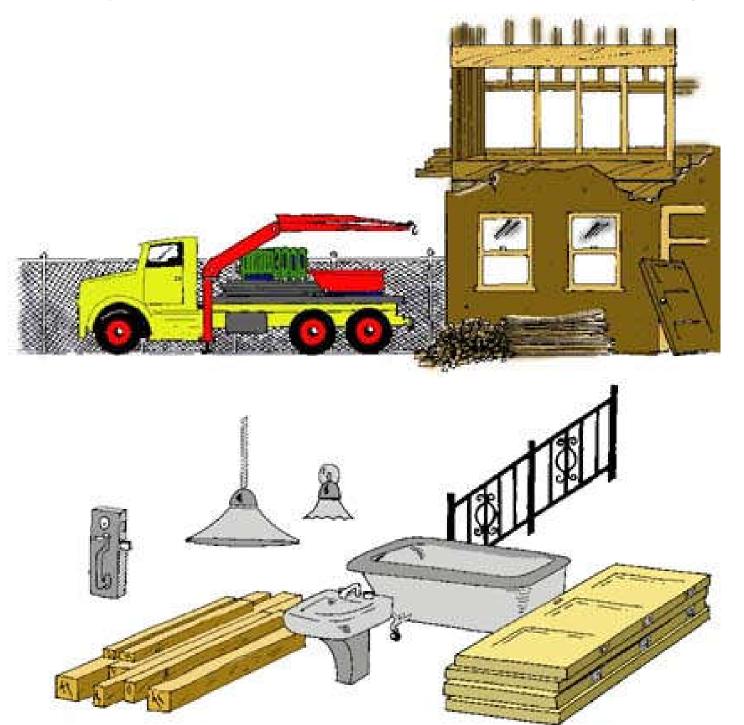
### **Evaluation methods**



- Post-building phase
  - Demolition
    - Noise, air & water pollution during demolition
  - Disposal
    - Need for transportation, landfil, etc. for the waste
  - Reuse or recycling
    - Energy & water use
- "De-construction"
  - Building disassembly & materials salvage



Separate recyclables from demolition and reuse salvaged materials



### **Evaluation methods**



- Criteria in material selection:
  - Resource quantity (use less & more efficiently)
  - Reused materials (salvaged & reused)
  - Recycled content (post- & pre-consumer waste)
  - Renewable materials (e.g. sustainable forestry)
  - Local content and reduced transportation
  - Life-cycle cost & maintenance requirements
  - Resource recovery & recycling
  - Effects on health & indoor air quality





- Important considerations
  - Not just replace one material by another
  - Need to consider how the material is used
  - May require cultural change in design and in using the new materials
- Product to service shift
  - Product as a Service (PaaS)
  - e.g. carpeting service (by Interface, Inc.)
  - Supplier to reuse or recycle the materials





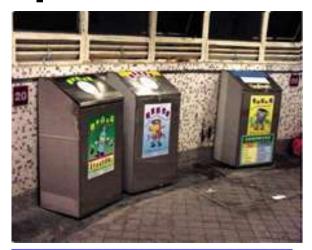


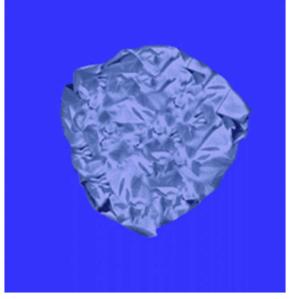
- Evaluate building materials
  - Collect as much information as possible
  - Make judgements & assumptions if needed
- Basic questions
  - What is in them?
  - How they are made?
  - Where they come from?
  - How they perform in the building?
  - What happens to them afterwards?



# 廢物 - 在錯了地方的資源 "Waste - a resource in the wrong place" -- An old Chinese proverb.









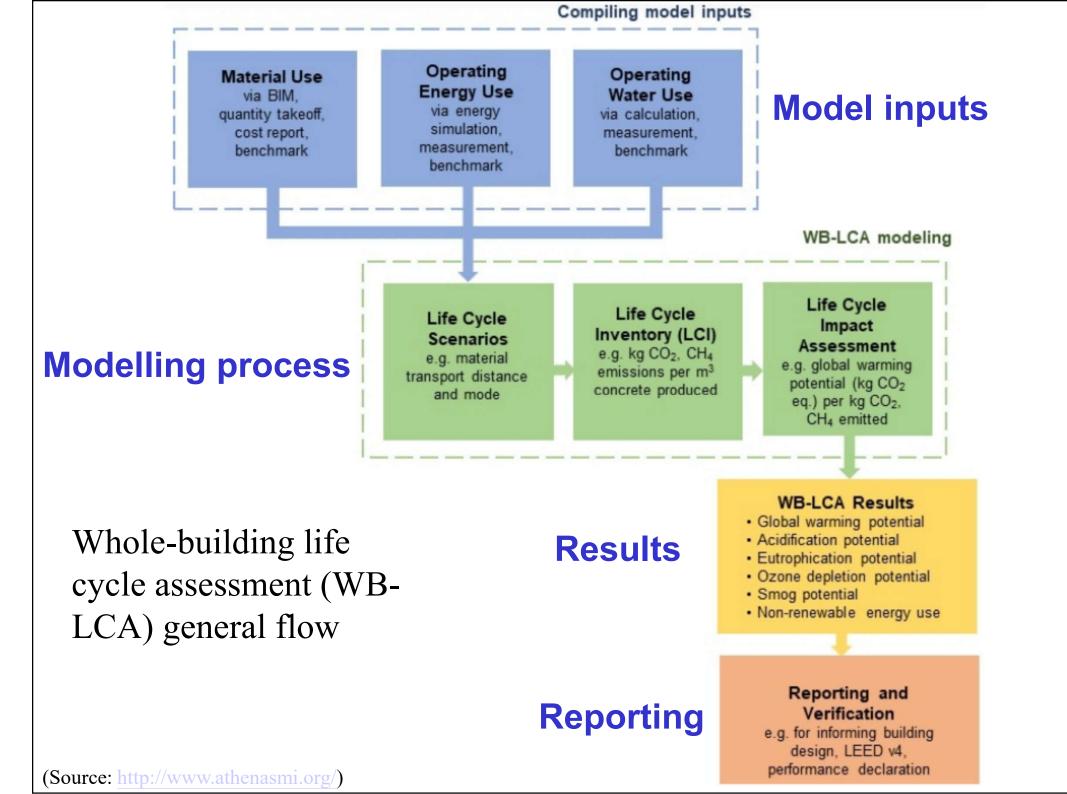
Purchase price & transportation costs of materials



Cost of storage, transport & disposal of waste



Loss of income from not salvaging waste materials







- Examples of LCA analysis software tools
  - ATHENA Impact Estimator and EcoCalculator (Canada) <a href="http://www.athenasmi.org/">http://www.athenasmi.org/</a>
  - BEES (Building for Environmental and Economic Sustainability) Online version (USA)
    - https://www.nist.gov/services-resources/software/bees
  - GaBi (Germany) <a href="https://sphera.com/solutions/product-stewardship/life-cycle-assessment-software-and-data/">https://sphera.com/solutions/product-stewardship/life-cycle-assessment-software-and-data/</a>
  - SimaPro (The Netherlands) <a href="https://simapro.com/">https://simapro.com/</a>





- LCA tools by Athena Sustainable Materials
  Institute <a href="http://www.athenasmi.org/">http://www.athenasmi.org/</a>
  - Impact Estimator (for buildings)
    - Evaluate whole buildings and assemblies based on LCA methodology
       Athena EcoCalculator for Commercial Assemblies

      Athena EcoCalculator for Residential Assemblies
  - EcoCalculator (for assemblies)
    - Provides instant LCA results for more than 400 common building assemblies
  - LCA inventory databases
    - Such as structural products and envelope products





- Impact Estimator's summary measures format:
  - Embodied primary energy use (consumption)
  - Acidification potential
  - Global warming potential
  - Human health respiratory effects potential
  - Ozone depletion potential
  - Smog potential
  - Aquatic eutrophication potential
  - Weighted resource use





- Impact Estimator's absolute values format:
  - Energy
  - Air emissions
  - Water emissions
  - Land emissions
  - Resource use
- Further information:
  - Impact Estimator for Buildings Tutorial
    - https://calculatelca.com/resources/watch-tutorials/



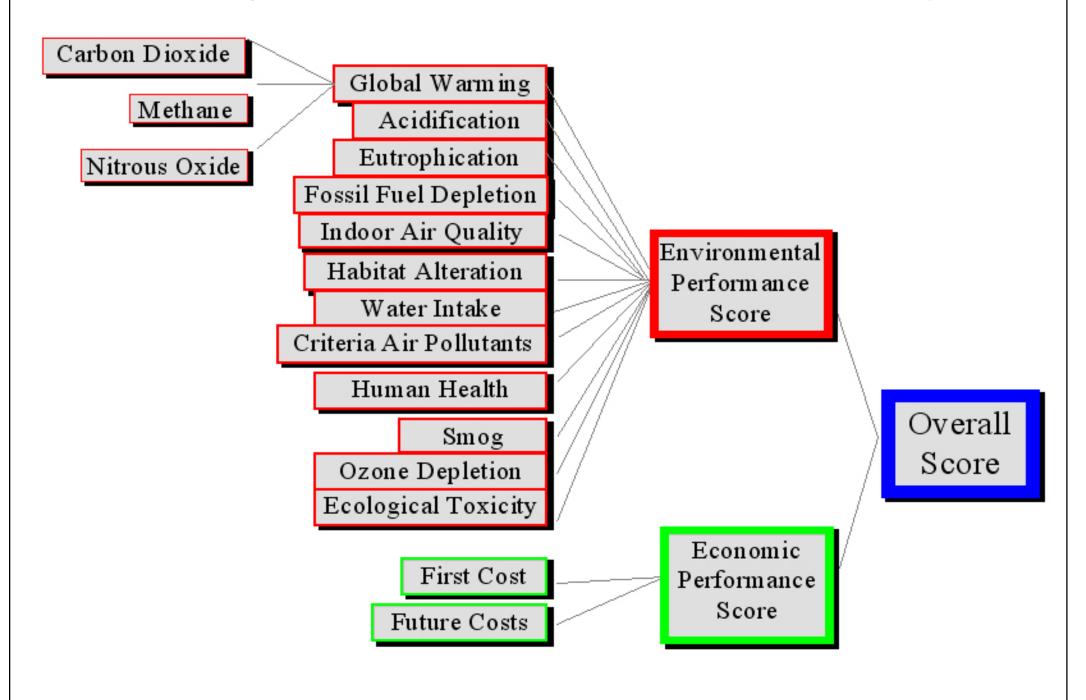


• BEES (Building for Environmental and Economic Sustainability) (USA)



- https://www.nist.gov/services-resources/software/bees
- Developed by Building and Fire Research
   Laboratory of the National Institute of Standards
   and Technology (NIST)
- For measuring the life-cycle environmental and economic performance of building products
- BEES Online version is available now

BEES (Building for Environmental and Economic Sustainability) Model



(Source: https://www.nist.gov/services-resources/software/bees)



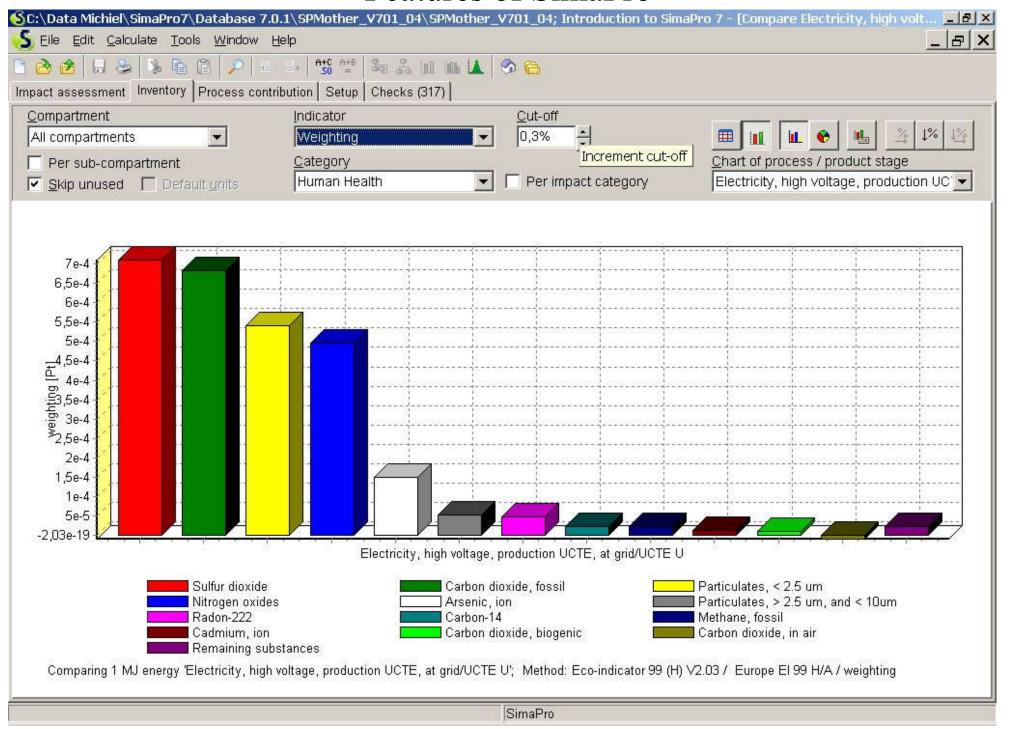


- SimaPro LCA software (by PRé Consultants)
  - https://simapro.com/



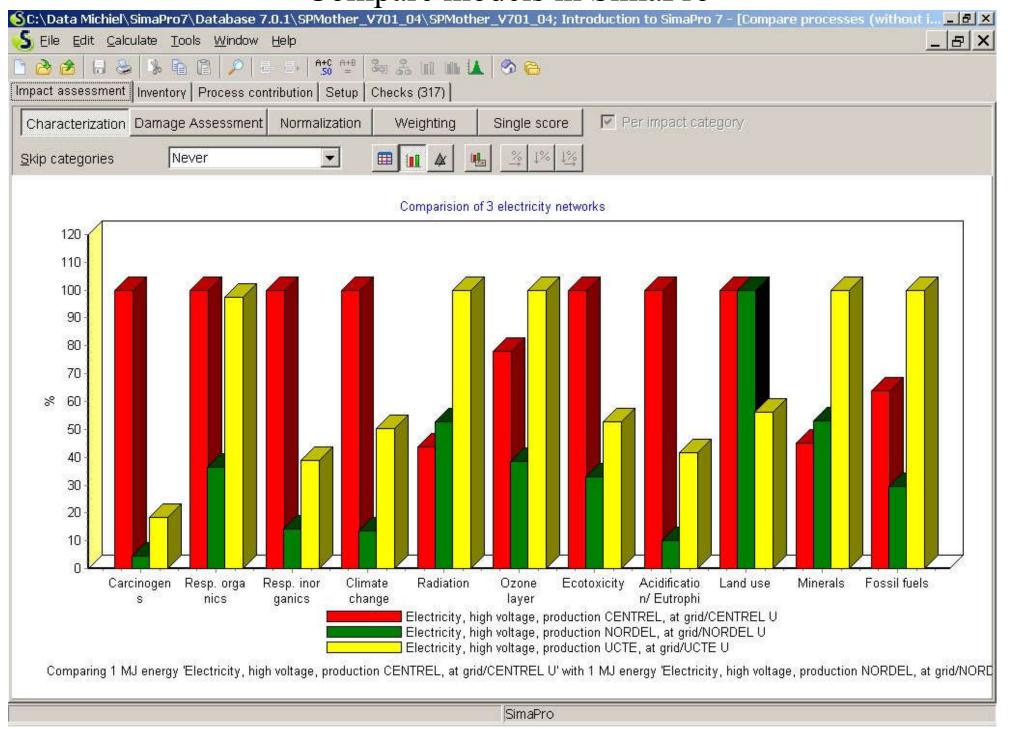
- https://presustainability.com/solutions/tools/simapro/
- Tool to collect, analyze and monitor the environmental performance of products, processes and services
- Follow the ISO 14040 series recommendations
- SimaPro inventory databases

#### Features of SimaPro



(Source: www.pre.nl/simapro/)

Compare models in SimaPro



(Source: www.pre.nl/simapro/)



- Difficulties in LCA
  - Data quality and quantity is often not sufficient for a comprehensive LCA
  - A possible consequence of discrepancies in the data is that two independent studies analysing the same products may generate very different results. Ostensibly comparable LCA's may therefore be incomparable
  - Differing data used in the characterisation stage may mean that LCAs are incomparable
  - Use of alternative methodologies for the impact assessment stage can yield different results



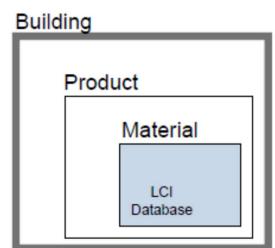
- LCA has attracted some criticisms
  - A lack of standardised information
  - Excessive detail that may be difficult to follow
  - Confusing the issues of human health with those of the environment (human- and eco-toxicity)
  - Weightings are lacking transparency and being subjective
    - It does not allow the findings of different studies to be compared easily



- Problems of LCA:
  - The cost is high, since collecting appropriate data is time consuming
  - Where there are gaps in the data, assumptions have to be made
  - It only provides a snapshot view based on data at the time of collection
  - It does not integrate environmental impact with the social and economic aspects of sustainability



- LCA as a source of strategic insight for quantifying impacts and see if we can improve
- Must ensure the LCA methodology used is understood and clear (transparency)
- Options for incorporating LCA in green building design:
  - 1. Product or material level
  - 2. Assembly level
  - 3. Whole building level







- AIA, 2010. AIA Guide to Building Life Cycle Assessment in Practice, American Institute of Architects (AIA), Washington, DC.
  - https://www.aia.org/resources/7961-building-life-cycle-assessment-in-practice
- LCA (Life Cycle Assessment) Training Kit Material <a href="https://www.lifecycleinitiative.org/resources/training/lca-lifecycle-assessment-training-kit-material/">https://www.lifecycleinitiative.org/resources/training/lca-lifecycle-assessment-training-kit-material/</a>
- Life Cycle Assessment (LCA) Complete Beginner's Guide https://ecochain.com/knowledge/life-cycle-assessment-lca-guide/