

MEBS6006 Environmental Services I

<http://www.hku.hk/mech/msc-courses/MEBS6006/index.html>

Exercises on Thermal Comfort

1. Which mechanism in thermal comfort study is each of the following referring to?

Solution:

- A warm body transferring heat across space to surrounding surface. → Radiation
- The heat flow through a substance by physical contact. → Conduction
- Cooler air warmed by the body rise, drawing in more cool air to the body. → Convection
- Moisture exits the body through pores in the skin and changes to a vapour causing the skin to cool. → Evaporation

2. What are the two important conditions for achieving thermal comfort?

Solution:

- (1) Heat produced must equal heat lost, and
- (2) Signals from Heat- and Cold-sensors must neutralise each other

3. Briefly describe the heat balance equation for assessing thermal comfort and its parameters.

Solution:

The heat balance equation for thermal comfort is:

$$S = M - W - E - (R + C)$$

- S = Rate of heat storage; proportional to rate of change in mean body temp.; normally, S is zero; adjusted by the thermo-regulatory system of the body
- M = Metabolic rate; heat released from human body per unit skin area, depends on muscular activities, environment, body sizes, etc.; 1 met = 58.2 W/m² (seated quiet person)
- W = Mechanical work, energy in human body transformed into external mechanical work
- E = Evaporative heat loss; release of latent heat energy from evaporation of body fluid respired vapour loss; E_{res} (respiration heat losses: latent E_{rel} and sensible E_{rec}) and evaporative heat loss from skin E_{sk} (include skin diffusion E_{dif} and regulatory sweating E_{rsw})
- $R + C$ = Dry heat exchange, through convective and radiative heat transfer; heat loss by radiation if skin temp. > temp. of surrounding surfaces; heat loss by convection if skin temp. > dry bulb temp.

4. Explain the meaning of the following environmental indices used for evaluating the perception of thermal comfort.
- i) Mean radiant temperature
 - ii) Operative temperature
 - iii) Effective temperature
 - iv) Equivalent temperature

Solution:

- i) Mean radiant temperature = uniform temp. of an imaginary black enclosure which result in the same heat loss by radiation as the actual enclosure
- ii) Operative temperature = uniform temp. of an imaginary enclosure with the same dry heat by $R + C$ as in the actual environment (integrate dry-bulb and MRT)
- iii) Effective temperature = temp of an environment at 50%RH that results in the same total heat loss from the skin as for the actual environment (combine temp. & humidity effect)
- iv) Equivalent temperature = temp. that integrates the effect of dry-bulb, MRT and air velocity, also called wind-chill temperature

5. Briefly explain the four situations where local thermal discomfort may happen.

Solution:

Four situations of local thermal discomfort:

- Draught (excessive air velocity, high turbulence)
- Radiation asymmetry (e.g. warm ceilings and cold walls)
- Vertical air temperature gradient (e.g. difference between air temperature at ankle and neck level)
- Floor temperature (e.g. cold floor in bathroom)