OFFICE LIGHTING

The Value of Lighting Quality Lighting Fixture Specifications Lighting Controls for Offices

Private Office Layouts Open-plan Office Layouts Office Corridor Layouts

OFFICE LIGHTING

This guide gives you the KnowHow to provide "energy effective" lighting for offices -

lighting systems

that save energy

while creating a

comfortable and productive work

environment.

Energy conserving

lighting products

are common, but

are appropriate for

not all products

all applications.

Lighting fixtures

must be carefully

and controls

selected and



'Lighting systems for offices must be cost effective and provide a comfortable, productive and energy efficient workplace."

Building Owner, Cummings Properties

> located to provide the proper balance of energy savings and lighting quality. Providing an

adequate quantity of light (measured in footcandles) is not enough. Lighting quality means comfort, good color, uniformity and balanced brightness relationships - factors that contribute to long term work performance. Shadows, glare, flicker or chaotic patterns of light or fixtures are distracting to employees and should be avoided.

PENNY WISE AND **POUND FOOLISH**

Employees' salaries are the costliest part of running a business. If poorly designed lighting distracts the average occupant for only 1% of the time, this is equivalent to a \$5 per square foot annual loss. Good quality lighting is an essential part of occupant comfort



In open-plan offices, lighting the walls and ceiling provides a major improvement in lighting quality.

and satisfaction, providing productivity benefits in the short run and potential employee retention in the long run. The design strategies and technologies herein can provide office occupants with a safe, comfortable and cost-effective lighting system, and reduce energy and maintenance costs.

QUALITY ISSUES FOR OFFICE LIGHTING

	Private Offices	Open-plan Offices	Office Corridor
Control of direct and reflected glare			
5	-		U
Light on walls and ceilings	•		
Physical relation of fixtures to users	•	•	0
Uniformity / Reduce shadows and flicke	r 🌔		0
Room surface characteristics			
Color rendering and color temperature			0
Daylighting			0
Lighting controls			0
Quantity of light on task (footcandles)	40-50 fc	40-50 fc	5-10 fc
Very Important 1 Important 0 Some	what Important	* Adapted from the Ligh	ting Design Guide.

* Adapted from the Lighting Design Guide. IESNA Lighting Handbook, 9th Edition

ACHIEVING BETTER & BETTER YET RESULTS

This knowhow guide shows you basic lighting solutions that will deliver **Better** quality and more energy-efficient lighting systems for offices than traditional approaches. The Better Yet solutions identify further improvements and efficiencies. To realize even greater energy conservation and higher lighting quality than can be covered in this short guide, see page 8 for advanced lighting references.

Copyright 2002, Northeast Energy Efficiency Partnerships, Inc. All Rights Reserved. Any use, reproduction or distribution of knowhow or its contents without the express written consent of NEEP is prohibited. Contact www.neep.org or (781) 860-9177 ext. 10.

the value of quality lighting

OFFICE QUALITY ISSUES: GLARE

Glare occurs when bright light sources interfere with the viewing of objects or surfaces that are less bright. The contrast between very bright and less bright may be uncomfortable or disabling, both of which are undesirable in an office environment. Fixtures located to the front or side of the employee cause direct glare. Overhead glare is caused by excessive brightness directly above. Reflected glare occurs on computer screens from images of fixtures located behind the employee. Reflected glare can also occur on glossy paper from lights directly in front. Most glare can be controlled either

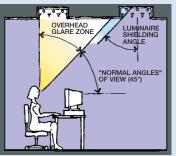


If lighting quality isn't achieved in the initial design, occupants will try their own remedies, with serious consequences for energy consumption.

indirectly illuminating the ceiling. (See fixture type 'E').

- Shield the lamps from view with baffles, louvers, lenses or overlays.
- Reduce the brightness of the lamps by using more lamps of lower brightness. Use more fixtures if necessary.

PREVENTING OVERHEAD GLARE



While many lighting fixtures are designed to shield the view of lamps from "normal" viewing angles (eyes straight ahead), fixtures with exposed lamps (downlights, fluorescent parabolic troffers) can still produce glare which impedes office work.

the surroundings or decreasing

the brightness of the sources,

Some contrast-reducing

Increase room surface brightness by illuminating

walls and ceilings, and using

lighter colored materials.

Increase the brightness

around the glare source

by using semi-specular

or white louvers, or by

or both.

•

suggestions:

TO AVOID OVERHEAD GLARE

- 1. No more than three T-8 lamps in a 2'x4' fixture.
- 2. No specular (shiny) reflectors visible from any angles.
- 3. No specular louvers or baffles (semi-specular or white only).
- 4. No T-5 lamps visible from any angle.



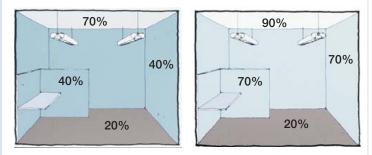
Medium-Sized Private Office

LIGHTING WALLS AND CEILINGS

To provide a productive working environment, lighting must be designed for long term comfort. Lighting the wall and ceiling reduces contrast, shadows, glare and distractions - all of which are directly related to a worker's performance. While the desktop and the worker's task should be the brightest surface in the room, the walls, ceiling and partitions should be about 1/3 as bright. Rooms with darker colored walls or partitions, which absorb light, may never achieve a good balance of brightness.

REFLECTANCES

Light is absorbed every time it is reflected off a room surface. Light colors reflect more light than dark colors. Select ceilings that are white and reflect at least 80% of the light. Select light colored vertical room surfaces in work areas (walls, panels, overhead bins) which reflect 65% or more. All major surfaces should be matte, not shiny, to improve uniformity and avoid reflected glare.



A small increase in room reflectances produces a big improvement in efficiency. The lighter room provides 55% more light on the work surface for the same energy or uses 70% less energy to provide equivalent brightness. The lighter room also provides better brightness ratios, comfort and daylight distribution.



'Even if it costs me \$1.00/sf more to light the walls and ceiling, better quality lighting only has to achieve a 1 percent improvement in my employee's performance to provide a 3month simple payback. Now that's an investment that makes sense.'

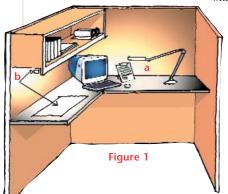
Owner and Employer, J.R. Gainfort

UNIFORMITY

Light should be distributed relatively uniformly in a work environment, avoiding "hot spots," shadows or sharp patterns of light and dark. In larger offices or open-plan spaces, use more than one type of light fixture, each with specific distribution characteristics, to light the task and room surfaces most effectively. Select fixtures specifically designed for wall washing, to light walls from top to bottom. Avoid locating fixtures closer than 3' from walls. If they are too close, they create harsh patterns and dark upper walls, resulting in a cave-like appearance.

TASK LIGHTING

Compact fluorescent desk lights allow workers to control their own lighting to accommodate their individual visual needs. "Articulated" task lights,



which allow adjustment in all three planes, are extremely effective without being expensive and are preferable to undercabinet lights for illuminating the task. In particular, they offer flexibility for different workers and different task requirements, and allow for lower levels of ambient light from the ceilingmounted light fixtures. See Figure 1(a)

UNDERCABINET LIGHTS

Wall cabinets and cabinets attached to furniture partitions create disturbing shadows on the vertical surfaces they overhang. A low quantity of lighting should be provided to remove this shadow and maintain a balance of brightness. Undercabinet lights with opaque fronts are available commercially or sold as part of the furniture system. Standard side-socket fluorescent channels may be used, if shielded by the cabinet edge. In either case, a single T-8 lamp generally provides too much light, so it should be coupled with a 50% output ballast which reduces the amount of light, reduces energy consumption and balances the brightness. Since undercabinet lights provide light from directly in front of the worker, creating reflected glare, they tend to perform poorly as "task" lights but are useful for removing shadows. See Figure 1(b)

POWER LIMITS FOR OFFICE SPACES*

	Watts / SF
Private Offices	1.5
Open Plan Offices	1.3
Office Corridor	0.7
Reception/Lobby	1.8
Conference/Meeting	1.5
Active Stairs	0.9
Active Storage	1.1

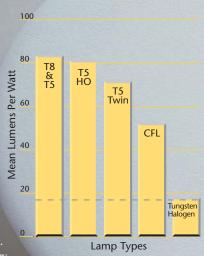
Note: Local task lighting must be accommodated within these power limits. * From ANSI/ASHRAE/IESNA Standard 90.1-1999

USE ENERGY EFFICIENT SOURCES

Fluorescent lighting 80 today is not only Lumens Per Watt efficient, but rivals incandescent in and aesthetics. Mean Lamps are available in a 20 variety of superior colors providing a natural appearance for people and room colors. Electronic high frequency ballasts eliminate the flicker and noise of older model ballasts. The graph compares efficacies (mean lumens per watt) of common fluorescent lamp/ ballast combinations with the efficacy of a tungsten halogen (incandescent) lamp.



Lamp / Ballast Efficacies



"Pendant fixtures save installation time and cost, since they only require one power feed at the end of each row."

Electrical Contractor, Rise Engineering



private office layouts

Making an informed choice

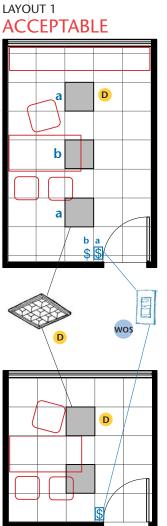
Designs using pendant directindirect fixtures (layouts 3 & 6) are the most efficient of all three systems, and provide significantly better comfort and visibility for task performance by reducing shadows and lighting the ceilings and upper walls. 2' x 4' fixtures (layouts 2 & 5) offer the lowest first cost, but provide lower comfort and quality.

CONTROLS

Although 2' x 2' fixtures (layouts 1 & 4) are often preferred for their shape, they are less efficient and more costly than 2' x 4' fixtures. with no increase in lighting quality.

Use wallmounted occupancy sensors (WOS) with "manualon" for private offices. Slavewire a standard switch (\$), for second zone, to provide two levels of A light. wos

See page 7 for complete fixture specifications and page 8 for lighting controls.





dem-v а b а b a \$\$ В

LAYOUT 5

BETTER

A

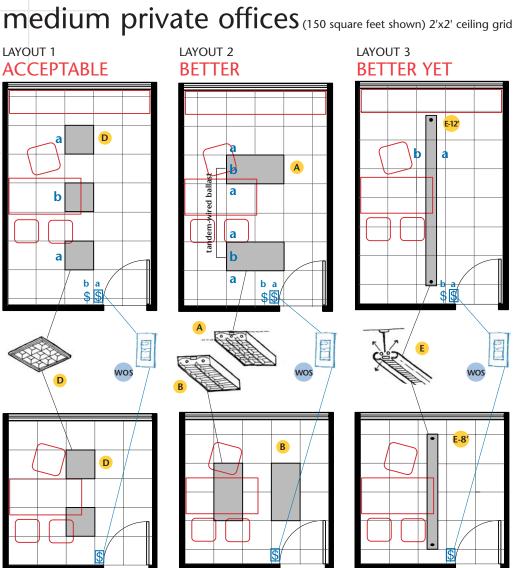
wos

LAYOUT 2

BETTER

red ball а

₹



LAYOUT 6 **BETTER YET**

small private offices (100 square feet shown) 2'x2' ceiling grid

OMPARISON CHART FOR PRIVATE OFFICES

	Layout 1	Base Case Layout 2	Layout 3	Layout 4	Base Case Layout 5	Layout 6
Uniformity	**	**	***	**	**	***
Comfort & Quality	**	**	****	**	**	****
Maintained Footcandles on Desk (fc)	35-45	45-58	45-50	35-40	40-58	40-55
Ambient Connected Load (W/sf)	1.2	1.2	1.1	1.2	1.2	1.1
Potential Energy Savings 1 (%)	0-20%	0-20%	10-25%	0-20%	0-20%	10-25%
First Cost Increase ² (material & labor)	+55-65%	Base case	20-30%	+5-15%	Base case	+0-5%
Applicable Square Foot Range ³ (sf)	125-150	135-185	115-180	80-100	90-110	85-140
OVERALL VALUE	ACCEPTABLE	BETTER	BETTER YET	ACCEPTABLE	BETTER	BETTER YET

1 - Savings estimates are based on research of current lighting practices in the New England region. 2 - First cost compared to layouts 2 and 5 respectively. 3 - Layout applies to any office within this size range while meeting light level recommendations and without exceeding energy codes, with 8'-0" to 8'-6" ceiling heights.

What's wrong with this picture?

- Specular louvers
- Cave effect
- Dark colored finishes
- No light on ceiling
 Shadows

COMPARISON CHART FOR OPEN-PLAN OFFICES

	Layout 7	Layout 8	Layout 9
Uniformity	**	**	***
Comfort & Quality	**	***	****
Maintained Footcandles on Desk ¹ (fc)	40-45	50-60	50-80
Ambient Connected Load (W/sf)	1.2	1.1	1.0
Potential Energy Savings ² (%)	20-35%	25-40%	30-45%
First Cost Increase ³ (material & labor)	+20-30%	+0-5%	+35-45%
Applicable Square Foot Range ⁴ (sf)	1700-2200	1600-2600	1400-2800
OVERALL VALUE	ACCEPTABLE	BETTER	BETTER YET

1 - Footcandles do not account for partial height partitions, which will reduce actual footcandles.

2 - Savings estimates are based on research of current lighting practices in the New England region.

3 - Cost increase over one 3-lamp 2'x4' fluorescent parabolic every 64 s.f.

4 - Layout applies to any office within this size range while meeting light level recommendations and without exceeding energy codes, with 8'-0" to 8'-6" ceiling heights. Add rows of fixtures for larger rooms.

8'-10'

open-plan office layouts

See page 2 for

quality pointers

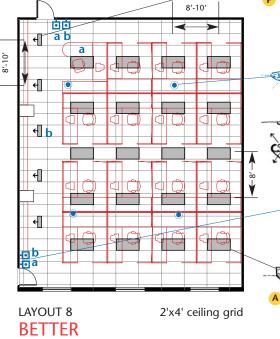
Making an informed choice

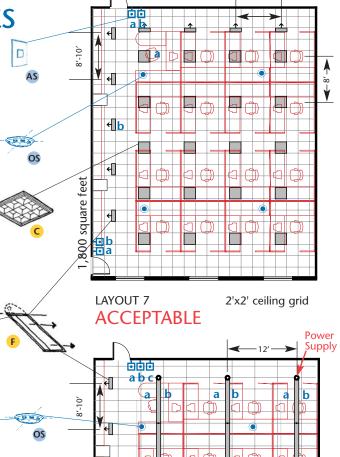
The design using pendant direct-indirect fixtures (layout 9) is the most efficient of all three systems, and provides significantly better comfort and visibility for task performance by reducing shadows and lighting the ceilings and upper walls. In addition, these fixtures need not relate directly to the workstations, due to the indirect lighting component. 2' x 4' fixtures (layout 8) offer the lowest first cost, but provide lower comfort and quality. Although 2' x 2' fixtures (layout 7) are often preferred for their shape, they are less efficient and more costly than 2' x 4' fixtures, with no increase in lighting quality.

CONTROLS

Control different fixture types separately, in 'zones'. For open-plan offices, use ultrasonic ceiling-mounted occupancy sensors (OS), with manual-on automatic switches (AS) for each control zone. The four occupancy sensors shown are wired in series, to sense motion in the room as a whole. When the entire room is unoccupied, all lighting zones will be turned off. See page 7 for fixture specifications. See page 8 for lighting controls. Go to www.designlights.org/officewiring/ for schematic control wiring diagram.

OUICK TIP: Actual footcandles at the desk will be 15 to 20% lower if furniture partitions taller than 54" are used. Furnituremounted overhead storage bins further reduce light levels. If bins are used, consider providing fewer footcandles from the ceiling and providing local task lighting (see page 3). Remember to reduce the number of lamps, not the number of fixtures.





← C

4

€

ЮC

٥b

īα

LAYOUT 9

BETTER YET

AS



office corridor layouts



Type "G" located 10' on center



Type "I" located 10' on center

CONTROLS

Use ceiling-mounted occupancy sensors designed for corridors. See page 8 for Lighting Controls.

SUMMARY CHART FOR OFFICE CORRIDORS

	All Layouts
Maintained Footcandles (fc)	5-10
Potential Energy Savings ¹ (%)	35-45%
First Cost Increase ² (material & labor)	+0-40%
Connected Load ³ (W/sf)	0.7

1- Savings and cost estimates are based on research of current lighting practices in the New England region. 2-Costs compared to one 2-lamp, 2'x2' fixture every 45 sf.

SPACING

Layouts shown are based on 30 Watts maximum every 10 feet of corridor with 8'-0" to 8'-6" ceiling heights, for corridors between 4'-3" and 5'-3" wide. For corridors 5'-4" to 6'-4" wide: locate fixtures 8 feet on center, or select higher wattage compact fluorescent lamps; do not exceed 12' on center spacing between individual fixtures; for Type J, reduce spacing between pairs to 12' on center.



Type "H" located 10' on center



Type "J" 3' on center, 15' between pairs

os

lamp and ballast specifications

The following specifications apply to all of the fixture types shown on page 7.

Lamp Criteria:

- Minimum Color Rendering Index (CRI) of 80.
- Color temperature of 3500 Kelvin. Note: Generic color code "835" means CRI of 80+ and color temperature of 3500.
- Mean lamp lumens (at 40% of rated life) at least 94% of initial lumens.

Ballast and Lamp-Ballast System Criteria:

- High-frequency electronic, using instant start or program rapid start circuitry.
- Harmonic distortion shall not exceed 20%.
- Ballast factor minimum 0.88 for T8.
- Mean system efficacy (mean lamp lumens times # of lamps divided by ballast input power): Minimum 83 lumens/watt for 4' long T8.



"Corridors should offer a break from the office environment. Apply color and variety and make sure the walls are lighted. Using standard office fixtures in corridors not

only won't meet the energy code, it misses a great opportunity to refresh the office worker with a change, and to reduce eye fatique."

Director of Lighting Design, The RETEC Group

OFFICE CORRIDOR FIXTURE SCHEDULE

- Downlight 26W
- H: Glowing Disk 26W
- Wall Sconce 26W I: **]**: Wall-Wash
- Downlight 26W

All fixtures use compact fluorescent lamps. See page 7 for complete fixture specifications.

G: Cross-Baffle

curren

Using building-standard office fixtures in corridors wastes energy.

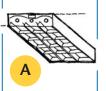
lighting fixture schedule

These fixture specifications include fixtures that ensure a balance of performance, energy savings, comfort, lighting quality, quantity and maintenance, at a cost-effective price. Many standard products meet these generic specifications. Even small variations from these specifications may result in undesirable effects. For example, specular louvers or reflectors may increase light levels and reduce reflected glare, but will also increase overhead glare and decrease desirable room surface brightness.

A. 2' x 4' THREE-LAMP PARABOLIC TROFFER

LAMPS: (3) 32W T8, 835 color

DESCRIPTION: Recessed fluorescent troffer 2' _____ by 4' with white baked enamel interior, semispecular low-iridescent parabolic louvers with 18 cells, minimum 2-3/4" deep. Use white painted louvers in private offices. Three-lamp electronic instant-start ballast, nominal 91 input watts. 71%

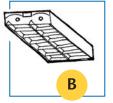


minimum fixture efficiency. Note: 3-lamp or 2-lamp ballasts with inboard-outboard switching and tandem wiring.

B. 2' x 4' TWO-LAMP PARABOLIC TROFFER

LAMPS: (2) 32W T8, 835 color

DESCRIPTION: Recessed fluorescent troffer 2' by 4' with white baked enamel interior, semispecular low-iridescent parabolic louvers with 12 cells, minimum 2-3/4" deep. Use white painted louvers in private offices. Two-lamp electronic instant-start ballast, nominal 61 input watts. 73% minimum fixture efficiency.



C. 2' x 2' THREE-LAMP PARABOLIC TROFFER

LAMPS: (3) 31W T8 U-Tube 1-5/8" leg spacing, 835 color

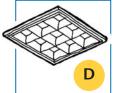


DESCRIPTION: Recessed fluorescent housing with white baked enamel interior, semi-specular low-iridescent parabolic louvers with nine cells, minimum 2-3/4" deep. Three-lamp electronic

instant-start ballast, nominal 91 input watts. 64% minimum fixture efficiency.

D. 2' x 2' TWO-LAMP PARABOLIC TROFFER

LAMPS: (2) 31W T8 U-Tube 6" leg spacing, 835 color



DESCRIPTION: Recessed fluorescent housing with white baked enamel interior, semi-specular low-iridescent parabolic louvers with nine cells,

minimum 2-3/4" deep. Use white painted louvers in private offices. Two-lamp electronic instant-start ballast, nominal

61 input watts. 61% minimum fixture efficiency.

E. 2-LAMP PENDANT DIRECT / INDIRECT

LAMPS: (2) 32W T8, 835 color

DESCRIPTION: Stem mounted fluorescent luminaire in lengths of 8'-0" or 12'-0". White baked enamel finish. Minimum 30% uplight. Minimum 40% downlight. Cross baffles 1-3/4" deep x 2" on center. Semi-specular low-iridescent or white painted

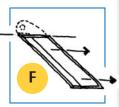


cross baffles. Total 4-lamps per 8' long fixture. Four-lamp electronic instant-start ballast, nominal 110 input watts. Minimum fixture efficiency 80%. Also available in 12' lengths and continuous rows. Mount a minimum of 6'-8" above finished floor. Minimum 12" stem, 18" preferred.

F. 1' x 2' LINEAR WALL WASH

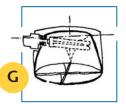
LAMP: (1) 40W TT, 835 color

DESCRIPTION: Nominal 1' x 2' recessed fluorescent wall wash located 2'-3' away from wall or furniture being washed. Semi-specular or white painted louver. Spaced 8' to 10' on center. Electronic instant-start ballast.



G. COMPACT FLUORESCENT CROSS-BAFFLE DOWNLIGHT

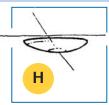
LAMPS: (2) 13W TT, 830 color DESCRIPTION: Nominal 8" diameter recessed downlight with white painted parabolic shaped cross baffles, minimum 2-1/2" deep. Two-lamp electronic ballast.



H. COMPACT FLUORESCENT GLOWING DISK

LAMPS: (2) 13W TT, 830 color

DESCRIPTION: Surface-Mounted bowl with white opal glass or acrylic diffuser. Two-lamp electronic ballast.



I. COMPACT FLUORESCENT WALL SCONCE

LAMPS: (2) 13W TT, 830 color

DESCRIPTION: Decorative wall sconce with glowing front face. Extension from wall must be less than 4" or the bottom must be mounted at least 6'-8" above the floor for ADA compliance. Two-lamp electronic ballast.



J. COMPACT FLUORESCENT WALL WASH DOWNLIGHT

LAMPS: (2) 13W TT, 830 color

DESCRIPTION: Nominal 7" or 8" diameter recessed fixture with asymmetrical wall-wash distribution by means of kicker reflector or lens. Semi-specular low-iridescent reflector cone. Two-lamp electronic ballast.



Comparison of Lighting Controls

lighting controls

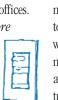
Energy savings are achieved by control strategies which reduce both the connected load and the hours of operation especially during the mid-day "peak demand" hours. Automatic controls may be required by your state code.

Occupancy Sensors

Private Offices

Install ultrasonic manual-on wall mounted occupancy sensors (WOS), set for maximum sensitivity and a 10 minute delay in private offices. *Ultrasonic sensors are more*

sensitive to subtle motion like typing and less likely to turn lights off in an occupied room.



Use wall-mounted sensors in a small office with a direct line of sight between sensor and occupant. Specify sensors to be factory-set for manual-on operation. *This prevents lights from turning on unnecessarily during corridor activity, ample daylight, brief occupancy or when a task light is sufficient.*

Alternative approach: Install a manual-on, two-level wall mounted sensor or a single pole switch wired in series with an occupancy sensor. *Two-level switching allows people to have greater flexibility and control, and still automatically turns lights off when the space is unoccupied.*

Install ultrasonic ceiling mounted occupancy sensors (OS), set to maximum sensitivity with a 15

Open Offices

minute time delay. Connect sensors to an automatic wall switch (AS), wired so that lights must be manually turned on at the switch, but are turned off by the sensor

when the space is unoccupied. In spaces with vertical partitions, files

or any other objects that create "walls" higher than four feet, reduce the sensor "coverage area"

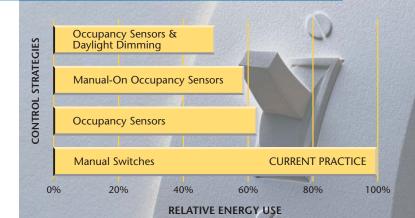
 \square

AS

given in manufacturer's literature. Verify sensor spacing and location directly with sensor manufacturer.

Corridors

Install ceiling mounted ultrasonic sensors, specifically designed for linear corridor distribution. Set to maximum sensitivity and 15 minute time delay. *The narrow linear distribution patterns increase sensitivity at a distance, activating lights long before a person reaches an unlighted area.*



Daylight-related Controls

Install switching or automatic dimming for those fixtures in the "daylighted zone," usually within 12' from a window wall in daylighted offices. Alternatively, in rooms smaller than 400 square feet, provide separate switches for the light fixtures in the daylighted zone and connect them to a separate occupancy sensor. In daylighted zones Energy = Power X

Lighting controls are essential for limiting the quantity and duration of power consumed.

greater than 400 square feet, consider electronic fluorescent dimming ballasts, for continuous dimming down to 20% or less, automatically controlled via photosensors. Only smooth, continuous dimming should be used for office spaces to prevent distraction to the employees. Avoid "stepped dimming." The smoothness of the dimming depends on the quality of the dimming ballast more than the controls.

Going a Step Beyond

Careful design and the use of strategies such as daylighting, taskambient lighting, and advanced technologies can achieve even greater energy efficiency and higher quality lighting than the basic solutions covered in this guide. More information is available from the Advanced Lighting Guidelines, at www.newbuildings.org, and from Tips For Daylighting With Windows at http://windows.lbl.gov/ daylighting/designguide/designguide.html.

Content and graphics by Hayden

McKay Lighting Design Inc. and

Lindslev Consultants Incorporated.

Market research and coordination

by Steven Winter Associates, Inc. Graphic design by Outsource.

ACKNOWLEDGEMENTS

The *LIGHTING KNOWHOW* series was developed, funded and sponsored by the following members of the DesignLights Consortium:

DESIGNLIGHTS

CONSORTIUM

www.designlights.org

Efficiency Vermont

Conectiv Power Delivery

Jersey Central Power & Light, A FirstEnergy Company

Long Island Power Authority

National Grid:

- \cdot Massachusetts Electric
- · Narragansett Electric
- \cdot Granite State Electric
- · Nantucket Electric

Northeast Utilities:

- The Connecticut Light & Power Company
- Western Massachusetts
 Electric Company

NSTAR Electric

NYSERDA

New York State Energy Research and Development Authority

United Illuminating

Unitil:

 Fitchburg Gas & Electric Light Company

Northeast Energy Efficiency Partnerships, Inc.

For commercial lighting services in your area contact:

8 Disclaimer: These guides are provided for information purposes only. Neither the Sponsoring Agents nor any of their employees or sub-contractors makes any warranty, expressed or implied, or assumes any legal liability or responsibility for the accuracy, completeness or usefulness of any data, information, method, product or process disclosed in this document, or represents that its use will not infringe any privately owned rights, including, but not limited to, patents, trademarks or copyrights.