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Mechanical and Natural Ventilation



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Basic Concepts



- What is Ventilation (通風)?
 - The process by which fresh air is introduced and ventilated air is removed
 - Primary aim: to preserve the <u>qualities of air</u>
 - May also be used to lower temperature & humidity
- Natural ventilation
 - By means of purpose-provided aperture (such as openable windows, ventilators and shafts) and the natural forces of wind and temperature-difference pressures

Natural ventilation (e.g. cross ventilation 穿堂風)



(Source: Environmental Protection Department)

Basic Concepts



- Two categories of natural ventilation:
 - Controlled natural ventilation
 - Intentional displacement of air through specified openings such as windows, doors, and ventilators by using natural forces
 - Usually controlled to some extent by the occupant
 - Infiltration (air leakage into a building)
 - Uncontrolled random flow of air through unintentional openings driven by wind, temperature-difference pressures and/or appliance-induced pressures across the building envelope

Basic Concepts



• Mechanical (or forced) ventilation

- By means of mechanical devices, such as fans
- May be arranged to provide either supply, extract or balanced ventilation for an occupied space

• Exfiltration

- Leakage of indoor air out of a building through openings (similar to infiltration)
- When indoor space is at higher (+ve) pressure than outdoor

Mechanical ventilation (extract ventilation)



(Source: Environmental Protection Department)

Analysis of air flow

- 1. Outdoor air
- 2. Supply air
- 3. Indoor air
- 4. Transferred air
- 5. Extract air
- 6. Recirculation air
- 7. Exhaust air
- 8. Secondary air
- 9. Leakage
- 10. Infiltration
- 11. Exfiltration
- 12. Mixed air





- Ventilation for supporting life
 - Maintain sufficient oxygen in the air
 - Prevent high concentration of carbon dioxide
 - Remove odour, moisture & pollutants
- Poor ventilation and indoor air quality
 - Impact on human health & productivity
- CO₂ as an index of air quality
 - < 1,000 ppm, corresponds to fresh air 7 l/s/person</p>
 - < 800 ppm, corresponds to fresh air 10 l/s/person</p>

Ventilation to remove pollutants and moisture



(Source: Environmental Protection Department)

Ventilation system design should avoid intake of vehicle exhaust



* Also ensure outdoor air intake is of adequate quality

(Source: Environmental Protection Department)



Purposes of ventilation

- Maintain human comfort and health
- Provide sufficient air/oxygen for human/livestock
- Provide sufficient air/oxygen for processes
- Remove products of respiration and bodily odour
- Remove contaminants or harmful chemicals
- Remove heat generated indoor
- Create air movement (feeling of freshness/comfort)





- For removal of indoor pollution
 - Estimate production rates of all known pollutants
 - Select the largest ventilation rate for design
- Standards & guides, e.g. ASHRAE Standard
 62.1 and CIBSE Guide B2
 - Prescriptive procedure and analytical procedure
- In Hong Kong, the related building regulation
 - e.g. Building (Ventilating Systems) Regulations --Chapter 123J

(See also: Ventilation Design <u>http://www.arca53.dsl.pipex.com/index_files/vent7.htm</u>)



- Ventilation calculations
 - For general mechanical ventilation:
 - Ventilation Rate (m³/h) = Air Change Rate (/h) x Room Volume (m³)
 - Ventilation Rate (m^3/s) = Ventilation Rate (m^3/h) / 3600
 - For calculating fresh air ventilation rates
 - Fresh air rate (m³/s) = Fresh air rate per person (l/s/p) x number of occupants
- Ventilation effectiveness
 - Depend on ventilation strategy, air distribution method, room load & air filtration



- Determine the required ventilation rate (Q):
 - (a) Maximum allowable concentration of contaminants (C_i)

• $C_i = C_o + F / Q$

- (b) Heat generation inside the space (H)
 Q = H / [c_ρ x ρ x (T_i T_o)]
- (c) Air change rates (*ACH*)
 - *Q* = *V* x ACH / 3.6



- For air to move into and out of a building, a pressure difference is required
- Resistance to air flow through the building will affect the actual air flow rate
- The pressure difference is caused by:
 - 1. Wind effect
 - 2. Stack or chimney effect
 - 3. Combination of both wind and stack effects

(See also: Natural Ventilation -- HK Green Building Technology Net http://gbtech.emsd.gov.hk/english/utilize/natural.html)





• Wind effect

- Air flow around a building
 - Wind pressure +ve windward side, -ve leeward side
- Wind pressure depends on:
 - Wind speed and direction
 - Location and surrounding environment
 - Shape of the building
- Wind pressure on building surfaces

$$P_{w} - P_{o} = C_{p} \cdot \frac{1}{2} \cdot \rho \cdot v_{w}^{2}$$





- Stack effect: air movement due to temp. difference between indoor and outdoor
 - Flow of air in vertical direction and along the path of least resistance
 - Winter: air flowing up; Summer: air flowing down
 - A neutral pressure level (NPL) exists where the interior and exterior pressures are equal
 - Pressure difference due to stack effect is given by: $\Delta P_s = (\rho_o - \rho_i) \cdot g \cdot (h - h_{neutral}) = \rho_i \cdot g \cdot (h - h_{neutral}) \cdot \frac{T_i - T_o}{T_o}$



⁽Source: ASHRAE Handbook Fundamentals 2005)



(Source: ASHRAE Handbook Fundamentals 2005)

Floors are connected by a shaft and openings



(Source: ASHRAE Handbook Fundamentals 2005)



• Combined effect of wind and temp. difference

- Most commonly found
- Pressures due to each effect are added together
- The relative importance of wind and stack pressures depends on:
 - Building height
 - Internal resistance to vertical air flow
 - Location and flow resistance of openings
 - Local terrain and immediate shielding

Combined effect of wind and thermal forces



(Source: ASHRAE Handbook Fundamentals 2005)



- Infiltration uncontrolled air flow through building envelope driven by pressures from:
 - Wind
 - Temp. difference between indoor and outdoor
 - Operation of mechanical exhaust
- Characteristics determined by:
 - Measuring air leakage of building envelope
 - Typical leakage rates (residential) = 6 to 10 ACH at 50 Pa pressure difference

- Building air leakage (e.g. at cracks)
 - A measure of air tightness of building envelope
 - Expressed as (effective) air leakage area
 - Varies with design, construction, season and age
 - No simple relationship with air exchange rate
- Air leakage may be determined by:
 - Pressurisation testing
 - Tracer gas measurement

(See also: Natural Ventilation Systems <u>http://www.arca53.dsl.pipex.com/index_files/natvent.htm</u>)

- -
- Ratings for air tightness may be found for whole building (e.g. leakage class A, B, C, D)
- Exterior walls and windows usually important
 - Air leakage area per component, per unit surface area, or per unit length of crack or sash
- Infiltration rate may be calculated by:

$$\frac{Q}{A_e} = \sqrt{A \cdot \Delta T + B \cdot V_W^2}$$

• Three main types of natural ventilation

- Single-sided ventilation
- Cross ventilation
- Passive stack ventilation









PSV to a dwelling house

(Source: Building Services Handbook)

Stack Ventilation Analysis

Stack ventilation rate q_B through two openings is:

$$q_B = c_d A^* \sqrt{2 \left(\frac{T_i - T_o}{T_o}\right)} gH$$

where

 $1/A^{*2} = 1/A_b^2 + 1/A_t^2$

the Neutral Plane Level h_N is:

$$h_N = \frac{A_t^2}{A_b^2 + A_t^2} H$$

and C_d = discharge coefficient for opening, C_d = 0.61 for sharp-edge orifice.





- Solar-induced ventilation
 - Relied upon the heating of part of the building fabric by solar irradiation resulting into a greater temp. difference, hence larger air flow
 - Three devices are often used:
 - Trombe wall
 - Solar chimney
 - Solar roof



Fig. 5. Trombe wall ventilator.

(Source: Awbi (1998))



Fig. 6. Solar chimney.

(Source: Awbi (1998))



(Source: Awbi (1998))

Cross flow natural ventilation with a solar chimney



Solar chimney with thermal insulation





- Mechanical ventilation
 - Movement of air through a building using fan power
 - Ability to control the air flows
- Two types:
 - Unbalanced systems
 - Air is either supplied or extracted
 - Balanced systems
 - Air is supplied and extracted simultaneously

(See also: Basic Mechanical Ventilation Systems http://www.arca53.dsl.pipex.com/index_files/vent3.htm)



• Design principles:

- 1. Exhaust close to pollutant generation
- 2. Effective local extracts
- 3. Supply to the breathing zone
- 4. Supply air to clean areas
- 5. More extract from "dirty" areas
- 6. Transfer air from "clean" to "dirty" areas





- Extract ventilation, e.g.
 - Commercial kitchens
 - Toilets and bathrooms
 - Underground carparks
 - Factories or industrial buildings
 - Localised industrial extraction
- Supply ventilation





Example of kitchen ventilation system





- Industrial ventilation
 - An important method for reducing employee exposures to airborne contaminants
 - <u>Dilution systems</u>:
 - Reduce the concentrations of contaminants released in a work room by mixing with air flowing through the room
 - Local exhaust ventilation (LEV):
 - Capture or contain contaminates at their source before they escape into the workplace environment



- Supply and extract (balanced) systems
 - Central air handling unit (AHU) with separate supply and extract fans
 - A heat recovery device can also be incorporated
- Energy implications & efficient ventilation
 - Heat recovery
 - Demand controlled ventilation (DCV)
 - User control ventilation
 - Ventilation system balancing



• Benefits of natural ventilation

- Can <u>save substantial energy</u> by decreasing or eliminating the need for HVAC
- May <u>improve indoor air quality</u> if outdoor air quality is good and air exchange rate is high
- Buildings with well-designed natural ventilation systems often provide very <u>comfortable and</u> <u>pleasant environments</u> for the occupants
- People may <u>increase their work productivity</u> when they can open and close windows and vary the natural ventilation rate in their workspace



- Key factors affecting natural ventilation:
 - Depth of space with respect to ventilation openings
 - Ceiling height
 - Thermal mass exposed to the air
 - Location of building and possible air pollutants
 - Heat gain
 - Climate, e.g. outdoor temperature or wind velocity
- Passive cooling
 - Technologies or design features used to cool buildings without power consumption

Design strategies of natural ventilation





- Suitability of natural ventilation
 - Most suited to:
 - Buildings with a narrow plan or atria with floor plate width of 15 m or less
 - Sites with minimal external air and noise pollution
 - Open plan layouts
 - Not suited to:
 - Buildings with a deep floor plan
 - Buildings that require precise temp. & humidity control
 - Buildings with individual offices or small spaces
 - Buildings with continual heat loads above 35–40 W/m²
 - Locations with poor air quality



- Natural ventilation -- basic principles for sizing and placing openings:
 - The area of the opening at intake must be equal to or 25% smaller than the area of opening for exhaust
 - Air flow will take the line of least resistance so follow the flow line to check for dead spots (areas where fresh air does not go)
 - Consider security, privacy and noise transfer



- Design for natural ventilation (cont'd)
 - Flow caused by wind is affected by:
 - Average wind speed
 - Prevailing wind direction
 - Seasonal & daily variation in wind speed and direction
 - Local obstructing objects, e.g. nearby buildings & trees
 - Position and characteristics of openings
 - Distribution of surface pressure coefficients for the wind



• Flow caused by thermal forces

$$Q = K \cdot A \cdot \sqrt{2 \cdot g} \cdot \Delta h \cdot \frac{T_i - T_o}{T_i} \quad \text{if } T_i > T_o$$
$$Q = K \cdot A \cdot \sqrt{2 \cdot g} \cdot \Delta h \cdot \frac{T_o - T_i}{T_o} \quad \text{if } T_o > T_i$$

where

 $Q = air flow rate (m^3/s)$

K = discharge coefficient for the opening (usually assumed to be 0.65)

A = free area of inlet openings (m²)

h = height from lower opening (mid-point) to neutral pressure level (m)

 T_i = indoor air temperature (K)

 T_o = outdoor air temperature (K)



- Hybrid ventilation (or mixed mode ventilation)
 - = Natural ventilation + Mechanical ventilation
 - Use them at different time of the day or season of the year
 - Usually have a control system to switch between natural and mechanical modes
 - Combine the advantages of both to satisfy the actual ventilation needs and minimise energy consumption



Further Reading



- Air Movement and Natural Ventilation [Web-based lecture by Dr. Sam C. M. Hui]
 - http://arch.hku.hk/teaching/lectures/airvent/
- Ventilation [BSE notes]
 - http://www.arca53.dsl.pipex.com/index_files/venta.htm
 - Design guidelines
 - Design examples
 - Ventilation drawings
- Lesson 40 Ventilation For Cooling <u>http://nptel.ac.in/courses/112105129/40</u>