Capstone Project for Building Services Engineering Seminar, 30 Sep 2015 (Wed)

Green Buildings and Sustainable Historic Buildings





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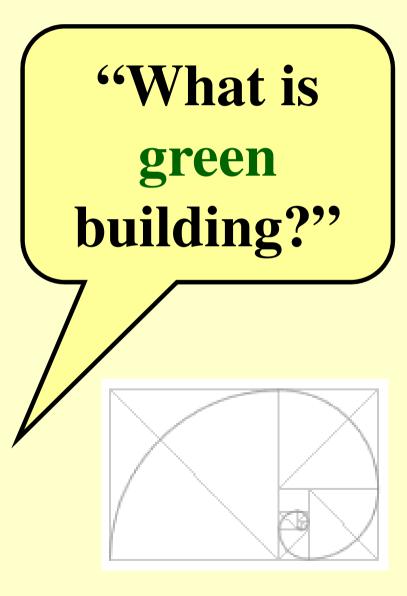
• What is green building?

• Design strategies

• Green building assessment







Kyoto Face House, 1998



What is green building?

- Green buildings are
 - Energy and resource efficient
 - Non-wasteful and non-polluting
 - Sustainable design that helps minimise broad environmental impacts (e.g. ozone depletion)
 - Highly flexible and adaptable for long-term functionality
 - Easy to operate and maintain (lower running costs)
 - Supportive of the productivity and well-being of the occupants

What is green building?



- It involves a *holistic* approach to the design and operation of buildings. It considers:
 - 1) Economy and efficiency of resources
 - 2) Life cycle design
 - 3) Human well-being
- Main objectives
 - Be environmentally friendly and responsible
 - Improve the quality of built environment

- Green building design strategies
 - Urban and site design
 - Energy efficiency
 - Renewable energy
 - Building materials
 - Water issues
 - Indoor environment
 - Integrated building design





- Sustainable urban design should consider:
 - Spatial form
 - Movement
 - Design & development
 - Energy
 - Ecology
 - Environmental management
- Goal: to create <u>livable cities</u>



• Design issues:

- Site selection (e.g. prefer brownfield site*)
- Promote efficient movement network & transport
- Control & reduce noise impacts
- Optimise natural lighting & ventilation
- Design for green space & landscape
- Minimise disturbance to natural ecosystems
- Enhance community values

[* Brownfield sites are abandoned or underused industrial and commercial facilities available for re-use.]



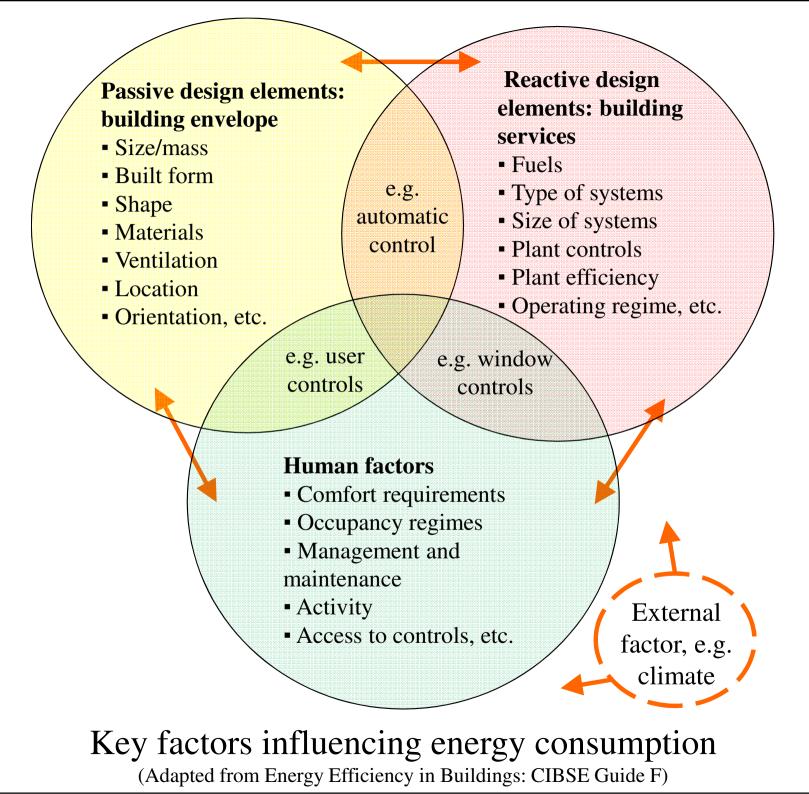
• Energy efficiency strategies:



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- Minimise thermal loads & energy requirements
 - e.g. by reducing heat gains from equipment
- Optimise window design & fabric thermal storage
 - Integrate architectural & engineering design
- <u>Promote</u> efficiency in building services systems
 - Use of heat recovery & free cooling methods
 - Energy efficient lighting design & control
 - High-efficiency mechanical & electrical systems

<u>Adopt</u> total energy approach (e.g. district cooling, combined heat & power)



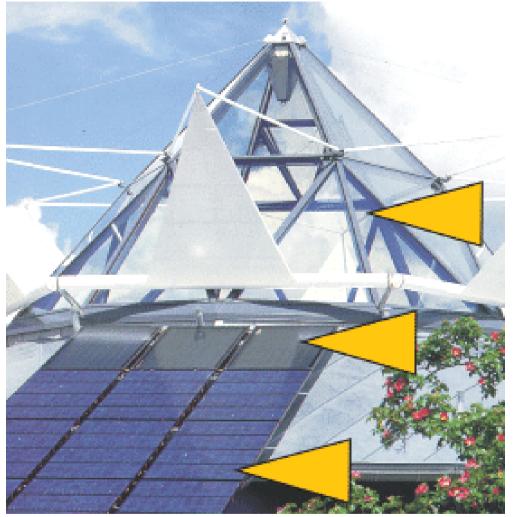


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Design strategies

- Renewable Energy
 - Energy that occurs <u>naturally</u> and <u>repeatedly</u> on earth and can be harnessed for human benefit
- Common applications
 - Solar hot water
 - Solar photovoltaic
 - Wind energy
 - Geothermal
 - Small hydros



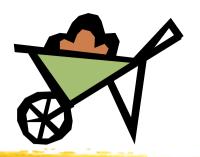


Passive solar (e.g. skylight)

Active solar (solar hot water)

Photovoltaics

Integration of solar energy systems in buildings



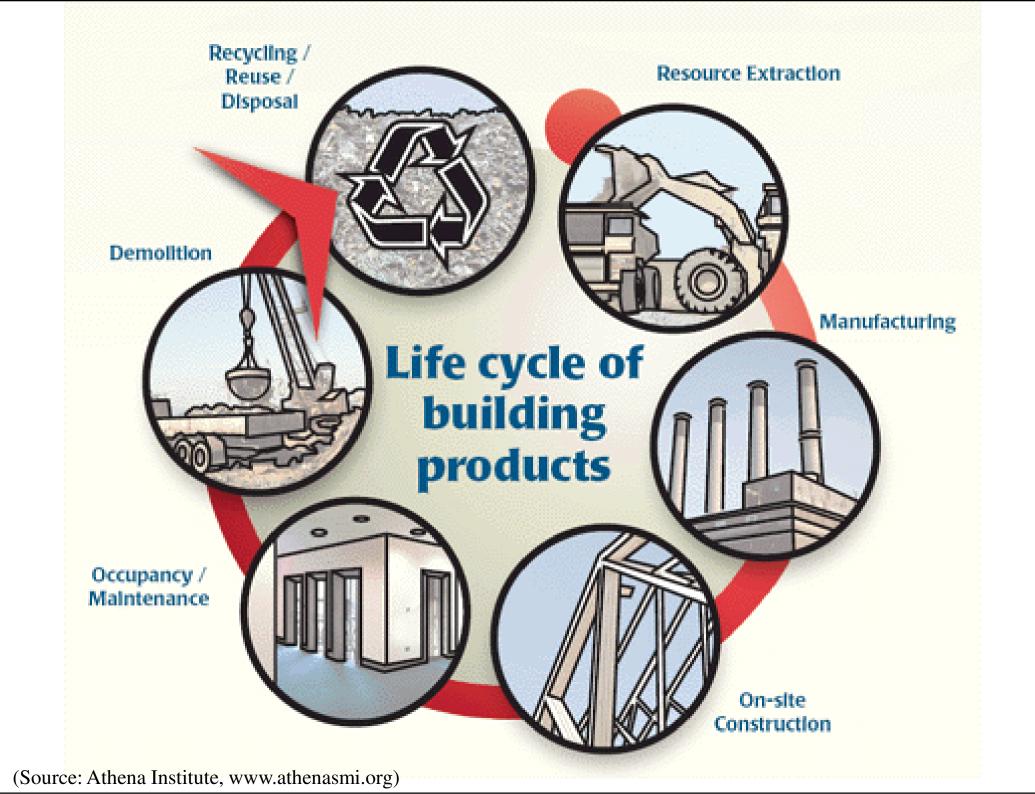
- What makes a product/material green?
 - Measured by their environmental impact
 - Life cycle of a sustainable material
 - Using local, durable materials
- Embodied energy*
 - 'Lifetime' energy requirement of a material
 - Energy input required to quarry, transport and manufacture the material, plus the energy used in the construction process

[* http://en.wikipedia.org/wiki/Embodied_energy]



Material conservation

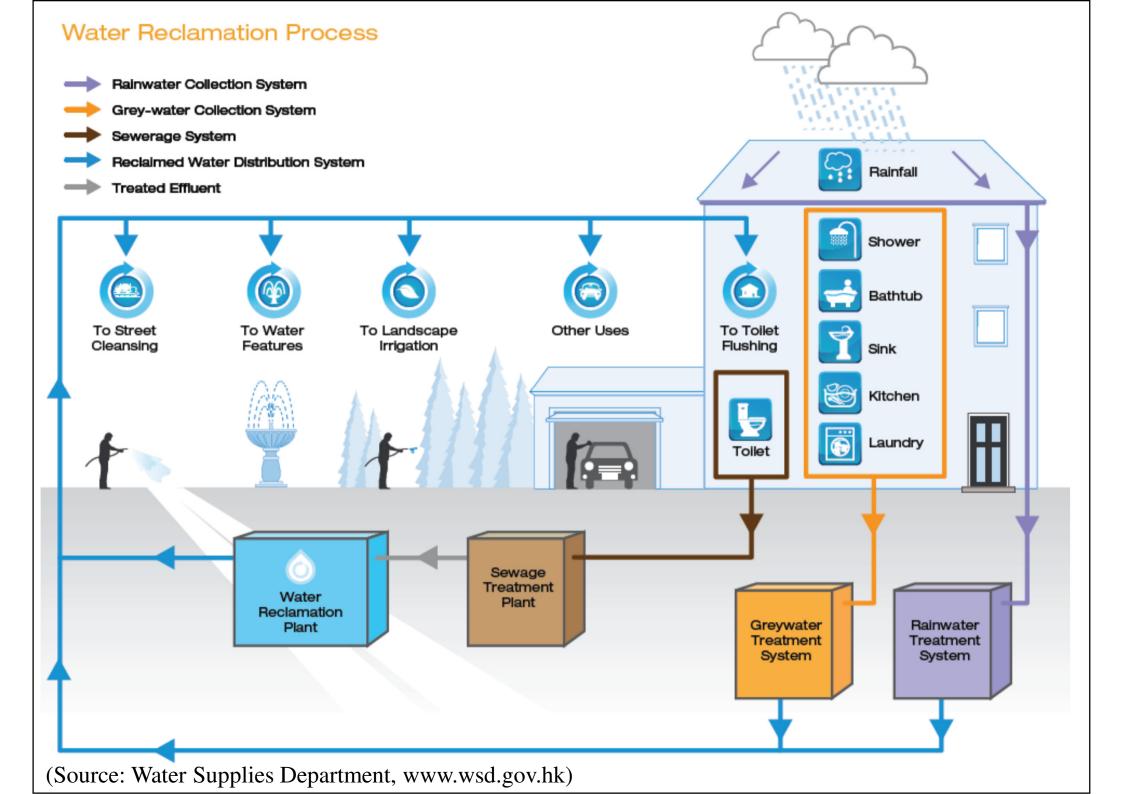
- Adapt existing buildings to new uses
- Material conserving design & construction
- Size buildings & systems properly
- Incorporate reclaimed or recycled materials
- Use environment-friendly materials & products
- Design for deconstruction ("close the loop")
- Life cycle assessment (LCA) is often used to evaluate the environmental impact of building materials and products



- Design strategy for water efficiency
 - <u>Reduce</u> water consumption
 - Low-flush toilets & showerheads
 - Leak detection & prevention
 - Correct use of appliances (e.g. washing machine)
 - <u>Reuse</u> and <u>recycle</u> water onsite
 - Rainwater collection & recycling
 - Greywater recycling (e.g. for irrigation)
 - No-/Low-water composting toilet

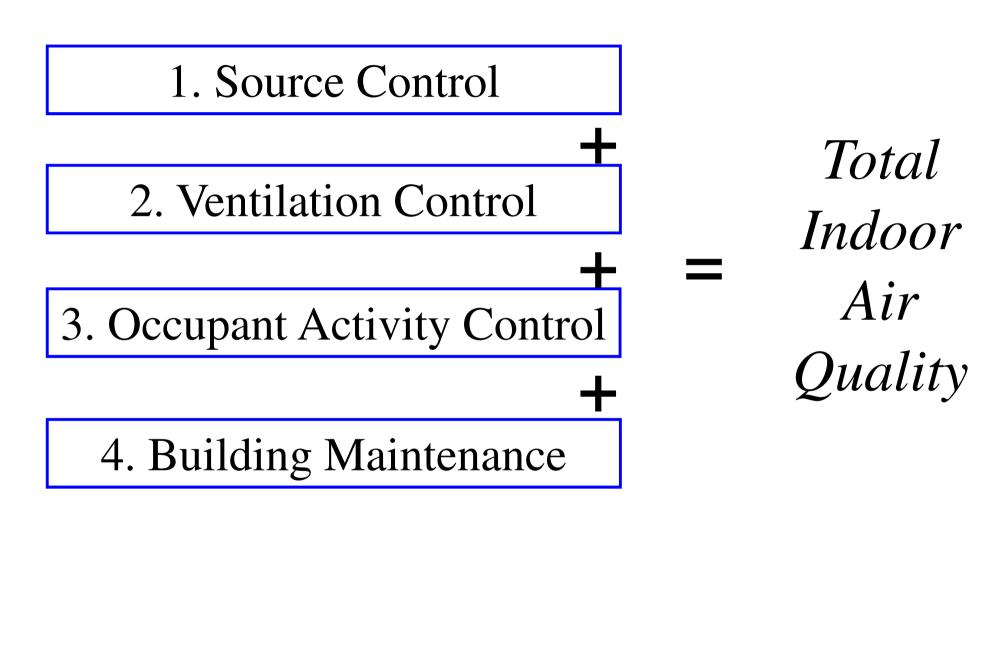






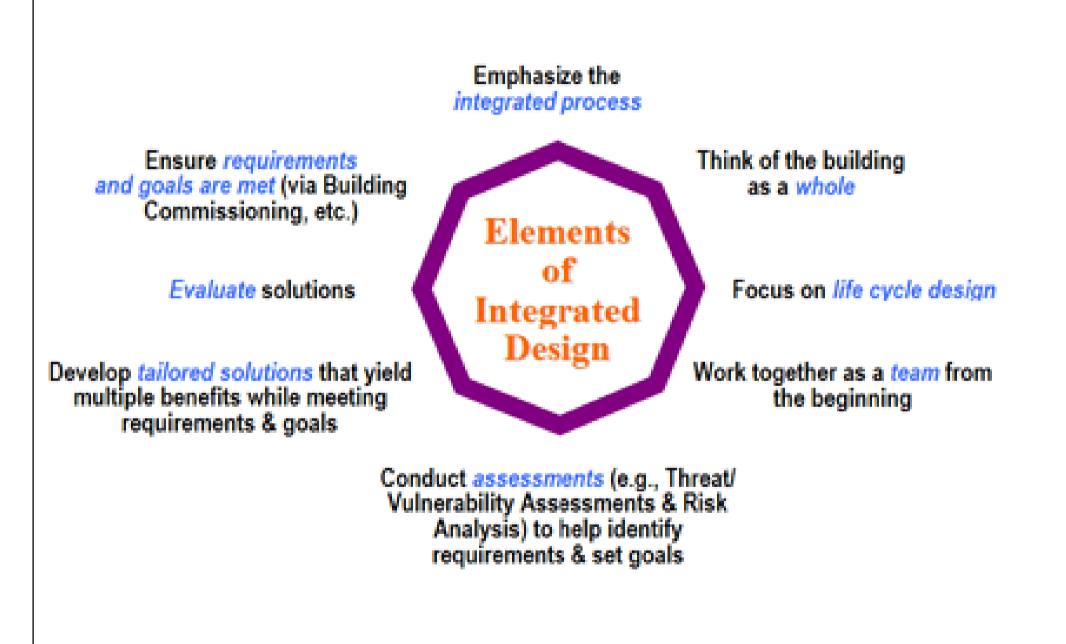
- Indoor environmental quality (IEQ)
 - Indoor air quality
 - Ensure health & well-being
 - Visual quality
 - Provide daylight & comfortable conditions
 - Acoustic quality
 - Noise control
 - Controllability
 - Allow occupant control over thermal & visual

Four principles of indoor air quality design



(Source: PTI, 1996. Sustainable Building Technical Manual)

- WBDG The Whole Building Design Guide
 - www.wbdg.org
- Two components of whole building design:
 - Integrated design approach
 - Integrated team process
- A holistic design philosophy
 - Holism + Interconnectedness + Synergy
 - "The whole is greater than the sum of its parts"



(Source: www.wbdg.org)

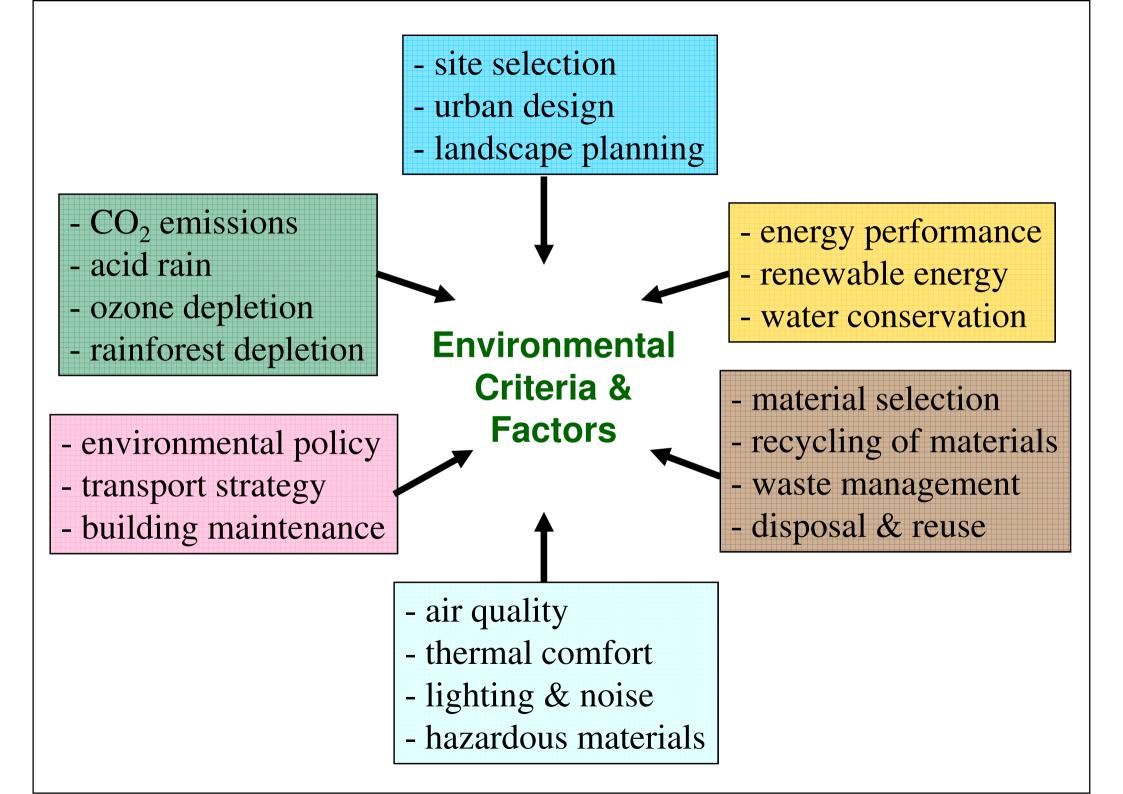


Green building assessment

Building environmental assessment*

- <u>Identify</u> & <u>evaluate</u> the environmental effects of building development or operation
- <u>Inform</u> decision making and <u>promote</u> sustainable design & management
- An objective assessment is a useful starting point from which to make design and building improvements

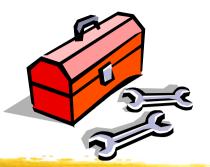
For supporting decision making



Rating tools of building environmental performances around the world



(Adapted from CASBEE in Progress for Market Transformation in Japan, by Prof. Kazuo Iwamura, Tokyo City University)



Green building assessment

- LEED Green Building Rating System
 - Leadership in Energy & Environmental Design
 - By US Green Building Council
 - Current LEED systems:
 - New construction (LEED-NC)
 - Existing buildings operations & maintenance (LEED-EBOM)
 - Commercial interiors (LEED-CI)
 - Core and shell (LEED-CS)
 - Homes
 - Schools, Healthcare, Retail
 - Neighborhood development (LEED-ND)





Green building assessment

- LEED Green Building Rating System
 - Evaluates and recognizes performance in accepted green design categories, including:
 - Sustainable sites
 - Water efficiency



- Energy and atmosphere
- Materials and resources



- Indoor environmental quality
- Innovation credits
- Website: <u>www.leedbuilding.org</u>

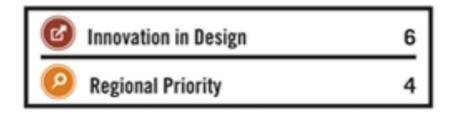
LEED[®] for New Construction

Total Possible Points** 110*

	😵 Sustainable Sites	26
_	Water Efficiency	10
	🛞 Energy & Atmosphere	35
1	Materials & Resources	14
	Indoor Environmental Quality	15

- * Out of a possible 100 points + 10 bonus points
- ** Certified 40+ points, Silver 50+ points, Gold 60+ points, Platinum 80+ points

(Source: USGBC)



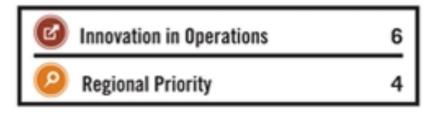
LEED[®] for Existing Buildings

Total Possible Points** 110*

🜍 Sustainable Sites	26	
Water Efficiency	14	
🝪 Energy & Atmosphere	35	
Materials & Resources	10	
Indoor Environmental Quality	15	

* Out of a possible 100 points + 10 bonus points

** Certified 40+ points, Silver 50+ points, Gold 60+ points, Platinum 80+ points



For LEED version 3



Green building assessment

- LEED v4 (launched in 2014)*
 - Location & Transportation (LT)
 - Sustainable Site (SS)
 - Water Efficiency (WE)
 - Energy and Atmosphere (EA)
 - Materials and Resources (MR)
 - Indoor Environmental Quality (EQ)
 - Innovation (IN)
 - Regional Priority (RP)

(* See also <u>http://new.usgbc.org/leed/v4</u>)





Green building assessment

- BEAM Plus development
 - Version 2009: (Nov 2009)
 - BEAM Plus for New Buildings
 - BEAM Plus for Existing Buildings
 - Version 1.1 (Apr 2010)
 - With minor refinements
 - Introduce BEAM Professionals
 - Version 1.2 (Jul 2012)
 - Addresses issues on passive design
 - Minor amendments to other aspects
 - Starting from 1 Jan 2013, version 1.2 must be used





BEAM Plus assessment criteria [credits] [weighting]

New Buildings	Existing Buildings
Site aspects (SA) [22+3B] [25%]	Site aspects (SA) [18+1B] [18%]
Materials aspects (MA) [22+1B] [8%]	Materials aspects (MA) [11+2B] [12%]
Energy use (EU) [42+2B] [35%]	Energy use (EU) [39+2B] [30%]
Water use (WU) [9+1B] [12%]	Water use (WU) [7+2B] [15%]
Indoor environmental quality (IEQ) [32+3B] [20%]	Indoor environmental quality (IEQ) [30+3B] [25%]
Innovations and additions (IA) [5B+1]	Innovations and additions (IA) [5B+1]



(Source: http://www.beamsociety.org.hk)





Green building assessment

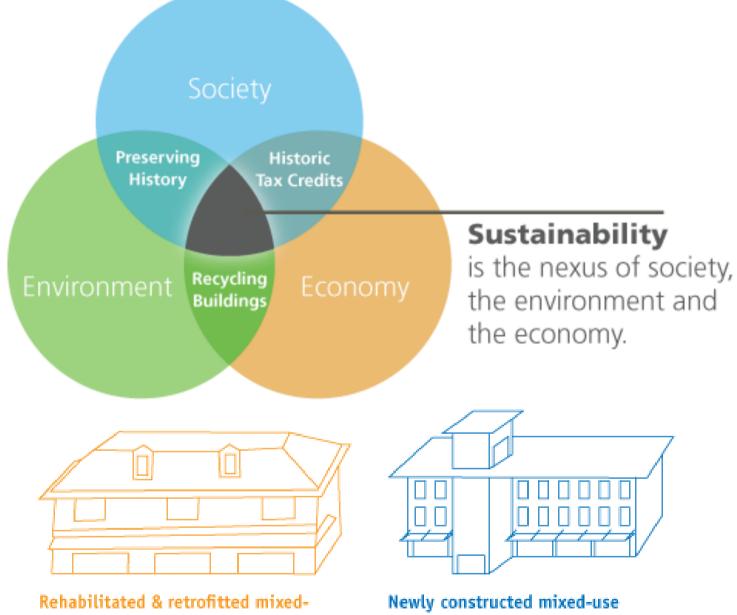
- BEAM Plus (Version 1.1 or 1.2)
 - Overall grade: (with min. for SA, EU and IEQ)

	Overall	Site Aspects	Energy Use	IEQ	Innov. & Addn.	
Platinum	75%	70%	70%	70%	3 credits	Excellent
Gold	65%	60%	60%	60%	2 credits	Very Good
Silver	55%	50%	50%	50%	1 credit	Good
Bronze	40%	40%	40%	40%		Above Average



- Historic Preservation and Green Building: A Lasting Relationship [Environmental Building News]
 - <u>http://www2.buildinggreen.com/article/historic-</u> preservation-and-green-building-lasting-relationship
 - Old buildings and sustainability
 - They tend to be simpler, more long-lasting and durable
 - Main issues:
 - Embodied energy in old buildings
 - Operating energy
 - Green and historic conflicts (e.g. solar panels)

Historic preservation is inherently a sustainable practice



use building

Embodied energy of existing materials production, transport, & assembly

(Source: http://www.nps.gov/tps/sustainability.htm)

building 42–80 years to overcome negative environmental impact of construction



- Sustainable Historic Preservation [WBDG]
 - http://www.wbdg.org/resources/sustainable_hp.php
 - Historic Preservation
 - http://www.wbdg.org/design/historic_pres.php?ce=sshp
 - Apply the Preservation Process Successfully
 - http://www.wbdg.org/design/apply_process.php?ce=sshp
 - Update Building Systems Appropriately
 - http://www.wbdg.org/design/update_systems.php?ce=sshp
 - Sustainable Historic Preservation
 - http://www.wbdg.org/resources/sustainable_hp.php?ce=sshp
 - Historic Structure O&M Practices
 - http://www.wbdg.org/resources/omhs.php?ce=sshp



- Illustrated Guidelines on Sustainability for Rehabilitating Historic Buildings
 - <u>http://www.nps.gov/tps/standards/rehabilitation/gu</u> idelines/index.htm
 - Sustainability
 - Planning, Maintenance, Windows, Weatherization, Insulation
 - HVAC, Solar Technology, Wind Power, Roofs, Site Features, Daylighting

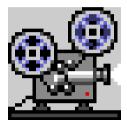


- Preservation Briefs (National Park Service)
 - http://www.nps.gov/tps/how-to-preserve/briefs.htm
 - Preservation Brief 3: Improving Energy Efficiency in Historic Buildings
 - <u>http://www.nps.gov/tps/how-to-preserve/briefs/3-improve-energy-efficiency.htm</u>
 - Preservation Brief 24: Heating, Ventilating, and Cooling Historic Buildings -- Problems and Recommended Approaches
 - <u>http://www.nps.gov/tps/how-to-preserve/briefs/24-heat-vent-cool.htm</u>



- U.S. General Services Administration (GSA)
 - GSA Technical Preservation Guidelines
 - http://www.gsa.gov/portal/content/101402
 - Fire Safety Retrofit
 - Upgrading Historic Building Lighting
 - HVAC Upgrades in Historic Buildings
 - GSA Historic Preservation Technical Procedures
 - http://www.gsa.gov/portal/hp/hpc/category/100371/host Uri/portal

- Example:
 - Video: From Historic to Sustainable (9:00)



http://www.youtube.com/watch?v=bHnUbYtb0DQ



- The Georgia Trust for Historic Preservation is taking its 1904 headquarters, Rhodes Hall, From Historic to Sustainable, transforming it into an asset that provides a modern workplace and active educational center.
- The Trust is implementing a sustainable rehabilitation of Rhodes Hall which features water and energy conservation achieved through state-of-the-art HVAC and installation systems, repaired and resealed historic windows, and many other innovations. This will be achieved alongside a sensitive historic restoration, providing a modern model for the stewardship of historic buildings.