Guest Lecture to HKU Department of Architecture [ARCH 5303 - Sustainable Building Systems] www.mech.hku.hk/bse/sbs/



Green Building Design Strategies (with case studies)



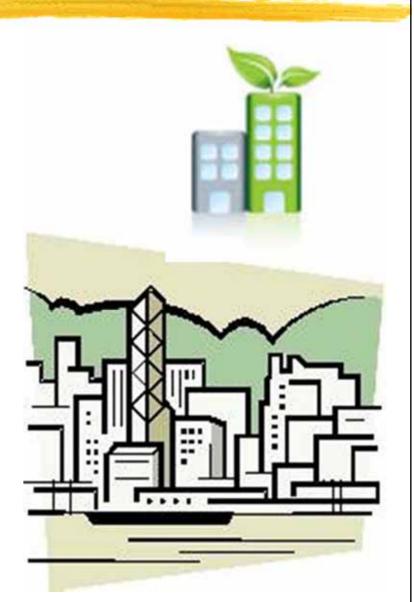
Dr. Sam C. M. Hui

Department of Mechanical Engineering
The University of Hong Kong
E-mail: cmhui@hku.hk

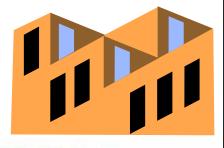
Contents



- Urban and site design
- Energy efficiency
- Renewable energy
- Building materials
- Water issues
- Indoor environment
- Integrated building design







- Planning of development at different *scales*
 - Building, blocks, district, city/town, region
- Good <u>urban design</u> ensures economically viable places and spaces that are:
 - Resource efficient
 - Adaptable
 - Durable
 - Inclusive
 - Fit for purpose







- Sustainable urban design should consider:
 - Spatial form
 - Movement
 - Design & development
 - Energy
 - Ecology
 - Environmental management
- Goal: to create <u>livable cities</u>





SPATIAL FORM

- ◆ Reduce / reverse decentralisation
- Increase densities but not excessively to encourage compact forms (neither cramming nor sprawl)
 - Increase appeal of inner areas (greening, defensible space, housing type, etc.)
 - Encourage mixed-use developments
- Density related to nodal points / public transport
 Relate to existing infrastructure (utilities and roads)
- Develop brown field sites and avoid green field sites
- Relate built and natural environments (open space provision, green space networks, etc.)
 - · New settlements to be self sustaining
 - · Assess environmental capacity



MOVEMENT

- · Reduce the need for travel
- Design for pedestrianisation / environmentally friendly transport
 - · Recover road space for public use or public transport
 - + Exclude non-essential traffic
 - · Minimise car parking
 - · Encourage route connectivity and permeability
 - · Tame traffic flows

SUSTAINABLE URBAN DESIGN



ENVIRONMENTAL

MANAGEMENT

· Co-ordinate statutory authorities

· Encourage urban management (support cleanliness)

· Reduce pollution and polluted sites

+ Re-educate professionals, public and politicians

· Economy of means as the overriding goal

ECOLOGY

- · Assess ecological value of sites and encourage continuity
- · Protect natural assets and preserve landscape (Individuality)
 - · Maximise bio-diversity
 - · Increase rainwater retention (tree planting)
 - + Reduce run-off (permeable paving, natural channels)
 - · Preserve individuality of landscape character
 - · Green towns and citles



ENERGY

- + Passive solar gain (orientation, design, layout)
- · Renwable energy sources (solar, hydro, wind)
 - Accept responsive facades
 - · Encourage energy conservation
- Microclimate (discourage development on exposed sites and use natural features)
 - · Encourage use of natural daylight
 - Discourage air-conditioning and encourage natural ventilation



DESIGN & DEVELOPMENT

- · Rehabilitation rather than redevelopment
 - · Recycling of materials
 - Use local materials
- · Environmentally friendly materials / techniques
 - · Protection of built heritage
- + Show openness to sustainable architectural forms
- . Recommend BREEAM and NHER procedures
 - Encourage robust building forms (adaptable and resiliant)
 - Visual quality and appropriateness
 - · Preserve local distinctiveness



- Basic principles
 - 1. Increase local self-sufficiency
 - 2. Concern for human needs (social+community)
 - 3. Develop energy-efficient movement networks
 - 4. The open space network (公共空間)
 - 5. Linear concentration
 - 6. An energy strategy
 - 7. Water strategy



- Design issues:
 - Site selection (e.g. prefer brownfield site*)
 - Promote efficient movement network & transport
 - Control & reduce noise impacts
 - Optimise natural lighting & ventilation
 - Design for green space & landscape
 - Minimise disturbance to natural ecosystems
 - Enhance community values

[* Brownfield sites are abandoned or underused industrial and commercial facilities available for re-use.]



- Design strategies
 - Integrate design with public transportation
 - Quite successful in Hong Kong
 - Promote mixed use development
 - Such as residential + commercial
 - Respect topographical contours (land forms)
 - Preserve local wildlife and vegetation
 - Make use of landscaping and planting (green space) to modify the local micro-climate

Case study on urban and site design

- Hong Kong Science Park Virtual Tour (Phase 1 & 2) (3:11)
 - www.youtube.com/watch?v=ttYP85LlWTQ
- Case Studies on Sustainable Buildings
 - http://me.hku.hk/sbe/case_study/index/top.htm
 - Hong Kong Science Park
 - www.mech.hku.hk/sbe/case study/case/hk/sc pk/top.htm



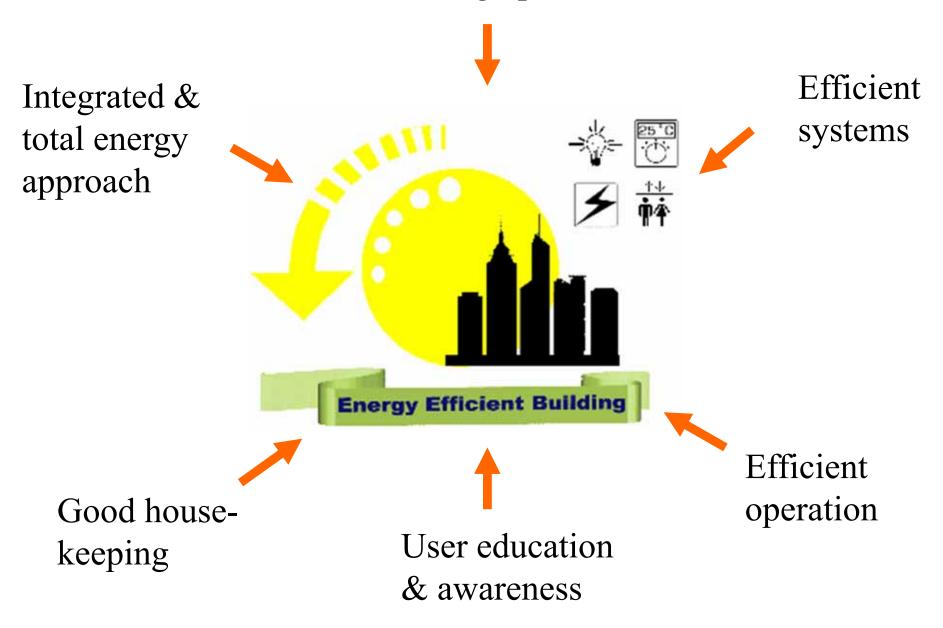


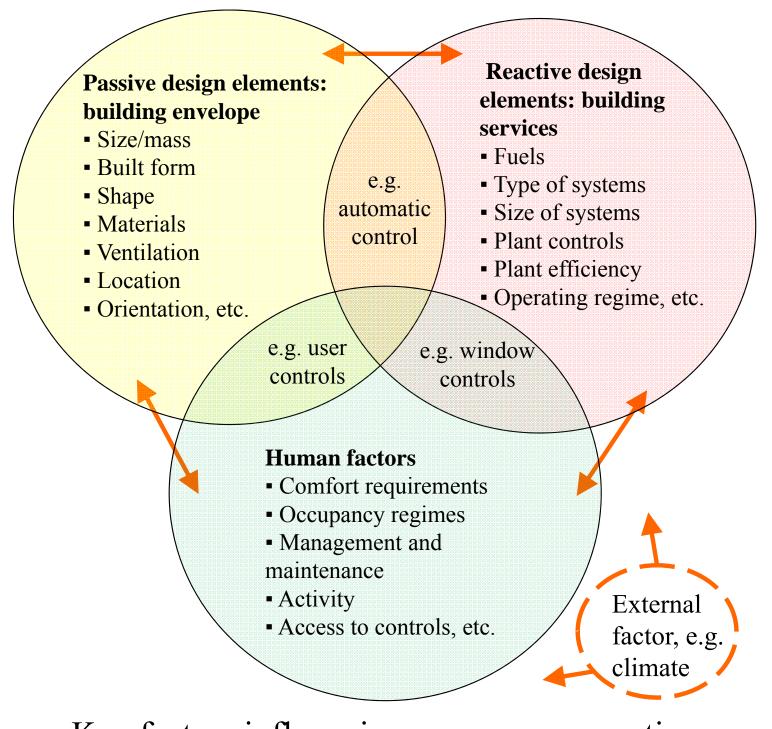


Energy efficiency

- Promote passive design and natural ventilation
 - e.g. bioclimatic buildings, passive cooling/heating
- Adopt energy efficient building services systems
 - Lighting, air-conditioning, electrical, lifts
- Needs to study thermal & energy performance
 - e.g. by computer simulation or energy audit
- Must also ensure *efficient operation and management* of the building
 - User education & awareness, good housekeeping

Good design practices





Key factors influencing energy consumption

(Adapted from Energy Efficiency in Buildings: CIBSE Guide F)

Energy efficiency

• Design strategies:



• e.g. by reducing heat gains from equipment

Optimise window design & fabric thermal storage

• Integrate architectural & engineering design

Promote efficiency in building services systems

Use of heat recovery & free cooling methods

• Energy efficient lighting design & control

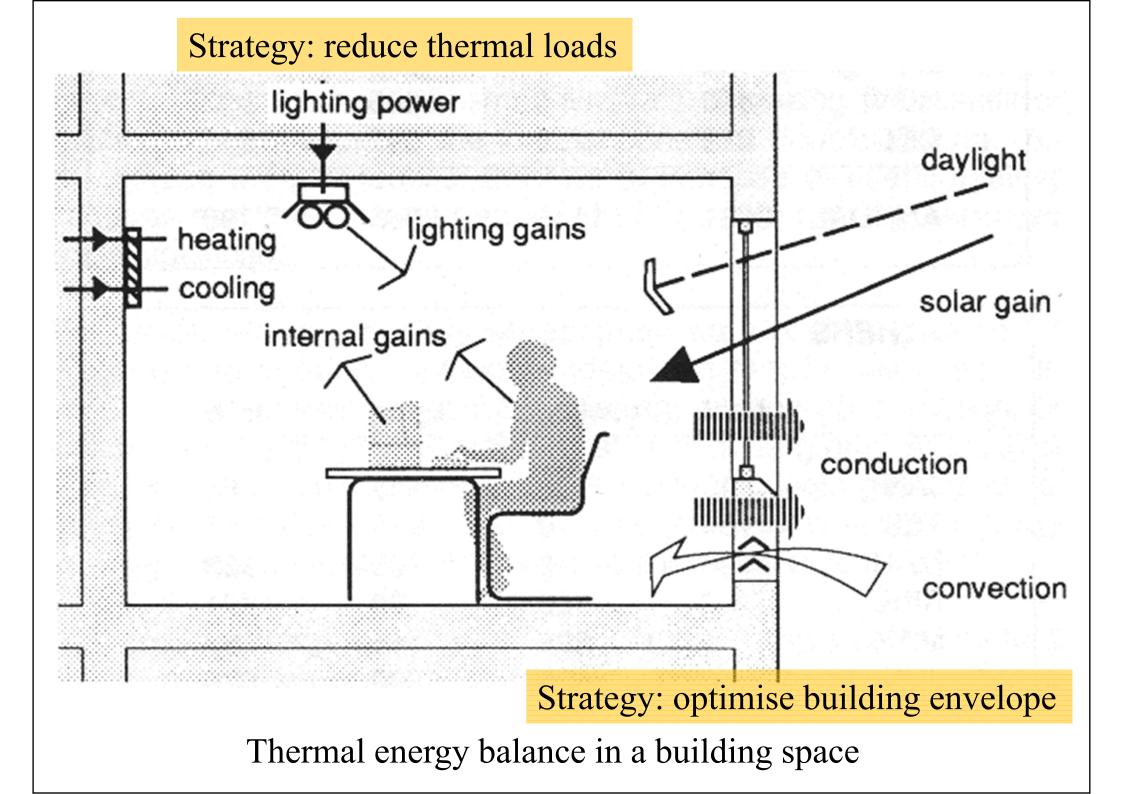
High-efficiency mechanical & electrical systems

Adopt total energy approach (e.g. district cooling, combined heat & power)

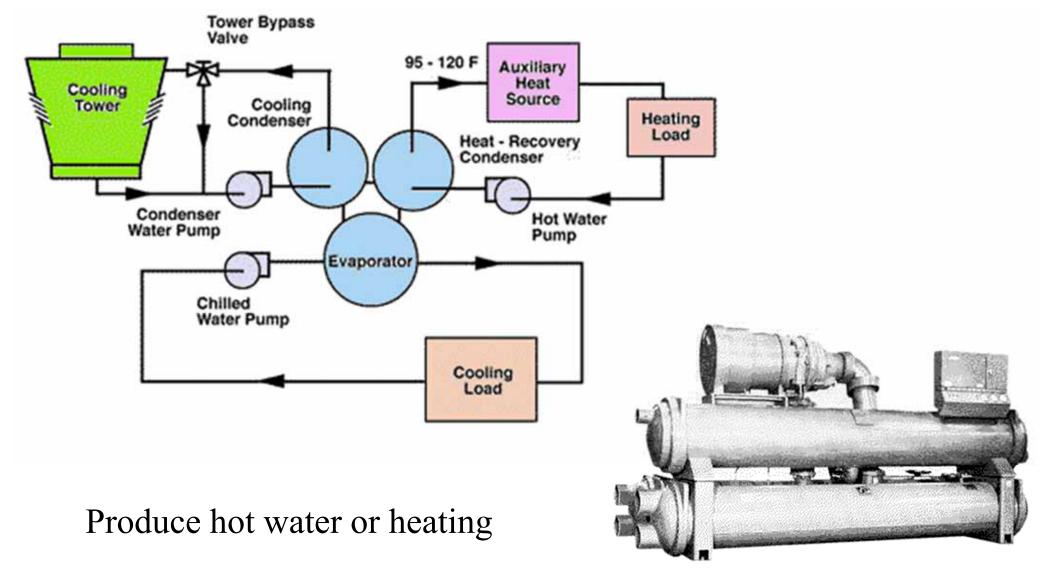








Strategy: use of heat recovery

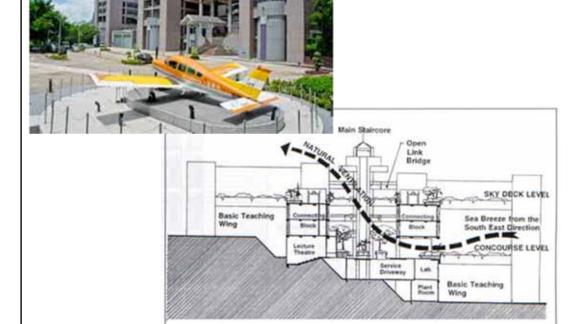


Double bundle heat recovery chiller

Waste heat recovery - double bundle heat recovery chiller

Case studies on energy efficiency

- Case Studies on Sustainable Buildings
 - http://me.hku.hk/sbe/case_study/index/top.htm
 - Hong Kong Techinical College (Tsing Yi) [now IVE Tsing Yi]
 - www.mech.hku.hk/sbe/case_study/case/hk/hktc/
 - Information & Communication Centre, Matsushita Electric Industrial Co., Japan (i.e. Panasonic)
 - www.mech.hku.hk/sbe/case study/case/jap/Matsushita/









- Energy that occurs <u>naturally</u> and <u>repeatedly</u> on earth and can be harnessed for human benefit, e.g. solar, wind and biomass
- Common applications
 - Solar hot water
 - Solar photovoltaic
 - Wind energy
 - Geothermal
 - Small hydros



Renewable energy



- Renewables for buildings
 - Solar energy
 - Passive (low energy architecture)
 - Active (solar thermal)
 - Photovoltaics
 - Other renewables
 - Wind (using buildings to harvest wind energy)
 - Geothermal (e.g. hot springs)
 - Small hydros (e.g. water wheels)
 - Hybrid systems (e.g. PV + wind + diesel)

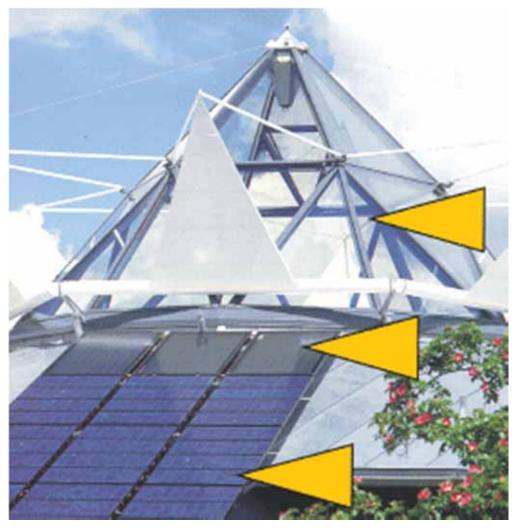














Passive solar (e.g. skylight)

Active solar (solar hot water)

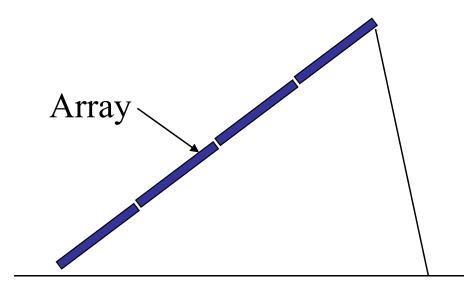
Photovoltaics

Integration of solar energy systems in buildings



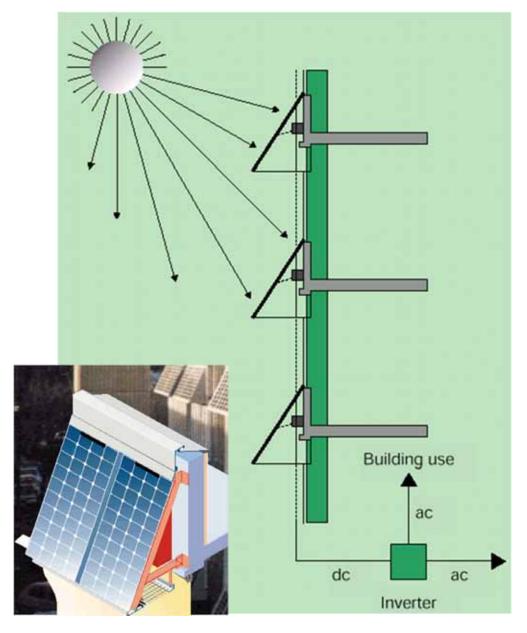
Evacuated-tube solar hot water system in a hotel in Lhsa, Tibet (photo taken by Dr Sam C M Hui)

* Locate array in an unshaded area facing the equator



Tilt angle = latitude (°) + 15°

(a) Roof (horizontal)

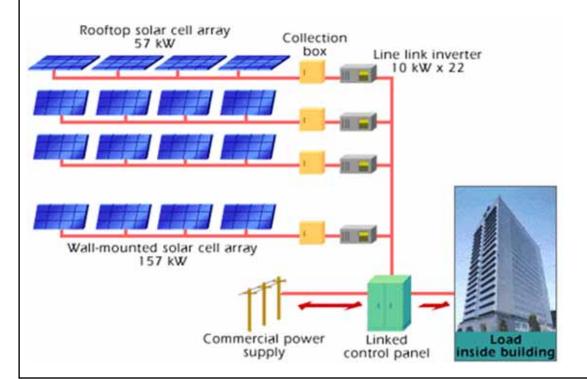


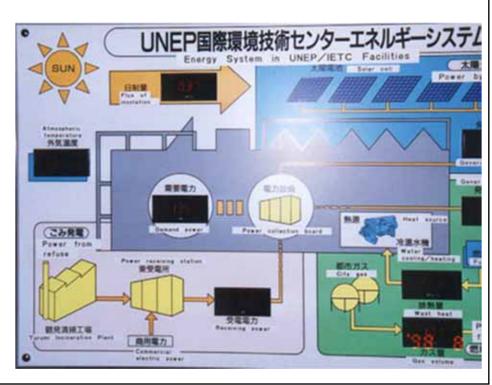
(b) Facades (vertical)

PV installations in buildings

Case studies on renewable energy

- Case Studies on Sustainable Buildings
 - http://me.hku.hk/sbe/case study/index/top.htm
 - Kyocera New Headquarters Building, Fushimi-ku, Japan
 - www.mech.hku.hk/sbe/case_study/case/jap/kyocera/kyocera-index.html
 - UNEP International Environmental Techonology Centre, Japan
 - www.mech.hku.hk/sbe/case study/case/jap/unep/unep-index.html





Building integrated wind turbines (World Trade Center in Bahrain)*







* Green Building - Wind Powered, NatGeo World Trade Center Bahrain 1 (14:00) https://www.youtube.com/watch?v=TgBsf3d0u7E

Pearl River Tower, Guangzhou, China

http://en.wikipedia.org/wiki/Pearl_River_Tower http://www.som.com/projects/pearl_river_tower_sustainable_design



Building materials



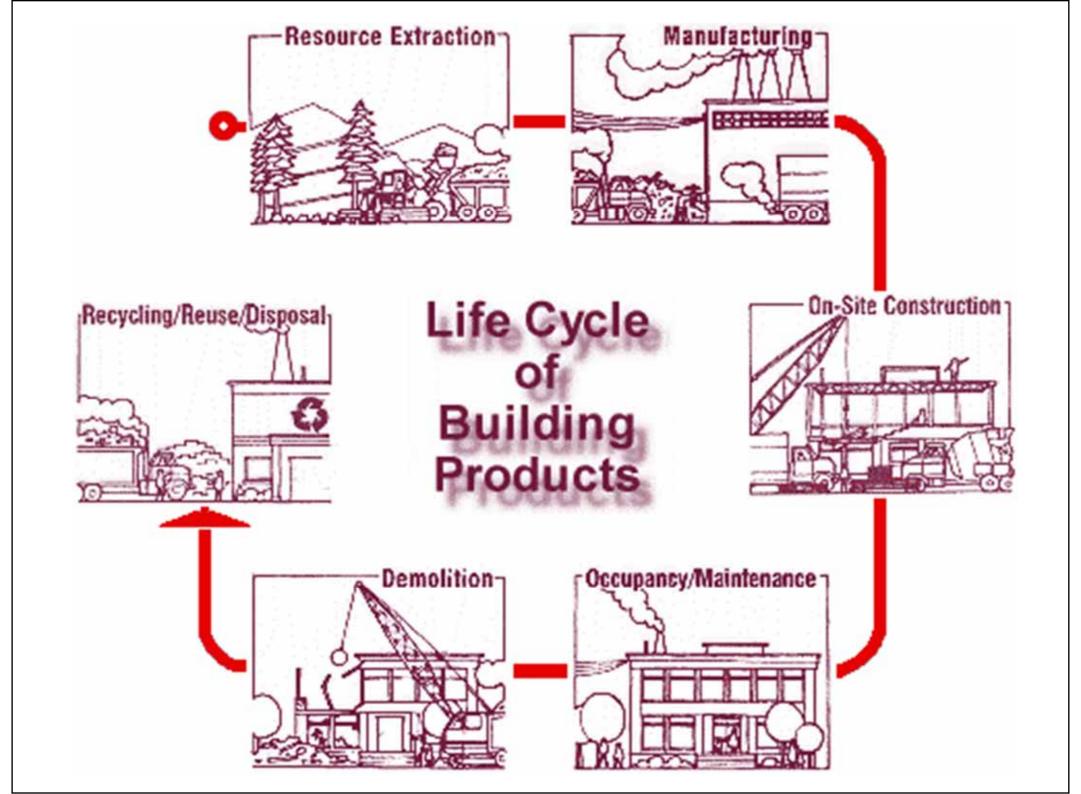
- Environmental impact of building materials
 - Through consumption of resources
 - Through <u>production</u> of resources (by-products, wastes, pollution, recyclables)
- Objectives
 - Make informed environmental choices about building materials and systems
 - Careful design & understanding about materials





- What makes a product green?
 - Measured by their environmental impact
 - Life cycle of a sustainable material
 - Using local, durable materials
- Embodied energy*
 - · 'Lifetime' energy requirement of a material
 - Energy input required to quarry, transport and manufacture the material, plus the energy used in the construction process

[* http://en.wikipedia.org/wiki/Embodied energy]



Green Features

Manufacturing Process (MP) Building Operations (BO) Waste Mgmt. (WM)

Waste Reduction (WR)

Pollution Prevention (**P2**)

Recycled (RC)

Embodied Energy Reduction (**EER**)

Natural Materials (NM) Energy Efficiency (**EE**)

Water Treatment & Conservation (WTC)

Nontoxic (NT)

Renewable Energy Source (RES)

> Longer Life (LL)

Biodegradable (B)

Recyclable (R)

Reusable (RU)

Others (O)

Building materials

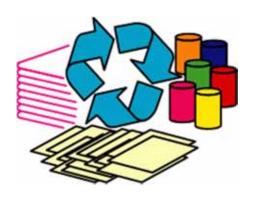


- Material conservation
 - Adapt existing buildings to new uses
 - Material conserving design & construction
 - Size buildings & systems properly
 - Incorporate reclaimed or recycled materials
 - Use environment-friendly materials & products
 - Design for deconstruction ("close the loop")
- Life cycle assessment (LCA) is often used to evaluate the environmental impact of building materials and products

Building materials



- Waste management strategies
 - Waste prevention & reduction
 - Construction and demolition recycling
 - Architectural reuse
 - Design for material recovery
- Important factors
 - On-site collection & storage space
 - In HK, the space is very limited
 - Sorting & separation (paper, glass, plastic, metal)



Case studies on building materials

- Case Studies on Sustainable Buildings
 - http://me.hku.hk/sbe/case study/index/top.htm
 - Duisburg Nord Landscape Park, Germany
 - www.mech.hku.hk/sbe/case_study/case/ger/Duisburg/Duisburg.htm
 - Tsing Yi Green Site Office, Hong Kong
 - www.mech.hku.hk/sbe/case study/case/hk/gn/top.htm



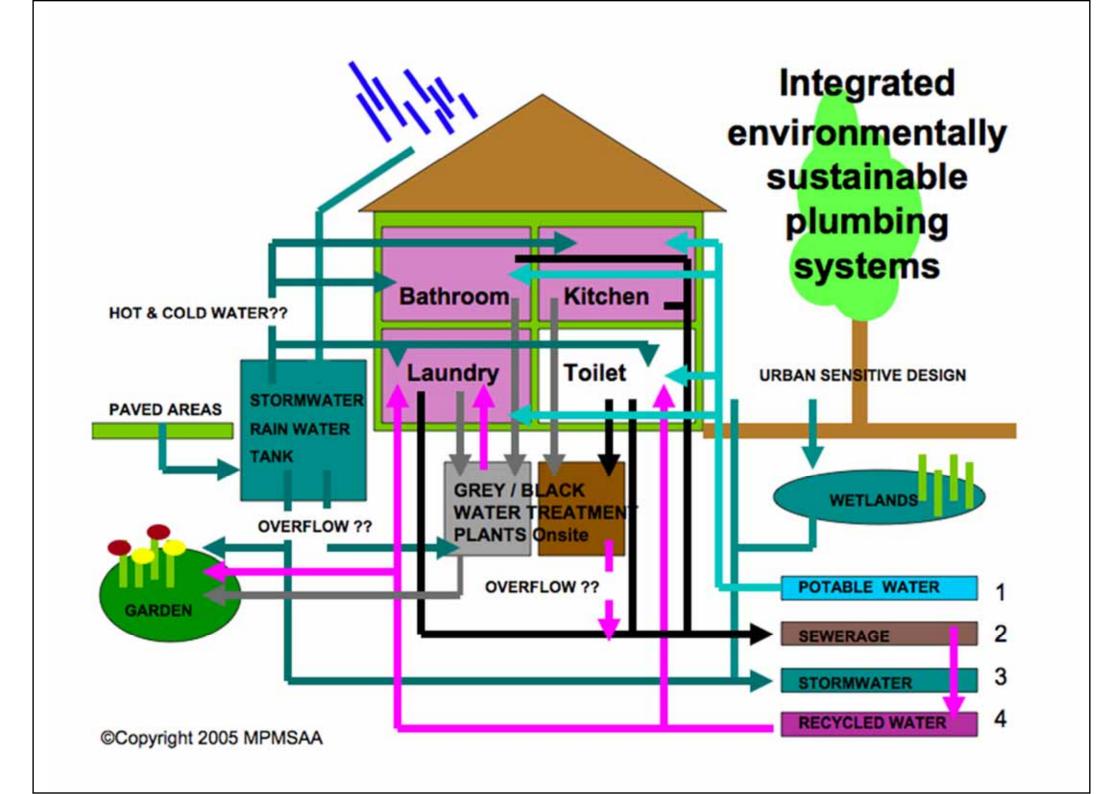


Water issues



- Stormwater or watershed protection
 - Control rainwater runoff, flooding and erosion
 - Preservation of soils and drainage ways
 - Porous paving materials
 - Drainage of concentrated runoff
 - Avoid pollution and soil disturbance
- Water efficiency and conservation
 - Saving of water and money: water-use charge, sewage treatment costs, energy use, chemical use



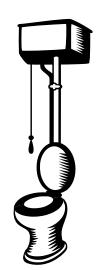


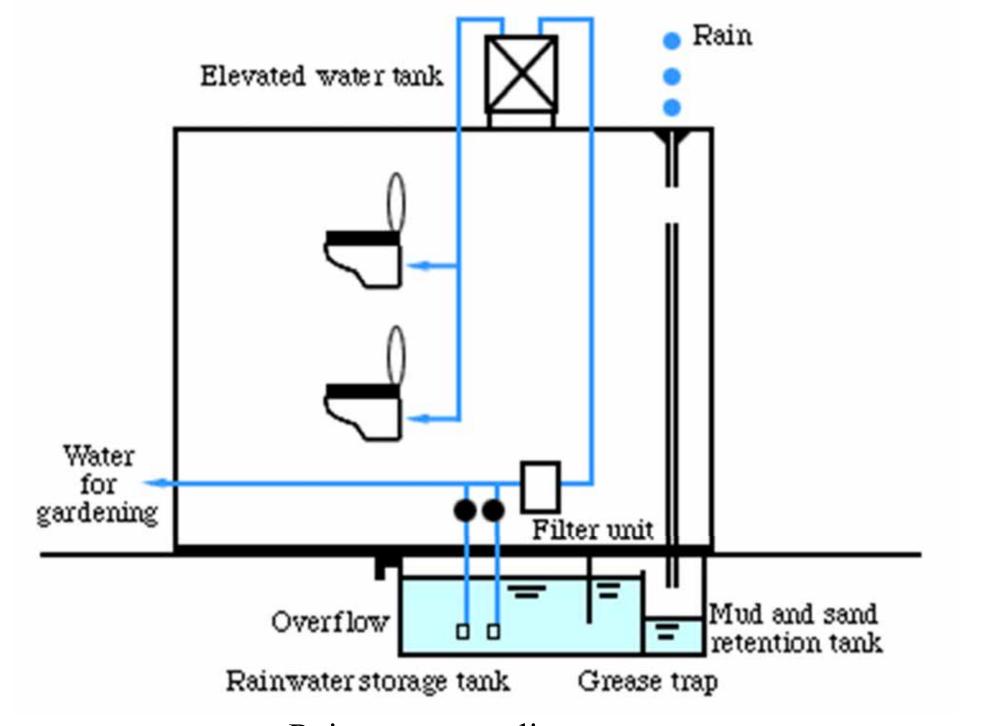
Water issues



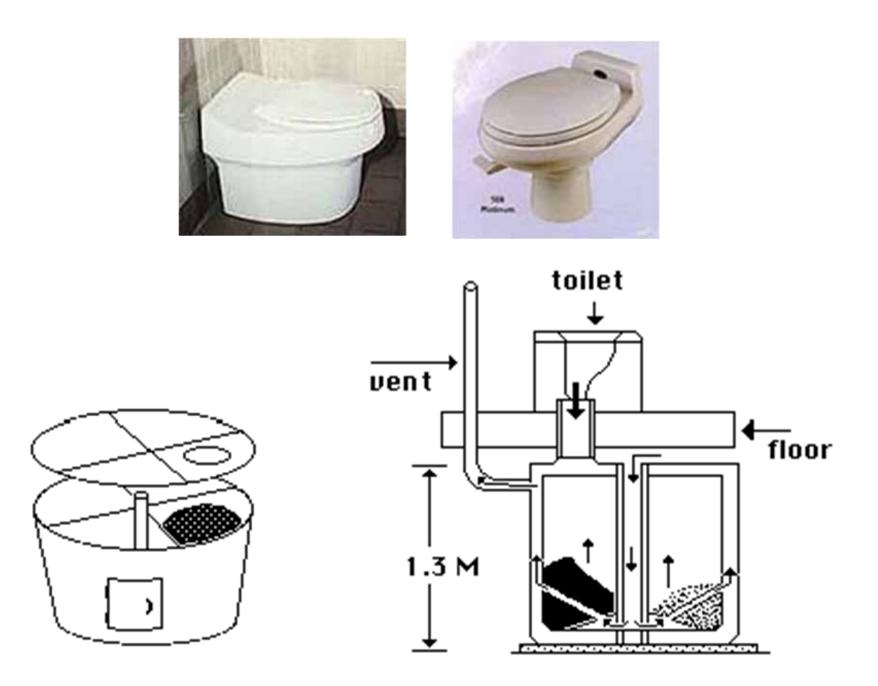
- Design strategy for water efficiency
 - Reduce water consumption
 - Low-flush toilets & showerheads
 - Leak detection & prevention
 - Correct use of appliances (e.g. washing machine)
 - Reuse and recycle water onsite
 - Rainwater collection & recycling
 - Greywater recycling (e.g. for irrigation)
 - No-/Low-water composting toilet



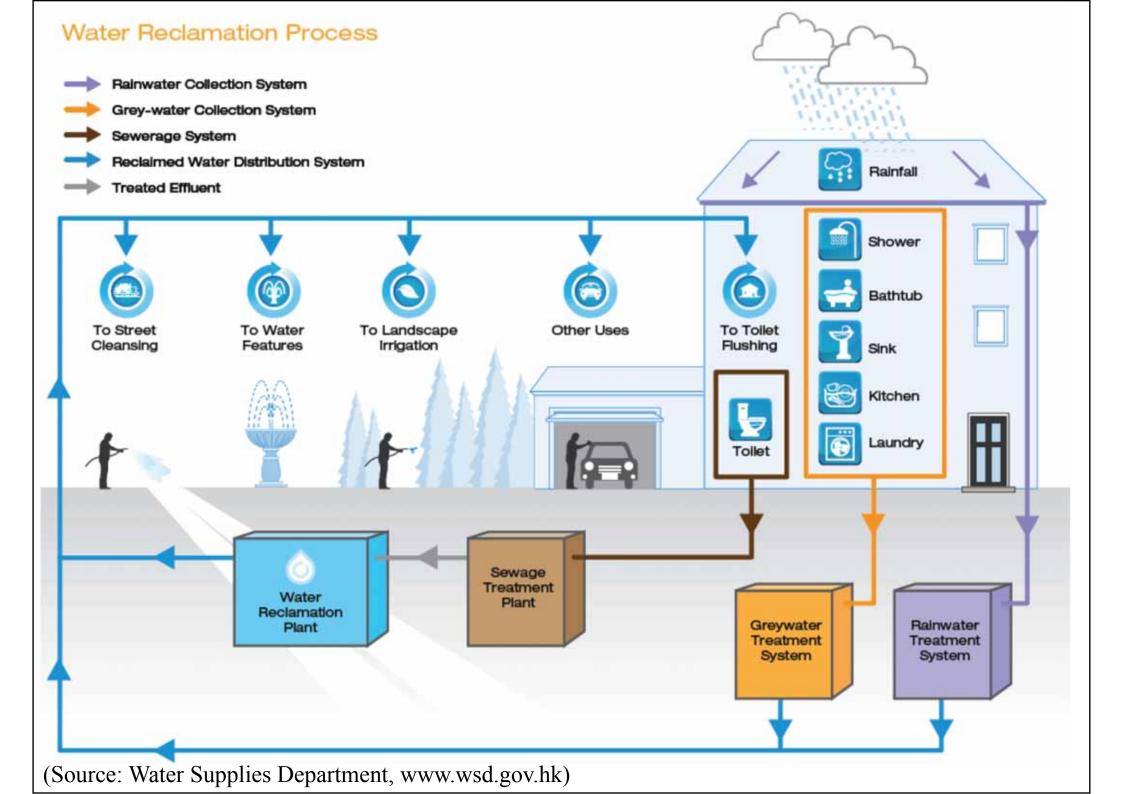




Rainwater recycling system



Composting toilets



Case studies on water issues

- Case Studies on Sustainable Buildings
 - http://me.hku.hk/sbe/case_study/index/top.htm
 - Next 21 (Osaka Gas Expeienmental Housing), Japan
 - www.mech.hku.hk/sbe/case_study/case/jap/next21/next21-index.html
 - Research Institute of innovative Technology for the Earth (RITE) Head Office, Kyoto, Japan
 - www.mech.hku.hk/sbe/case study/case/jap/RITE Building/



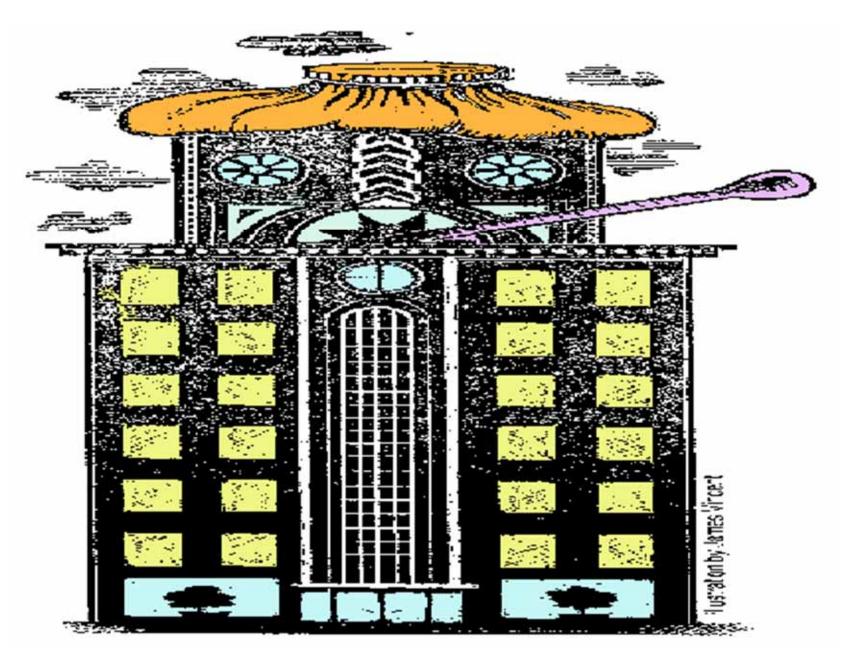




- Indoor environmental quality (IEQ)
 - Indoor air quality
 - Ensure health & well-being
 - Visual quality
 - Provide daylight & comfortable conditions
 - Acoustic quality
 - Noise control
 - Controllability
 - Allow occupant control over thermal & visual

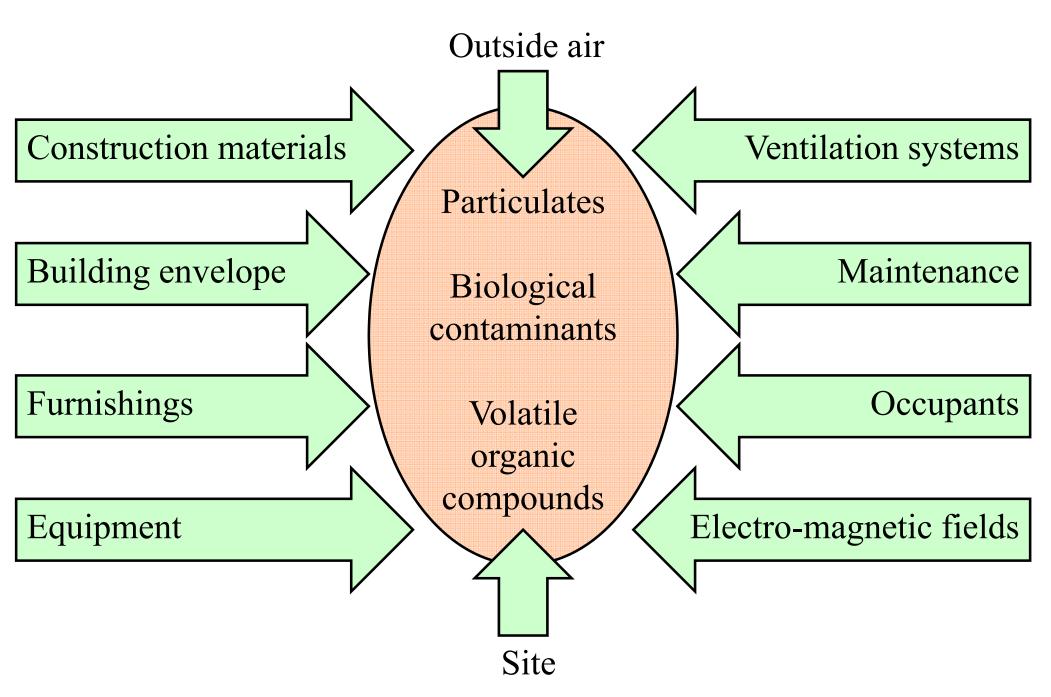


- Indoor air quality (IAQ)
 - People spend most of their time indoors
 - Pollutants may build up in an enclosed space
 - Effects on health and productivity
- Control methods
 - Assess materials to avoid health hazards
 - Such as volatile organic compounds (VOC)
 - Ensure good ventilation & building management



Avoid "sick building syndromes" by maintaining good indoor air quality

Major factors contributing to indoor air quality (IAQ)



(Source: PTI, 1996. Sustainable Building Technical Manual)

Four principles of indoor air quality design

1. Source Control

2. Ventilation Control

3. Occupant Activity Control

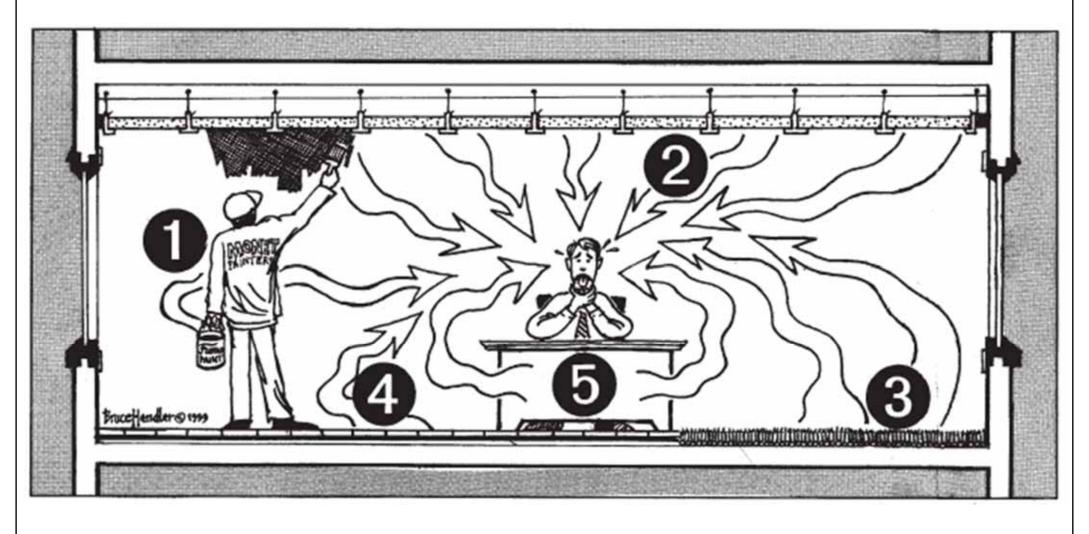
4. Building Maintenance

Total
Indoor
Air
Quality



- Source control
 - Site
 - Construction materials
 - Equipment
 - Building contents
 - Human activity
 - Light & noise
 - Furnishings
 - HVAC Systems





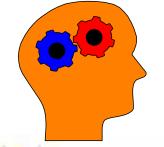
Sources of offgassing in building materials:

- 1) paints, 2) ceiling tiles, 3) carpeting, 4) VCT floor tiles
- 5) manufactured wood products



- Ventilation control
 - Air intake location
 - Air exhaust location
 - Air filtration
 - Fibrous insulation
 - Ventilation rates
 - Temperature, humidity
 - Control systems, exhaust systems
 - Building commissioning





Integrated building design

- WBDG The Whole Building Design Guide
 - www.wbdg.org
- Two components of whole building design:
 - Integrated design approach
 - Integrated team process
- A holistic design philosophy
 - Holism + Interconnectedness + Synergy
 - "The whole is greater than the sum of its parts"

Emphasize the integrated process

Ensure requirements and goals are met (via Building Commissioning, etc.)

Evaluate solutions

Develop tailored solutions that yield multiple benefits while meeting requirements & goals Elements of Integrated Design Think of the building as a whole

Focus on life cycle design

Work together as a team from the beginning

Vulnerability Assessments & Risk Analysis) to help identify requirements & set goals

(Source: www.wbdg.org)





- Typical integrated design process
 - Preparation
 - Design development
 - Contract documents
 - Construction phase
 - Commissioning
 - Post-occupancy evaluation
- Usually more efforts in preparation and predesign phases







Integrated building design

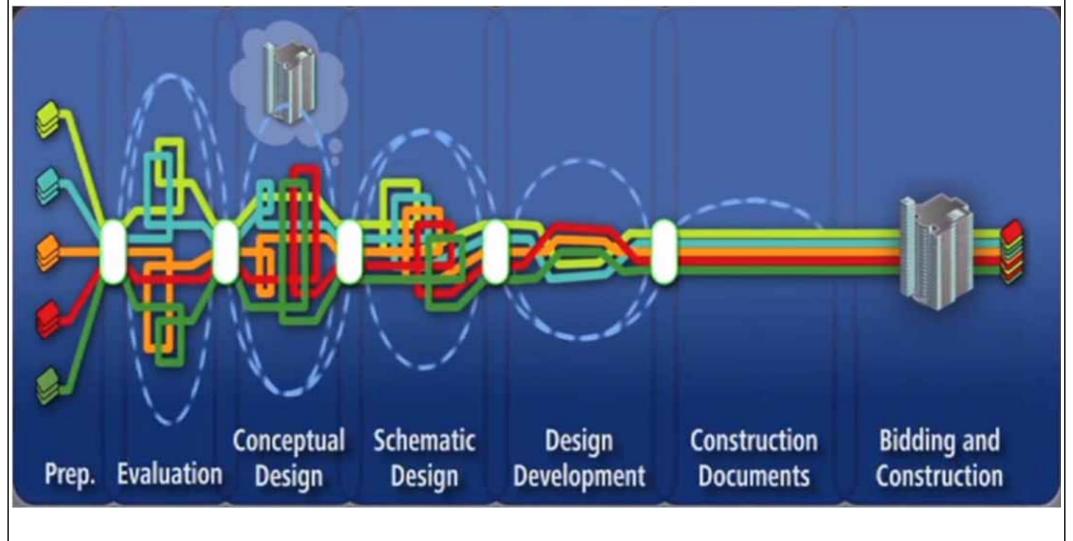
- Integrated, multidisciplinary project team
 - Owner's representative
 - Architect
 - Building Services Engineer
 - Civil/Structural Engineer
 - Construction Manager
 - Landscape Architect
 - Specialized Consultants



Case study on integrated building design

- Phipps Conservatory and Botanical Gardens, Pittsburgh, PA
 - Integrative Design Phipps: A Case Study (6:54)
 http://www.youtube.com/watch?v=0qk4hbNEWdQ









- Whole Building Design Guide (WBDG)
 - Sustainable, <u>www.wbdg.org/design/sustainable.php</u>
- Sustainable Building Technical Manual <u>www.smartcommunities.ncat.org/pdf/sbt.pdf</u>
 - Chapter 5: Sustainable Site Design
 - Chapter 6: Water Issues
 - Chapter 13: Indoor Air Quality
- Integrated Design Process Guide
 - www.cmhcschl.gc.ca/en/inpr/bude/himu/coedar/upload/Integrated_De sign GuideENG.pdf